



Banding Together for Children and Youth Mental Health:

An Evening of Hope, Health and Strength for Caregivers

MAY 4, 2021

6:00 to 8:00 pm

Join us for a panel presentation where participants will have an opportunity to learn practical tips and strategies for supporting the mental health of our children and youth. A brief discussion of caregiver wellness will also occur. Participants will be introduced to many mental health and wellness agencies who support children, youth and families in our community. There will also be a question and answer period.

Panel presentations include: KIDTHINK, Canadian Mental Health Association-Manitoba and Winnipeg, Rainbow Resource Centre, Manitoba Advocate for Children and Youth, NorWest Youth Hub, Ma Mawi Wi Chi Itata Centre, School Representation (Division Scolaire Franco – Manitobaine) and the Immigrant Centre



[Join the zoom event](#)

More information can be found at <https://www.kidthink.ca/may7th>

Join us for #bandtogetherforchildrensmentalhealth on May 7th National Child and Youth Mental Health Day, more information can be found at <https://www.kidthink.ca/events>

This event was brought to you in collaboration with



Please note that American Sign Language (ASL) interpretation of this virtual event will be provided.