



The Communiqué

May 17 - 21, 2021

Message from the Admin Team

This week Manitoba experienced its highest ever COVID case counts, and Winnipeg hospitals are seeing record-level admissions for COVID. Our thoughts go out to the front-line health care workers. Thank you ♥. We appreciate and respect how much you have given and the sacrifices you and your family have made.

At RHS, we have about 18% of our student population (the children of critical service workers) attending school where they are doing their remote learning on site.

Patrols

Patrol duties have been cancelled during the school closure period. Our adult crossing guards are out at the beginning and end of each day.

New WSD Playground Restrictions

For the safety of our students (both in school and home remote learners) and due to increased unauthorized use by community members during school hours, WSD is closing school playgrounds except for school daytime use and school-affiliated daycare use until 5:30 p.m. WSD Building Department is in the process of printing and installing signage starting on Friday afternoon and finishing on Monday/Tuesday.

The purpose of moving to Critical Red Level is to disrupt the opportunity for the COVID virus and variants from transmitting among students and staff. Public Health orders restrict all get-togethers with anybody outside of the immediate household and expect everyone to remain at home at this time unless for an essential purpose.

School Belongings/Materials

Please call the office (204.488.1137) from outside the front doors if you are coming to the school to pick up belongings or materials. Someone will bring them out to you.

Monday, May 17, 2021 Day 3

- Glenlea Plant Sale Pick-Up (RHS parking lot)

Tuesday, May 18, 2021 Day 4

- PAG Meeting/AGM @ 7:00

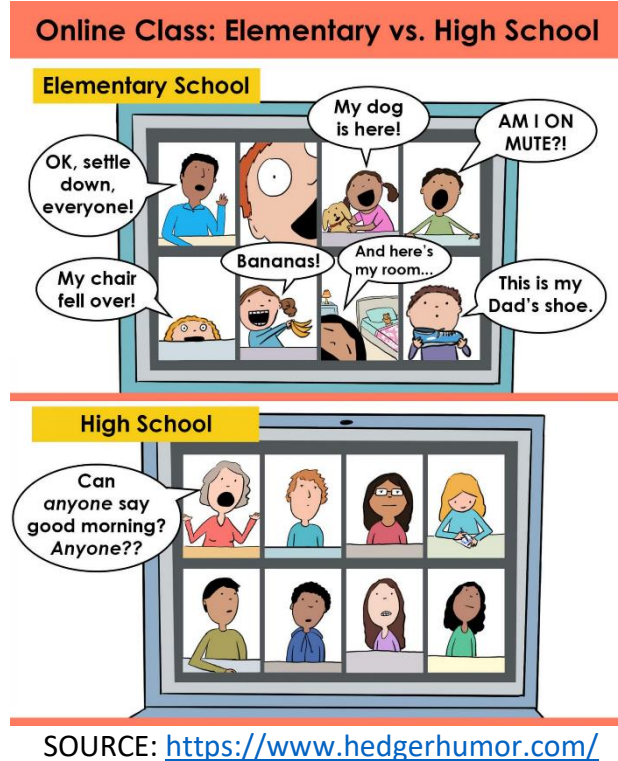
Wednesday, May 19, 2021 Day 5

Thursday, May 20, 2021 Day 6

Friday, May 21, 2021 Day 1

Remote Learning

Teachers at RHS have been directed to begin synchronous remote learning by Monday, May 17, although most have already begun. If students or parents experience issues with connectivity or passwords, do not hesitate to reach out to the teachers for help by phone, email, or messages in SeeSaw or Google Classroom.



A Focus on Mental Well Being

Health Month

Week three of our month-long focus on healthy lifestyle practices focuses on mental health. Students are encouraged to set a mental health goal in their health month passport.

These goals might include:

- Ideas about meditation on meditation from [HeadSpace on Youtube](#)
- This "[butterfly body scan](#)" meditation for kids
- Some activities from the workbooks provided for National Child and Youth Mental Health Day, such as Nature Bingo (from Thrival Kits), Self-care Suitcase (from Project 11), or I Can Do It Step Plan (from KidThink).
 - [Workbook 2021 Eng Final.pdf](#)

○ [Workbook 2021 Fre Final.pdf](#)

- Experience a [children's picture book](#) entitled *Be Kind* by Pat Zietlow Miller
- A Gratitude Journal. Each day of the week, take some time to appreciate the people, events, and things in life for which you are grateful. Illustrate these notes, too. Here are some daily prompts:
 - *De quoi êtes-vous reconnaissant aujourd'hui?*
What is something you are grateful for today?
 - *De qui es-tu reconnaissant(e) aujourd'hui?*
Who is someone that you are grateful for today?
 - *Qu'est ce que tu peux faire si tu es triste ou fâché?*
What can you do when you feel sad or mad?
 - *Quelles sont 3 choses que tu aimes à propos de toi-même?*
What are three things you love about yourself?
 - *Quel a été un bon moment qui s'est passé cette semaine?*
What great moment can you think of from this past week?



Traverse Wall Fundraiser

With the efforts of students and parents, the school has raised over \$1000 towards the purchase and installation of a climbing wall in the gym. Thank you to all who have already donated!

Despite the school closure, we continue to encourage students to set goals to improve their awareness of healthy lifestyle practices. Each week students will set a goal focused on physical fitness, mindfulness, nutrition, or restful sleep, and they will record the goal in their health month passport.

It is still possible to donate to enhance the available of this equipment for active, healthy bodies.

- 1) **Envelope:** If you have collected cash, coin, or cheques, put them in the envelope sent home. To make it easier, please keep the cash and write a cheque made payable to *École Robert H. Smith School* for the total amount. Return the money in the completed envelope to your child's classroom teacher by May 14th.
- 2) **Get-a-Tax-Receipt Method.** Write a cheque made payable to The Children's Heritage Fund with "École Robert H. Smith School" in the memo line. All money will come back to the school and you will be issued a charitable donation receipt for donations \$10.00 and over.
- 3) **Donate Electronically (with service fee).** If you wish to donate electronically, access Permission Click (<https://permission.click/OvV66/ca#/information>). Using this service incurs a service charge.

Parent Advisory Group (PAG) Updates

Environment

Plants Needed: if you have outdoor plants you no longer want or perennials to split, we will happily take them for the school gardens. In particular, we would love perennial plants for the veggie garden, such as raspberry canes, rhubarb, and hardy herbs. We would also welcome pollinator friendly/native plants and shade perennials. Please send a note to environment@roberthsmithpag.ca if you have plants to spare!

Glenlea Plant Sale: ***Don't Forget - Plant Pickup is Monday, May 17th from 3:30-5:30pm. This year because of Covid restrictions, the Plant Pickup will be outside in the Staff Parking Lot. Masks must be worn and hand sanitizer will be available. If orders are ready early, families will be called at the number given on the order.

Annual General Meeting

All parents are welcome and encouraged to attend our Parents Advisory Group - Annual General Meeting (AGM) on Tuesday, May 18th at 7pm. At this meeting we will be Voting in all Open Positions for the PAG for the upcoming school year. We will also receive an update from the School Principal, the Year to Date Financials of the PAG, plans for improvements of the school grounds, fundraising update and updates from the Winnipeg School Division. [We plan to end the meeting with an update and discussion on the proposed Bill 64.](#) This will be a virtual meeting, please email Ainsley at: secretary@roberthsmithpag.ca to receive the link.

If you are interested in joining the PAG or finding out further information please email Melanie at: chair@roberthsmithpag.ca. Don't forget to checkout our **PAG website**: www.roberthsmithpag.weebly.com and our **PAG Facebook Page**: <https://www.facebook.com/RobertHSmithPAG> (please like and follow us).

FOCUS ON THE FUNDAMENTALS



manitoba.ca/covid19

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