



École Sir William Osler November 2022 Newsletter

Principal: Dominique Ostermann



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1600 Grant Avenue

ADMINISTRATOR'S MESSAGE

The days are getting shorter, the leaves have fallen and the cooler weather is upon us, but things are just heating up for the school year. We are very excited about the return of many events this year! Read on to find out more. Please remember to label all your child's clothing. We are still having a number of items turned into our lost and found that are not labeled.

We are working hard towards our Global Sustainable Development Goal. There are 17 United Nations goals. You can click on the link for more information [United Nations Sustainable Goals](https://sdgs.un.org/goals) (<https://sdgs.un.org/goals>). This year our school has chosen #12 Responsible Consumption and Production. We had an assembly at the end of October to kick off the goal this year with an emphasis on what we can do at school and at home. This includes recycling all that is possible, reducing paper usage, being water protectors (not wasting water) and composting. Room 1, grade 5/6, did a presentation for the school with the goal in mind of convincing me that we need to be composting at the school. I am excited to say that they were successful and we will be starting a composting program at the school!

Another event that helps with Responsible Consumption and Production is the **Winter Bazaar**, which will be making a return this year! The Winter Bazaar is an opportunity for students to purchase gifts (for a very low price) for their immediate family. How does this support Responsible Consumption and Production? We will be collecting donations of new or gently used items from families that might be sitting unused collecting dust or otherwise end up in the landfill and helps reduce production because these

items are already created and new items do not need to be produced. We will be collecting items from November 16 - December 9. There will be a box located outside the office. The Winter Bazaar will take place on Friday, December 16. More information will be coming in December.

The initial phase of assessments continues this month and teachers are gathering data on their students' strengths and challenges and are programming accordingly. The provincial report card goes home on Monday, November 14 for nursery - grade 6 and it will provide information on your child's learning as they progress towards provincial outcomes. If at any time during the year, you have concerns regarding your child's progress, please contact the classroom teacher. Your child's development will be further discussed during **Grades 1-6 Tri-Conferences** (child/parent/teacher) Thursday, November 17 in the evening and Friday, November 18 in the morning. **Nursery/Kindergarten students will have parent/teacher conferences** Wednesday, November 16 in the evening, Thursday, November 17 in the evening and Friday November 18 in the morning. Please remember to schedule your appointment time online. Information will be coming out shortly.

Continued on next page...



Administrator's Message Continued

The **Scholastic Book Fair** is returning in person! The Scholastic Book Fair will be running Wednesday, November 16 from 3:00 - 7:30 p.m., Thursday, November 17 from 3:00 - 7:30 p.m. and Friday, November 18 from 8:30 - 11:00 a.m. Students will have a chance to visit the fair with their class during the day. Teachers will also have wishlists posted. Make sure to come visit the library! Books make wonderful gifts! Purchases also help raise funds for new books for the library. It's a win-win situation for everyone!

We will also be returning to having a **Remembrance Day assembly** where the community is welcome to attend. On Thursday, November 10, classes will be gathering together at 10:30 a.m. to honour all those who have served and are still serving in military duties. If you are a military family and plan on attending, please let me know. We would like to acknowledge you during the assembly.

The Parent Advisory Council is working on a new winter fundraiser. We will not be doing Glenlea or Shelmerdines. Stay tuned for more information!

Our staff and students would like to thank all the families who work hard to make this a wonderful community for students and staff. Your support and encouragement is greatly appreciated! Thank you also to our Parent Advisory Council who spend a great deal of time supporting and working with our school in so many ways. Your time and dedication does not go unnoticed.

Mme Ostermann
Principal

Respect in Schools



Important reminder here! All volunteers for school and classroom events (including field trips) must complete the

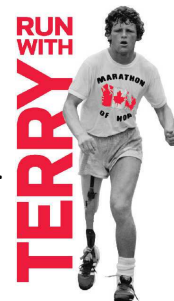
Respect in Schools certificate (approximately 1.5 hours to complete online). Please contact Mme Sara Tham for more information: stham@wsd1.org.

Terry Fox Run

Wednesday, September 28, 2022

A huge thank you to all of our families that raised money for the Terry Fox Foundation.

A total of \$3,173.95 was raised to go towards cancer research.



Bake Sale for Orange Shirt Day



On Wednesday, September 28 & Thursday, September 29, 2022 room 5 held a bake sale to raise funds for Residential School survivors.

A total of \$490.00 was raised and donated to Circles for Reconciliation.

Farm to School PAC Fundraiser

Thanks to our amazing community we were able to raise **\$1,930.00 that will go towards our playground enhancements.**



Picture Retakes



Lifetouch will be here **Wednesday, November 2, 2022** for the **morning only** to take retakes. If your child attends afternoon nursery or kindergarten, please feel free to bring your child to school for 9:00 a.m. that morning, if you would like a retake of your child's photo, or if your child was absent on our photo day.

Parent Advisory Council

Our École Sir William Osler Parent Advisory Council is always looking for new members! Please consider joining us to help support school programs and initiatives.

**Next Meeting: Tuesday, November 15, 2022
6:00 p.m.**



Scholastic Book Fair



We will once again be holding a Scholastic Book Fair however this year it will be held in person during our Tri-Conferences.

Wednesday, November 16: 3:00 - 7:30 p.m.

Thursday, November 17, 2022: 3:00 - 7:30 p.m.

Friday, November 18, 2022: 8:30 - 11:30 a.m.

This is a great opportunity to support our school and purchase a few books for the holiday season!

19 Things to Say to Encourage your Children

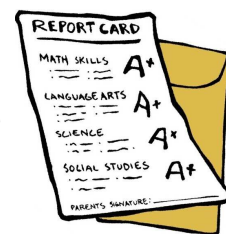
1. Great job! Thank you for doing that.
2. Way to go. I'm proud of you!
3. That was so kind of you!
4. Fantastic - thanks for listening the first time.
5. Wow - you really rocked it!
6. You know what? You are a great kid!
7. I appreciate what you did.
8. Look at what you've accomplished!
9. What a great decision you made!
10. Thanks for doing that before I could even ask.
11. I'd love to hear about it.
12. You figured it out - that's awesome!
13. One step at a time - you're doing it!
14. Fabulous job - you were really listening.
15. I know that was a new thing for you - excellent try!
16. I love your creativity!
17. Thank you for sharing.
18. Keep going - you can do it!
19. I love you.



What to do with that Report Card

Here are 5 things to do when your child's report card comes home:

1. Take it seriously. A report card cannot tell you everything about how your child is doing. But your child's teacher spends a lot of time making sure that the report card shows you a snapshot of your child's current progress. Take time to read it carefully. Talk about it with your child.
2. Find something to praise. Even if your child did not do as well as you had hoped, look for something positive. Be sure to read the comments about your child's behaviour and work habits. If your child's grades were not what you had expected, talk about what you and your child can do to improve their grades.
3. Let your child know what you expect. Say things like, "It's okay if you're not the best in the class. I just expect you to do your best." Remind children that effort is as important as ability.
4. Look at your child's work. You only see a report card a few times a year. But you can look at the work your child is doing every day. There is a link between how hard students work and how much they learn. Point that out to your child.
5. Help your child develop good work habits. A child who sets aside time everyday to read will learn to read better. A child who practices math everyday will master math facts.



Cold Weather Clothing

The days are getting much colder. Please send your children to school so they arrive just before the bell rings at 8:20 a.m. School staff are outside to supervise children at 8:10 a.m. each morning.

Students are expected to be outside for both recesses, at lunch time, as well as before school.



Please remember to put a t-shirt under the warm layers of sweatshirts and sweaters so students don't get too hot during phys. ed. class.

Please help by making sure that they dress for the weather as well as for the school.

School Closures & Transportation Cancellations Due to Severe Weather

The decision to close a school is made by the Chief Superintendent.

The decision to close all schools is made by the Chief Superintendent (or designate) in consultation with other Superintendents in Winnipeg and with the Chair of the Board of Trustees.



Transportation will be cancelled if the weather drops to -35°C (without the wind chill) or -45°C (with the wind chill) by 6:15 a.m. Schools will remain open but transportation will not operate.

School/Transportation closure announcements will be advertised on the Winnipeg School Division website and on the following:

| | | |
|-----------------------------|--------------|-------------|
| CBC Radio | 92 CITI FM | 99.9 BOB FM |
| 1290 CFRW | QX 104 FM | CJOB |
| 102.3 Clear FM | CBC - French | FAB 94.3 |
| Virgin 103 FM | CTV News | Global TV |
| CityTV | Power 97 | Energy 106 |
| Winnipeg Free Press website | | |

Frostbite

Frostbite is a localized injury caused by cold in which the affected tissues are frozen. It most commonly affects the toes, fingers and face (nose, ears, cheeks and chin).

With continued cold, the blood supply to the extremities is steadily reduced, accelerating the freezing process. As circulation becomes impaired, sensation in the affected area is lost. Unless the tissue is rewarmed quickly, the skin and superficial tissues actually begin to freeze solid. If the conditions persist, the freezing enlarges and penetrates further.

Dressing warmly and staying dry are essential to prevent frostbite. Children should wear:

- a hat
- a neck tube or other covering for the face (covering the mouth and nose)
- mittens or gloves
- sleeves that are snug at the wrist
- warm and water resistant proper fitting outerwear and boots.

At the first sign of redness or pain in any skin area, remove the child from the cold or protect any exposed skin, as frostbite may be beginning. Any of the following signs may indicate frostbite:

- a white or greyish-yellow skin area
- skin that feels unusually firm or waxy
- numbness

Frostnip: a mild form of frostbite. Skin is yellowish or white but soft to the touch. There is a painful tingling or burning sensation in the warmth.



Frostbite: a more severe condition where skin and underlying tissues are frozen. Skin is white, waxy, and hard to the touch. There is no sensation.

For early signs of superficial frostbite move the affected person to a warm room as soon as possible. Warm the affected area gradually through direct contact with body heat (i.e. place a warm hand against the affected area). Do not raise the temperature of the affected area much above body temperature. Severe frostbite should be treated by trained medical personnel.

Cold Weather Conditions

Below is a guideline provided by the Winnipeg School Division for keeping students indoors for recess. The Superintendents of the school divisions in Metro Winnipeg have determined that the temperature reading used will be that of **Environment Canada at The Forks location**.

| Wind Chill | Exposure Risk | Health Concerns | What to Do |
|--|--|---|---|
| 0 to -9 | Low Risk | <ul style="list-style-type: none"> Slight increase in discomfort. | <ul style="list-style-type: none"> Dress warmly. Stay dry. |
| -10 to -27 | Moderate Risk | <ul style="list-style-type: none"> Uncomfortable Risk of hypothermia and frostbite if outside for long periods without adequate protection. | <ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Wear a hat, mittens or insulated gloves, a scarf and insulated, waterproof footwear. Stay dry. Keep active. |
| -28 to -39 Indoor Recess | High Risk: Exposed skin can freeze in 10 to 30 minutes. | <ul style="list-style-type: none"> High risk of frostnip or frostbite: Check face and extremities for numbness or whiteness. High risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. | <ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Cover exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Stay dry. Keep active. |
| -40 to -47 Indoor Recess | Very High Risk: Exposed skin can freeze in 5 to 10 minutes. | <ul style="list-style-type: none"> Very high risk of frostbite: Check face and extremities for numbness or whiteness. Very high risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. | <ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Cover all exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Stay dry. Keep active. |
| -48 to -54 Indoor Recess | Severe Risk: Exposed skin can freeze in 2 to 5 minutes. | <ul style="list-style-type: none"> Severe risk of frostbite: Check face and extremities frequently for numbness or whiteness. Severe risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. | <ul style="list-style-type: none"> Be careful. Dress very warmly in layers of clothing, with an outer layer that is wind-resistant. Cover all exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Be ready to cut short or cancel outdoor activities. Stay dry. Keep active. |
| -55 and colder Indoor Recess | Extreme Risk: Exposed skin can freeze in less than 2 minutes. | <ul style="list-style-type: none"> DANGER! Outdoor conditions are hazardous. | <ul style="list-style-type: none"> Stay indoors. |

Weather Information: Phone the Environment Canada info line at 204-983-2050 (recording updated hourly) for temperature, and wind chill factor, or severe summer weather reporting

OR

Internet Address: www.weatheroffice.ec.gc.ca

Boukili

Free Illustrated Children's Books!



Boukili is a free application that provides a variety of illustrated books for children. It aims to encourage children to read and helps them attain different levels of reading proficiency.

With Boukili you can practice reading in French with your child while keeping track of his or her reading progress.

Visit boukili.ca/en for more information

Tumble Books Library

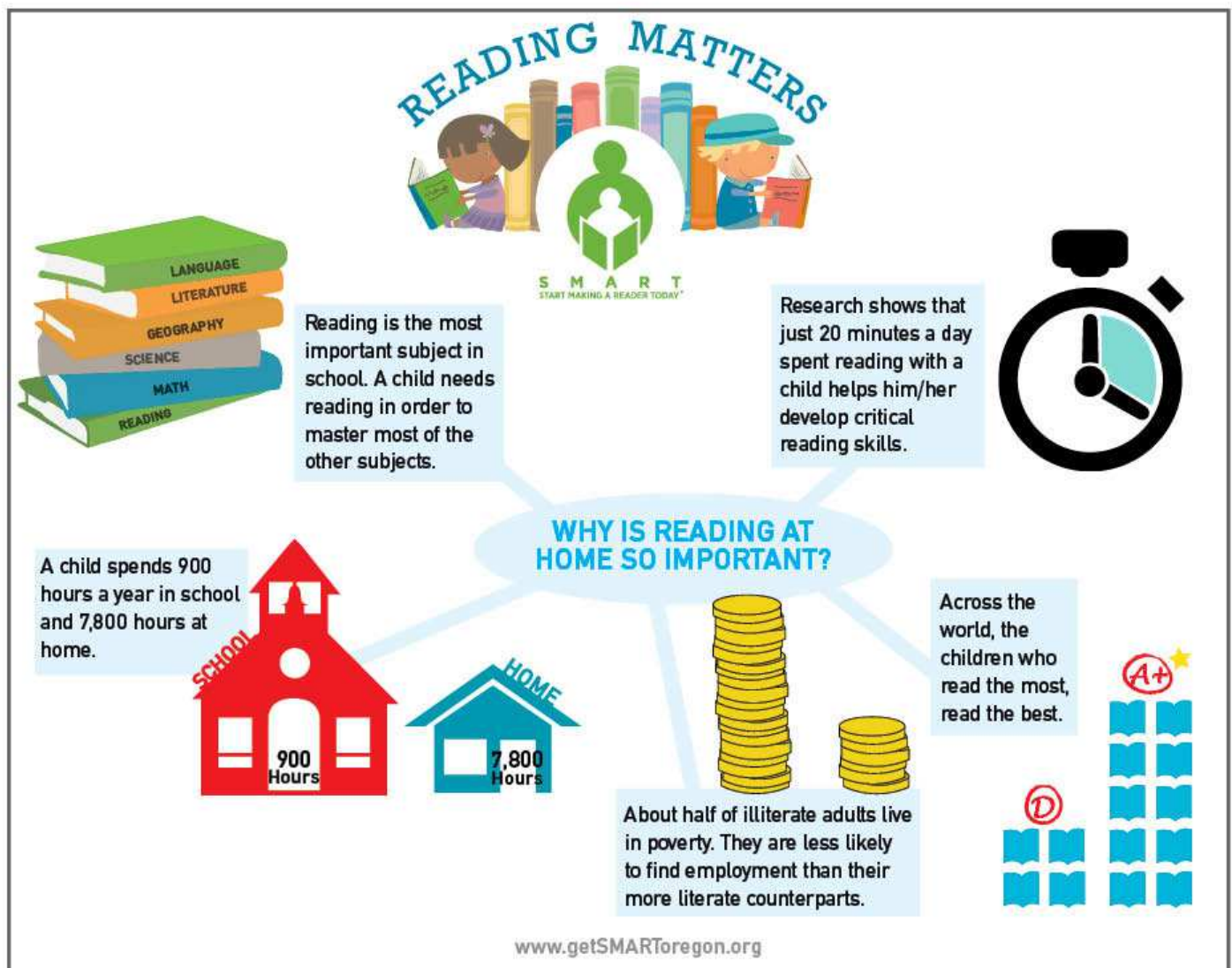
Tumble Books Library is an online collection of English or French read-along books which features adjustable online text and complete audio narration. Sentences are highlighted as they are being read and the pages turn automatically.



The collection features early books, chapter books, teen novels, low interest/high vocabulary books, games, etc. There is a book for everyone!

To access:

1. Go to www.winnipegssd.ca/schools/sirwilliamosler/
2. Click on Student Resources—Useful Links
3. Click on TumbleBooks



Important Dates for the 2022-2023 School Year

All Dates Subject to Change

Dec. 9 - Rooms 4, 5 & 7 to MTYP

Dec. 15 - Winter Concert

Dec. 19-21 - Spirit Week

Dec. 21 - Last Day of Classes

Dec. 22 - Winter Break Begins

Jan. 5 - Classes Resume

Jan. 17 - PAC Meeting 6:00 p.m.

Jan. 20 - No Classes: Admin Day

Jan. 25 - Open House

Feb. 1- 28 - I Love to Read Month

Feb. 3 - No Classes: Admin Day

Feb. 20 - No School: Louis Riel Day

Feb. 21-24 - Festival Week

Feb. 21 - PAC Meeting 6:00 p.m.

Mar. 13 - Report Cards Sent Home

Mar. 15 - N/K Student-Led Conferences 3:30 - 8:00 p.m.

Mar. 16 - Student-Led Conference 3:30 - 8:30 p.m.

Mar. 17 - No Classes: Conferences

Student-Led Conferences 8:30 - 11:30 a.m.

Mar. 20-24 - Spirit Week

Mar. 24 - Last Day of Classes

Mar. 27 - Spring Break Begins

Apr. 3 - Classes Resume

Apr. 6 - Bus Ridership

Apr. 7 - No School: Good Friday

Apr. 12 - International Day of Pink

Apr. 14 - No Classes: Admin Day

Apr. 18 - PAC Meeting 6:00 p.m.

May 1 - No Classes: Admin Day

May 16 - Grade 6 Immunizations

PAC Meeting 6:00 p.m.

May 22 - No School: Victoria Day

May 24 - Room 1 to the Aviation Museum

Jun. 26 - No Classes: Admin Day

Report Cards Sent Home

Jun. 30 - Last Day of School



Daylight Savings Time



Sunday, November 6, 2022

move your clocks back one hour.

Remembrance Day

Friday, November 11, 2022



In Flanders Fields

by John McCrae, May 1915

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.





École Sir William Osler














Visit our website: www.winnipegssd.ca/schools/sirwilliamosler

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Principal

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November 2022

| Mon | Tue | Wed | Thu | Fri |
|---|--|---|---|---|
| | 1 Day 3 | 2 Day 4 Picture Retakes: AM Only  | 3 Day 5 | 4 Day 6 Conference Scheduling Site Opens at 11:00 a.m.  |
| 7 Day 1 | 8 Day 2 | 9 Day 3 | 10 Day 4 Remembrance Day Assembly 10:30 a.m.  | 11 Day 5 No School Remembrance Day  |
| 14 Day 5  Report Cards Sent Home Conference Scheduling Site Closes at 11:00 a.m.  | 15 Day 6 PAC Meeting 6:00 p.m.  | 16 Day 1 Tri-Conferences: Nursery/Kindergarten Only 3:30 - 8:00 p.m.   Scholastic Book Fair | 17 Day 2 Tri-Conferences 3:30 - 8:30 p.m. | 18 Day 3 No School Conferences  Tri- Conferences 8:30 - 11:30 a.m.  |
| 21 Day 4 | 22 Day 5 | 23 Day 6 | 24 Day 1 | 25 Day 2 |
| 28 Day 3 | 29 Day 4 | 30 Day 5 | | |