



Dear Parents/Guardians, Caregivers & Families,

Happy New Year!

It was wonderful to present to you the annual winter celebration performances and presentations live! What awesome shows! Thank you for the many positive comments and acknowledgements. The students and staff worked extremely hard and it was most rewarding to present for such an appreciative audience. A big thank you to all who supported and made the school wide event another successful one.

The school year is well under way and the time up to the March break is another significant block of time for the teachers to continue addressing the curriculum and learning for all students. If you have any questions about your child's learning or progress please contact your child's teacher to set up a meeting.

Together we are better!

Here are strategies that parents/guardians can use to help their children in school:

- ✓ Talk to your children about learning
- ✓ Read with your child each day & set quiet time each evening for children to read
- ✓ Create a time period and space for your child to work on homework.
- ✓ Be sure your child gets plenty of sleep and rest. Getting a good night's rest will sharpen focus and improve working memory.

There are a couple of staffing changes for the new year. Due to a provincial grant that we received from the Province of Manitoba and the Winnipeg School Division, Mrs. Paragas will be in a term numeracy/literacy support teacher role until June 30, 2023. We thank Mrs. Paragas for her excellent and wonderful work in Room 5 from September - December. We welcome back to our school, Mrs. Anna Cruzada who will be in the Grade 1/2 classroom until June 30, 2023. We look forward to having her wonderful skill set back working at Mulvey School with our students.

Wishing everyone all the very best in 2023,  
Mr. P. Correia, Principal



# Features

**Mulvey School PATROL OF THE MONTH**

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**Nutrition News**  
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WINNIPEG SCHOOL DIVISION



# Mulvey Moments



# Acts of Recognition (AoRs)

Acts of Recognition are given to students for achieving personal, academic, or social goals. We use the Seven Teachings to help students name their goals. This may be when a student goes beyond regular expectations or continually demonstrates skills and/or behaviours that contribute to making Mulvey School an even better school to learn.

The following **66** students received Acts of Recognition stickers in the month of December: There are several marvellous Mulvey students who have received MORE than one nomination, but are included in this list only once. If you would like to nominate a student, parent or community member, please email Mr. Correia ([pcorreia@wsd1.org](mailto:pcorreia@wsd1.org)) or Mrs. Ginsburg ([nginsburg@wsd1.org](mailto:nginsburg@wsd1.org)).

**Aaron**  
**Abdiraham**  
**Albert**  
**Aliviah**  
**Amen**  
**Ariest**  
**Arthur**  
**Assad**  
**Aubreyann**  
**Avery**  
**Barnabas**  
**Bersabet**  
**Carri**  
**Cataleya**  
**Daisy-Mae**  
**Darieus**  
**Emga**  
**Eva**

**Forrest**  
**Giddy**  
**Greyson S.**  
**Harrison**  
**Henos**  
**Henry C.**  
**Henry R.**  
**Imran**  
**James**  
**Jaxen**  
**Jayden F.**  
**Jhocelyn**  
**Joe**  
**Jordan B.**  
**Jordan F.**  
**Juelz**  
**Justice**  
**Kaitlyn**

**Kaleb**  
**Kami**  
**Khadar**  
**Kyla**  
**Larissa**  
**Lauren**  
**Lilliana**  
**Lorraine**  
**Martha**  
**Maximus**  
**Megumi**  
**Meron**  
**Mohammad S.**  
**Muqbil**  
**Mya**  
**Neab**  
**Nohr**  
**Omar**

**Ranim**  
**Rebecca**  
**Room 21**  
**Ryan**  
**Selena**  
**Shalom**  
**Solomiia**  
**Sky**  
**Tristan**  
**Ugo**  
**Vanellope**  
**William**



December Acts of Recognition						
<b>Courage</b>	<b>Honesty</b>	<b>Humility</b>	<b>Wisdom</b>	<b>Respect</b>	<b>Truth</b>	<b>Love</b>
6	10	7	8	9	10	17



# NEWS FROM THE CLASSROOM

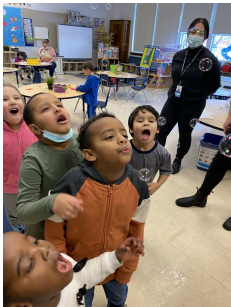
## Nursery AM Kindergarten AM/PM Ms. N. Schneider

Welcome back! I hope you had a wonderful holiday season. The students will explore on their studies about Winter Animals. We will do an inquiry learning about polar bears and penguins. We will watch video presentations about the how these animals survive and adapt in their environment. We will also do arts and crafts related to these winter animals.

As we move into the exciting second term of our Nursery/Kindergarten Journey, we enter into our magical theme, "Winter Wonderland". Over the next few weeks, your child will be involved in a variety of activities, including sorting mittens, creating mitten patterns and ordering mittens from largest to smallest, sequencing winter activities, counting buttons on snowman. For Science, we will identify and discuss the characteristics of the four seasons. For art, we will create frosty winter scenes and recite winter poems and songs.

Our Play Area will start as a puppet theatre, where student will use a collection of puppets to act out their winter stories. The Listening Centre and Reading Centre will continue to provide literature-rich environment filled with fiction and non-fiction books for our Winter theme. Other exciting activities at our Tactile Centre will engage all the students as they investigate, wonder, and discover the magic of the winter season.

Once again thank you for your continued support!



## Kindergarten AM Nursery Kindergarten PM Ms. H. Dumond

What a great end to 2022! The students have been busy learning and participating in a variety of holiday activities. In December, we enjoyed reading different versions of The Gingerbread Man. We were able to see different perspectives by seeing the ways different authors told the same story. This past month, students have learned how to identify, print, and sound out the letters Ll, Ff, and Ss.

We had a lot of fun attending the holiday party on December 9<sup>th</sup>. Thank you to all of the families who helped accommodate our PM students switching to the AM for the day.

In December we were very busy practicing for our winter concert performance. The hard work of our students paid off as they did a fantastic job performing on the stage! Thank you to all of the families who attended the concert, we hope you enjoyed the show.

We hope that everyone has a happy holiday season and enjoys the winter break.



## Grades 1 & 2 Mr. K. Wiens

Hello Families,

In December the students enjoyed a lot of winter activities as we got ready for the holidays. Everyone did such a wonderful job in our winter concert! I hope you had the chance to see us perform.

Another exciting thing that happened was our class was chosen to teach the whole school about pet safety and we were so excited to share all that we have been learning.

As we look to the New Year, I just wanted to take a moment to reflect on all the amazing learning we've done in 2022 and a special thank you to all of you at home who help make all that possible. I know that 2023 will be filled with even more learning, memories and of course fun! See you in the new year!

Happy Holidays,



HAPPY  
New Year





# NEWS FROM THE CLASSROOM

## Grades 1 & 2 Ms.E. Paragas

Happy New Year! Welcome back for another year of exciting and more meaningful educational learning activities. For Language Arts, we will continue to practice decoding words with blends and digraphs. We will be experimenting spelling with favourite or new vocabulary words. In our Writer's Workshop, students were writing their 'Small Moment' stories.

We will continue to work on improving reading comprehension using various reading strategies: predicting, questioning, and visualizing.

We will be learning about our community and our city - Winnipeg. We will also study about our province - Manitoba, and our country - Canada. We will also study the different community workers as they help people in the community to keep safe and comfortable.

We also do daily drill practice like Math Fact Fluency to improve their computational skills on addition and subtraction. Students are also learning the following skills: compatible number bonds, representing numbers from 1 up to 100, making tally marks, writing numbers and number words and continuing to work on number of the day.



## Grades 2 & 3 - Mr. J. Truss

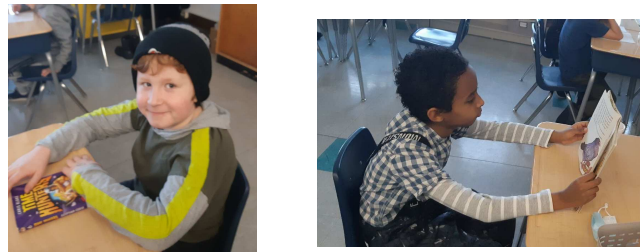
A special thank you to all of you who were able to view the Mulvey School Winter Concert. The class thoroughly enjoyed performing "Let's Make it Shine". The class had a great time collaborating with the grade 3/4 students and learning it. Events such as this provide the perfect opportunity to further continue the home-school connection.

In Language Arts, we will continue to develop individual reading levels with a dedicated focus on increasing comprehension in respect to plot, characters, and problems and resolutions utilizing the Read To Me initiative.

In Social Studies, we will continue learning about Canada's provinces and territories. A special emphasis will be placed on learning about how the natural environment and climate impacts the culture and lifestyle of Canadians both now, and in the past.

In science, we have begun a unit that has us learning about "States of Matter". This is a great time of year for this unit as it allows us to discuss principles such as evaporation, condensation, freezing/thawing in an authentic manner with plenty of opportunities for observations and discussions.

Mathematics will have us continue to utilize the Dreambox math program while further developing mental math skills during classroom instruction. I hope that all of you had a restful winter break and wish you all the best throughout the New Year!



## Grades 1 & 2 - Mrs. S. Gomes

Welcome back! I hope everyone had a wonderful winter break. A big thank you to the students for their hard work and wonderful performance during our Winter Concert in December. The students worked so hard leading up to the concert practicing and learning all the actions and words to our song. I am so proud of them! As we head into a new year of learning, we will continue working on strengthening our reading skills, writing skills and numeracy skills. In Math, we have been looking at subtraction and will be moving onto the Making 10 strategy. We will continue to review many math strategies as we move ahead building on our numeracy skills. We will continue use the Read to Me framework to grow as readers and writers and Dreambox to practice and build our math skills. I am excited for all the learning that the New Year will bring! Happy New Year everyone!



# NEWS FROM THE CLASSROOM

## Grades 3 & 4 - Ms. W. Mackenzie

Welcome back! I hope your new year is filled with love and exciting opportunities. Happy 2023! It was wonderful to see so many of you at the Winter Concert! I know all of the students were so proud to show off their great singing and snazzy dance moves live and on stage once again! The students also did a fantastic job creating their instruments in December as part of our sound study. They were able to make beautiful music with them as well!

This month, we will be starting a study on light in science and we will be working on mapping in social studies. In English language arts, we will continue to work on our reading skills and strategies and in writing, we will work on beginning and ending sentences as well as continue with editing our writing.

Please remember that home reading each evening at home is great practice for your children. Reading for 15-20 minutes daily helps your child to maintain and build upon their current reading skills. Reading together is the perfect way to spend these chilly January evenings!



## Grades 2 & 3 - Ms. K. Rosenberg

Welcome back! I hope everyone had a wonderful holiday season. Thank you again to all the families for coming out to the Winter Concert! What a wonderful and special afternoon and evening that was! Even though the holidays have come and gone, our classroom will continue to be filled with a lot of joy, as students will get the opportunity to share their holiday journals with the class.

Throughout the month of January, Reader's Theatre will be a main focus in English Language Arts, as it is important to practice reading and speaking aloud, using our voice and expression. Within Science, we will be finishing our animal unit and beginning to study three States of Matter: Solids, Liquids and Gases. We will be furthering our knowledge in Social Studies by studying Canada. In Math, we will be learning how to tell time as well as continuing to work on addition and subtraction strategies when solving word problems.

January will be a snowy month, so stay warm by curling up inside with a blanket and reading for 15-20 minutes every night. I look forward to another exciting learning month! Happy New Year!



## Grades 4 & 5 - Mr. B. Papineau

The students had an eventful, hard-working and action-packed month in December, and I hope everyone is well rested and ready to get back to work. The highlight was rehearsing and performing Firework with the grade 5/6 students for the Winter Concert. It took a lot of practice, cooperation, and focus with over 40 students between our two classrooms, but in the end the finished performance was hopefully one they could be proud of!

In January, the students of grade 5/6 will continue their hard work in all curriculum areas, continuing our daily Language Arts activities and developing multiplication, fraction, and decimal concepts in Mathematics, and continuing the math drills from the Spirit of Math program. We will learn about the First People of Canada in Social Studies, and in Science and Health we will begin Family Life; topics will include families, puberty, and reproduction, among others.





# NEWS FROM THE CLASSROOM

## Grades 5 & 6 - Mr. B. Kussin

Welcome back to all the students! I hope everyone had a restful, joyful and happy holiday. It was wonderful to see each class's performance in this year's live presentation of our Winter Concert! I would like to thank all the students in the class for all their hard work and dedication to their performance. There were many steps and movements that the students had to learn and they had fun in the process! We hope you enjoyed their performance!

This month is the beginning of a very important block of learning. We will hit the ground running so that we can maximize our learning. We will continue to build and expand our skill set and expand our knowledge in all subject areas. Be well and continue to be safe.



## Grades 5 & 6 - Ms. C. Fraser

Happy New Year to all Mulvey Friends and Families! I would like to take this moment to look back on the first term of school and say how proud I am of the growth I have seen in the students. We have accomplished a lot of learning together both academically and as a classroom/school community. I also want to take a moment to say how very hard the students worked on their dance moves for the Winter Concert during the month of December and how amazing they did...it truly was a team task to accomplish and a wonderful outcome to watch. Congratulations to all of you on a job well done!! I also want to thank all of the Mulvey community that was able to make it out to see the Winter Concert and support all of our student's efforts and hard work, it was lovely to see a full house. Once again, I would like to wish all of our families a very happy new year and all of our students a wonderful learning experience for the remainder of the school year.



## Grade 1, 2, & 3 AP - Ms. L. Costello

Students have come back from break rested and ready to learn!! The students did an amazing job preforming at the Holiday Concert. The students continue to love doing the interactive lessons on the smartboard and can't wait for their turn to show their knowledge. Everyone is wonderful at celebrating each others accomplishment with lots of clapping. Everyone continues to work hard at their individual programming and doing their job when required. We are looking forward to starting a new science unit about the five senses and how our bodies work.



## Grades 3 & 4 Ms. A Luka

Happy New Year! December was a short month but we were able to fit in a lot of fun activities such as the Winter Concert and Holiday Party at Kelvin High School. The grade 3/4 students learned about river safety and shared some safety tips with the rest of the school at a Monday morning assembly. We completed our telling time unit in math and have been continuing to practice our mental math strategies. The students had fun writing friendly letters to our new pen pals and we can't wait to receive new letters back! We are currently learning different reading strategies that can help us grow as a reader too! We will continue on our journey learning about Canada.



# NEWS FROM THE CLASSROOM

## Coach Program Ms. P. Solmundson

Happy New Year! We hope everyone had a relaxing winter break. In December, we made snow globes and gingerbread houses. We enjoyed lots of nice weather that allowed us to be outside often. The students had a wonderful time at Kelvin for the breakfast and activities. We finished up See Spot Read with a great celebration with our dogs. Fizzle the elf returned to visit and he was up to some silly things as usual. We also were glad to have Constable Darrell come to teach us about online safety. This month we're looking forward to starting a new art theme with Miss Brenna at Mulvey. We'll continue to work hard on our Daily 5 tasks so we can improve on our reading, writing and speaking skills. We are going to finish up our class novel Wonder. Our Roots of Empathy Baby, Rey will be visiting again and we can't wait to see how much she has grown. We are also hoping to go ice fishing this month and maybe get to do some cross country skiing and snowshoeing.



## Coach Program - Mr. M. Jenkins

Welcome to the New Year, everyone. We hope you had an excellent holiday break. It may be hard to notice but the days are getting longer! Some of us are excited about this as we tend to thrive better with daylight. Are you getting outside each day to enjoy the fresh air and get some much needed sunlight? We are. We try to get out at least once each day, except when the temperature is dangerously cold. It's refreshing and helps us stay healthy and more engaged in our learning activities. Last month our students took part in several art activities. We made winter scenes using Seesaw and other apps. The students are getting very good at using the graphic design tools in Seesaw. We also made beautiful snow globes as a Crafter noon activity. Of course, who can forget, we participated in Kelvin High School Holiday Pancake Breakfast! You might not believe who showed up! Someone from the North Pole!! We had a visit from Constable Heath who taught us about Internet Safety. This is a very important topic and we are thankful for the information. In Social Studies we are following Second Step and learning how to develop the skills to help us resolve most conflicts. Next month is February and that is our I Love to Read month. What are you going to be reading?



## Grades 5 & 6 Ms. C. Vande Graaf

We hope you all had a safe, restful and enjoyable holiday break. Thank you to all of those who were able to watch our Winter Concert. We had a lot of fun making our video and wish our magic globe could actually take us around the world!!! We want to say a huge thank you to Mr. Tim for being our director, producer and video editor. Thank you Mr. Tim!!!!!!

We are going to continue talking about weather in Science. There is still so much to learn. We have started talking about natural disasters. So far, we have learned about hurricanes and tornados but we still want to talk about tsunamis, floods, blizzards and heat waves. We are doing a piece of art for each natural disaster we learn about. We did charcoal tornados and pastel hurricanes. They turned out beautiful and we are super proud of them.

This month in math, we will be focusing on multiplication. A great way to practice multiplication facts is to play a game a dice game or a card game. We are learning a few different ones in the class that your child can show you. In Social Studies, we will start working our way through the history of Canada. We are thinking about building a time line in our room that will record all of the different events we talk about. Stay tuned to see how it turns out!





## Welcome to Ms. Brenna's Artist Alley

The September-December has just flown by! I'm so pleased to see how colourful the art room is looking as I hang up more and more of your artwork! The Gr. 1/2's have all finished their shadow animal art and they turned out amazing. Looking at them, I feel connected to you all, just as your animals are all connected to each other in your art. The grade 2/3's keep working away on their dolls, they now have bodies and we are starting to put them together. This is tricky work and you have applied yourselves well in the creation of your "Mini Me's". The grade 3/4's have finished applying their identity "tattoos" to their masks and they are now proudly displayed in the hallway outside the art room. Some students are working on their symmetrical stained glass windows as a nod towards this winter season.

The grade 4/5 students are showcased here in the Artist's Alley trying out their cutting and sewing skills for their Inuit Story quilts. You've made a lot of progress so please keep working away. Sewing can be tedious and hard but I know you can do it! Last but not least, the Grade 5/6 students have been busy making their prints. I can tell this is the fun part of this complex process for you. I hope you can continue the good work as you enter the new year!

I'm so proud of you all and all of the hard work you've done exploring Balance and Inuit art this school year. I hope you enjoy the winter break however it is celebrated in your household. I am looking forward to having everyone back as we finish up these projects and ease into our next art unit in the New Year!



## Welcome to Physical Education Mr. Ambaye

During the month of December, in addition to exploring movement skills, students had fun playing Holiday Games/Activities such as Santa's Sleigh and Sledding. The program focus was on fitness and learning about the fundamental skills of basketball (for intermediate) and exploring manipulation skills such as bouncing, throwing, catching in simple movement experiences (for primary grades). Students will keep working on these fundamental movement skills after the winter break.

### Intramural and Club Activities:

We would like to congratulate our **Grade 5 & 6 students co-ed volleyball team** for their successful participation at the Volleyball Tournament hosted by Laura Secord School on December 7, 2022. They represented Mulvey School with good sportsmanship and most importantly they all had FUN!!

34 students signed up to join Mulvey **Skate Club** and have been having fun skating on Tuesdays (noon hours) at Winnipeg Winter Club. The Club runs until mid February.

In January, students are participating in **Skate Club, Dodgeball Intramurals, Before School Open Gym, Inner City Soccer League, and Football Club**. Please review the Intramural Calendar for details.

Students are encouraged to participate in our "**Before School**" as well as "**Lunch Hours**" Intramural Activities to develop movement skills, personal fitness, and enjoyment.

**I wish you all the best throughout the New Year!!**



Thank you to all the students that entered. Every submission was amazing and the judges had a hard time deciding. Congratulations to the winners.





## Message from Mulvey Community Support Worker Justine Kiwanuka

Email: [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org) Phone: 204-786-3469



Justine Kiwanuka Work  
Schedule at Mulvey School

Tuesday AM only  
Wednesday AM only  
Thursday PM only  
Friday AM/PM

Hello Parents, Guardians, Caregivers and Families,  
Hope everyone had a restful break. I would like to wish you a great new year in 2023. We hope this year will be a great one for all of us. At Mulvey School we are looking forward to continuing our great school year together. We are so grateful for our Connections with West Gate School and Volunteers at St. Peter's Church that supported of our families.

### Activities and Programs:

This school term the Community Support Worker - CSW plan is to carry on with the ongoing programs and activities we have been doing.



### Food Donations

The food distribution program from our generous donation from Food Rescue and Maple Leaf Foods is scheduled to continue in 2023. The program will run the same way with food donations being distributed on Wednesday mornings.

### Book Club:

The Readers Club will continue to grow as we are still accepting students. In 2023, we will be meeting every 2<sup>nd</sup> week of the month to read, discuss the books and then plan for club activities and of course read more books.



### Cooking and/or Baking

We enjoyed cooking in 2022, we hope to continue the cooking and baking sessions with families and caregivers and the children. Our first cooking will be in the third week of the month of January. Let us celebrate the joy of cooking together.

Please contact me for further details at 204-786-3469 or [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org)

### Community Partnership

Mulvey School will continue partnering and further creating community connections with the Cornish Library. Mulvey School has been fortunate with all of its community partners and will continue to explore more community connections that will benefit our students in various ways.

### Dental Program

We have pending follow-ups to do in the new year we will get in touch with parents and children that are scheduled. We hope to plan screenings and assessments when the new term begins. Please feel free to contact the school and request for the dental forms, if your child is experiencing any dental issues and if they need to be on the screening list, please let me know. We want all the kids to have an opportunity to receive the dental care offered by the U of M Dental School through the Variety Program as well as the WRHA SMILE Program.



### Sewing Club sessions

Sewing sessions will begin on Thursday, January 12<sup>th</sup>. Student participation notes were sent home in December. Please remember the program will be an after-school program starting right at 3:30 PM. and ending at 5:00 PM. Each session will run for 5 weeks. There are 2 five-week sessions. The program will provide a light snack to the participating students before they start to sew. Parents/guardians/caregivers will have to make arrangements for picking up their children after the Sewing Club finishes at 5:00 PM.



### Clothing: Winter gear

Winter is still with us. Please remind the kids to dress for the weather as they return to school. Sometimes we have extra warm winter wear, so if you are wanting some for your child please let me know.

### Lost and Found:

If your child is missing any of their personal items, and you think it may be at school, please come to Room 4 and see me or check in the office.

Wishing you a great New Year and I am looking forward to working with you all. Please contact me at any time on my email or by phone if you need support or if we have to talk.





# Mulvey School Winter Concert





# Mulvey School Pancake Breakfast



## Message from Mulvey School Parent Council

A big note of appreciation to all parents, guardians, caregivers and families for coming out to our first in person Winter concert in two years. It was a huge success. It was wonderful to see the children's faces when the curtains opened and they looked out to all the parent and family members in the audience.

We wish to thank you for your continued support throughout the school year. Our commitment to you and your children is very important to us. Together, home and school partnerships make the greatest impact for our students!

Have a wonderful holiday,  
Mulvey School Parent Council





## A collection of colorful bags of Kernels popcorn, including flavors like 'Butter Salt', 'White Cheddar', 'Creamy', 'Salt &amp; Vinegar', and 'Butter Salt &amp; Sour'. The bags are arranged in a row, and a large pile of popped popcorn is scattered in front of them.

**Delivery Date**  
Thursday,  
February 17, 2023

- Buttersalt
- Ketchup
- Dill
- Jalapeno Jack
- Salt & Vinegar
- Cheesy Dill
- White Cheese
- Say Cheese
- Thai Sweet Chili
- Low Fat Caramel

[illegible]



## Congratulations to our Patrol of the Month

This student has shown great responsibility and dedication to ensuring all Mulvey Students are safe coming to and from school each and everyday  
Thank you for all you do!



## BOTHWELL CHEESE FUNDRAISER

Thank you everyone for supporting Mulvey School Parent Council fundraiser.

We raised \$347.00 this year.  
We look forward to your support next year.



## News from Parent Council

We would like say thank you to our Mulvey School Community for the ongoing success of the Pizza Lunch fundraisers. To date for the 2022-2023 school year, we have raised an amazing **\$1 853.47**  
We are overjoyed with the support this community gives to our school. All funds will be used for student and school programming.

*Happy New Year to all from Parent Council!*

## EASY POTATO PANCAKES



### INGREDIENTS:

- 1 (20-ounce) package refrigerated hash brown potatoes\*
- 1/4 cup freshly grated Parmesan cheese
- 2 tablespoons all-purpose flour
- 2 cloves garlic, minced
- 2 large eggs, beaten
- 3 green onions, thinly sliced
- 1/4 teaspoon cayenne pepper
- Kosher salt and freshly ground black pepper, to taste
- 2 tablespoons olive oil

### DIRECTIONS:

1. In a large bowl, combine potatoes, Parmesan, flour, garlic, eggs, green onions and cayenne pepper; season with salt and pepper, to taste.
2. Heat olive oil in a large skillet over medium high heat. Scoop tablespoons of batter for each pancake, flattening with a spatula, and cook until the underside is nicely golden brown, about 2-3 minutes. Flip and cook on the other side, about 2 minutes longer.
3. Serve immediately.

November 28, 2022

Dear Parent or Caregiver:

On November 22, Dr. Brent Roussin, Manitoba's Chief Public Health Officer, and Dr. Elisabete Doyle, head of pediatric medicine at HSC's Children's Hospital, held a town hall to talk about the high number of RSV and influenza A among children.

We are providing some excerpts from the town hall below to help you be informed and give you support if your child is experiencing illness this winter.

**How can I protect my child this flu season?**

**Dr. Roussin:** There are multiple layers that we can take to protect ourselves. You can make sure vaccines are up to date, stay home when ill, wash your hands, proper cough hygiene (cough or sneeze into your elbow), and you can wear a mask in indoor public places.

**When should my child be vaccinated?**

**Dr. Roussin:** People should get vaccinated (for COVID 19 or Influenza) as soon as possible and, if they are sick, wait to recover and then talk to your health-care provider about the best course of action.

**When should my child stay home from school or daycare?**

**Dr. Roussin:** As soon as symptoms develop, children should be staying home. If it's a respiratory virus that we have no diagnosis for, then children should stay home until they are improving, which means no fever, and other symptoms clearly improving for a couple of days.

Specifically for COVID, people should wait for at least five days after testing positive or the onset of symptoms before returning to school or daycare.

**When should I take my child to the hospital?**

**Dr. Doyle:** Anytime you see your child having difficulty breathing, so that may mean your child's nostrils are flaring, they may be sucking in between their ribs, they may be engaging their tummy muscles. If their colour is poor, if they're having pauses in breathing, especially with young infants, that's a reason to go to the emergency department.

In addition, if your child isn't drinking enough, if they are sleepy and won't wake up and if an infant less than three months old has a fever, those are also reasons to go to the ER.

**My child has a high fever, what should I do?**

**Dr. Doyle:** There are many ways to manage a fever, such as giving them fluids and running a fan to cool down the child. Unless the child is an infant under three months, a high fever shouldn't be a reason to go to the ER.

It may be difficult to find children's medication for fever due to the supply chain issues. Parents can take their adult medication like Tylenol and ibuprofen to a pharmacist and they can properly divide it up into the right dose for children.

If you have questions about your child's health you can find more information on the Shared health website: <https://sharedhealthmb.ca/patient-care/where-to-go/children-and-teens/> or you can call Health Links at 204-788-8200.

We hope you have found this information to be helpful and wish you and your family the best of health this winter season.

# DRESSING UP FOR COLD WEATHER

**Thick sweater**

With a hood to keep your head warm

**TIP:**

Adding layers will help keep you warm as the temperature drops

**Winter Accessories**

**HAT**

For your head and ears

**SCARF**

For your neck and face

**GLOVES**

Insulated – water-proof would be ideal

**TIP:**

During extreme cold, keep all skin covered and spend as little time as possible outside

**Winter boots**

Water-proof footwear will keep your feet dry, with good grip for when walking on snowy or icy paths

**Light jacket**

Wind-resistant would be ideal

**TIP:**

For extra warmth, wear extra undergarments (like tights and thicker socks)

**Winter jacket**

Thick outerwear to keep out wind and wet snow – longer length would be ideal



## Cold Weather Guidelines

### Indoor Recess

Students stay indoors for recess when the wind chill reaches -27 degrees Celsius as per Environment Canada at the Winnipeg Airport.

### BUS SERVICE CANCELLED

There are days when school bus transportation may be cancelled due to inclement weather, extreme cold weather or poor driving conditions, but the schools and the administration buildings will remain open.

The Superintendents of the school divisions in Metro Winnipeg have determined that the wind chill reading used will be that of Environment Canada **at The Forks in Winnipeg.**

The Metro Winnipeg school divisions have adopted that school bus transportation for all school divisions in the City of Winnipeg is cancelled:

**A. If the actual temperature is  $-35^{\circ}\text{C}$  (regardless of windchill) based on the 6:00 a.m. Environment Canada reading at the Forks, Winnipeg; or;**

**B. If the wind chill reaches  $-45^{\circ}\text{C}$  (regardless of air temperature) based on the 6:00 a.m. Environment Canada readings at the Forks, Winnipeg.**

The temperature and windchill readings can be found on the Environment Canada website. [https://weather.gc.ca/city/pages/mb-38\\_metric\\_e.html](https://weather.gc.ca/city/pages/mb-38_metric_e.html)

When bus transportation is cancelled in the morning, it will not resume later in the day even if weather conditions improve. All major Winnipeg media outlets are contacted in the early morning and are asked that they broadcast and/or post bus cancellation information. Listen carefully to any radio announcements in this regard.

The WSD website will carry this message <https://www.winnipegssd.ca/default.aspx>



## River Safety Reminder

Here is a message from The Winnipeg Police Service River Patrol Unit:  
[https://www.winnipeg.ca/police/river\\_patrol/default.stm](https://www.winnipeg.ca/police/river_patrol/default.stm)

They would like to remind the public that with the colder weather rivers, and retention ponds will develop thin ice and are not be safe to be around. All public is advised to stay away from all waterways as ice thickness can be very unpredictable.

Parents, guardians and teachers are asked to remind children of the dangers involving cold water and thin ice. This is an extremely dangerous time as open water on the rivers is swift and very cold.

Members of the public are asked to refrain from venturing near any bodies of water as rivers banks can be slippery.

**PLEASE BE SAFE.**

In the event you need to report an emergency, please phone:

In an emergency call - **911**

In non-emergencies call - **204-986-6222**

## December Pro-Social Presentations

### THEME: PET & ANIMAL SAFETY

By: Students in Room 22

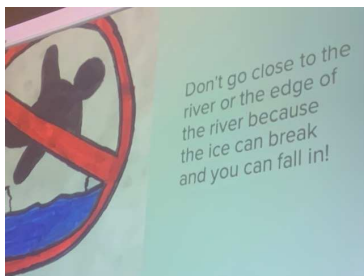
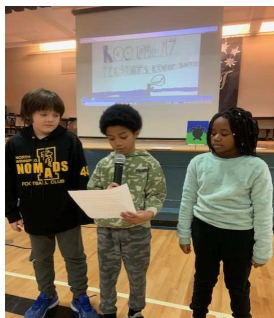
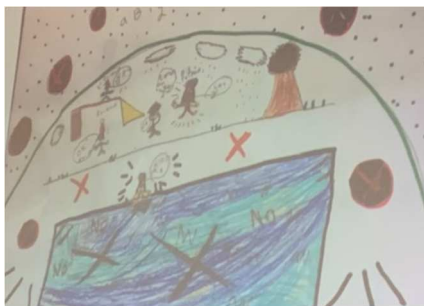
Our Grade 1/2 students from Mr. Wiens' class taught us about the important job we each have to take care of animals. We learned about the basic needs of animals and pet safety. Thank you for sharing the informative posters that you created and the wonderful video!



### THEME: RIVER & WATER SAFETY

By: Students in Room 17

Thank you to the students in Room 17 for their very important and timely presentation on River Safety. The students created posters and a video that included important information. The weather changing, it is important to be reminded of what to do when near water and ice during the colder months. Great job Room 17!



## Thank You



We were so very fortunate to have received an invitation from Ecole Secondaire Kelvin High School to attend their annual Holiday Breakfast on Friday, December 9, 2022. Our students were buddied up with amazing Kelvin students to enjoy a homemade breakfast and participate in activities all morning. Arts and crafts, improv drama, parachute games and a scavenger hunt were just some of the activities that we participated in. Each and every Mulvey School student received a special gift bag filled with books, toys and a treat! We are thankful to our friends and we will remember this experience for years to come!





# Nourishing Bodies and Minds



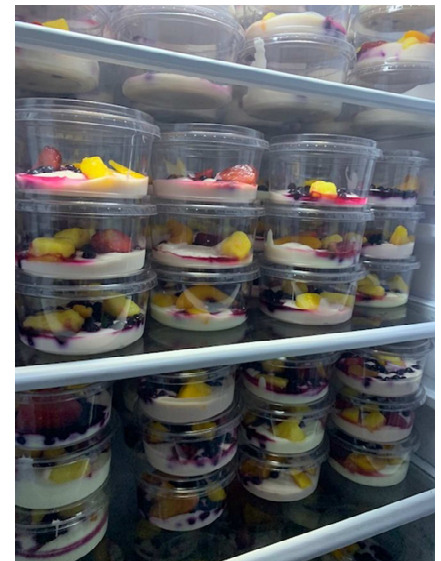
Every morning, when we walk through the doors at Mulvey School, we are welcomed by the delicious smell of breakfast being prepared. Freshly baked muffins, hash browns and grilled cheese are just a few examples of the breakfast offerings at our school under the direction of our Nutrition Coordinator, Ms. Elizabeth Dias. When asked why this program is so valuable she says, "I see a difference in the children after they have eaten a healthy breakfast and they have a better learning day."

Ms. Dias is assisted daily by Mr. Mohammad, Ms. Ashley, and Ms. Venus for the preparation and distribution of breakfast and snack. In addition to our daily nutrition program, our school participates in Harvest Manitoba's Meals to Go program, formerly known as Breakfast2Go in anticipation of the weekend. The students receive food kits that include cereal, milk, fruit and dairy items. The kits also include inspirational notes intended to boost a child's self-esteem and confidence. Our Grade 6 Leadership Team assists in offloading the 300+ bags from the truck and delivers them to the students in their classrooms.

Our weekly Food Rescue program on Wednesday mornings has expanded to include meat products from Maple Leaf Foods.

The Nutrition Program is funded by The Winnipeg School Division, Breakfast Clubs of Canada, Child Nutrition Council of Manitoba and President's Choice Children's Charity.

We would like to thank our dedicated Nutrition team at Mulvey School and are so grateful for the funding that we receive from the organizations listed below to operate such a nutritious and valuable program.



## Frequently Asked Questions

### SafeArrival for Families FAQ

#### What is SafeArrival?

SafeArrival is an absence management system that improves student safety and makes it easy for you to let the school know about your child's absence.

You are asked to report your child's absence in advance whenever possible using one of these convenient methods:

##### SchoolMessenger app (free)

1. Provide your email address to the school.
2. Get the app from the Apple App Store or the Google Play Store (or from the links at <https://go.schoolmessenger.ca>).
3. Tap **Sign Up** to create your account.
4. Select **Attendance** from the menu, and then select **Report an Absence**.

##### Web and Mobile Web: [go.schoolmessenger.ca](https://go.schoolmessenger.ca)

1. Provide your email address to the school.
2. Go to the website.
3. Click **Sign Up** to create your account.
4. Select **Attendance** from the menu, then select **Report an Absence**.

##### Interactive Toll-free Phone 1-855-278-4513

1. Call the toll-free, interactive telephone system.
2. Follow the instructions to report an absence.
3. Record the confirmation number at the end of the call.

*If you hang up before this is given the absence will be cancelled and will not be reported to the school.*

Whenever an absence is reported or updated, you will receive a confirmation notice by email (assuming you have provided your contact information to the school).

If you don't report your child's absence in advance, the automated notification system will try to contact you (using the communication preferences if you have set them up in the SchoolMessenger app). This may include push notifications to the app, email, phone calls. You will be asked to provide the reason for your child's absence immediately. You may do so using the phone line, website or mobile app.

If an absence is not explained within approximately 20 minutes of the time that the school starts the notification process, school staff will follow-up to make sure that your child is safe. If you try to explain an absence using SafeArrival, but are then told that it is past the cut-off time, please contact the school directly.

*If you don't want to receive notifications when your child is absent, be sure to report your child's absence in advance.*

*If you do receive notifications of your child's absence, be sure to provide the reason as quickly as possible, using one of the 3 methods listed above or during the phone call notification itself.*

Absences can be reported in advance:

- 24 hours/day
- 7 days a week
- For any school day in the school term
- Up to the cut-off time on the day of the absence.

## What is SafeArrival?

SafeArrival is an absence management system that improves student safety and makes it easy for you to let the school know about your child's absence. Please take note if you have not put your child's absence in the system before the school sends out the calls, you will get a call from the system.

### For further information on how to access:

<https://www.winnipegsd.ca/Parents/safe-arrival/Pages/Default.aspx>

Please make sure you are keeping your home phone number, email and contact information up to date with the school. You can call the office at 204-786-3469.



# MULVEY SCHOOL HOLIDAY HAMPERS

A huge thank you goes out for all the donations and volunteers that helped put together all the lovely hampers again this year. It was a huge success and we managed to get out 36 hampers.

As a school team, we extremely appreciate the generosity and kindness that was provided to help us get hampers to families to help make the holidays bright.

We want to extend our appreciation to our wonderful Mulvey Families, Polar Bear Rubber Limited, the Richelle Family, the Mulvey School Parent Council, Pylon Polo Park, Westgate Collegiate, Watershed Christian Community Church, All Saints Anglican Church, St. Peter's Evangelical Lutheran Church, Pico Architecture Incorporated, CanU Canada, and the Mulvey School Staff and Mulvey School Committee members for their kindness. Your sense of community is incredible and we are so grateful. What a wonderful initiative we can share with our students to encourage and acknowledge caring and sharing.

A huge thank you to Mr. Alves, Ms. North and Ms. Johnson for their extraordinary effort in the success of the holiday hampers.

Have a marvelous winter break!



**ALL SAINTS**  
ANGLICAN CHURCH



**CanU**  
see possibilities

**WESTgate**  
COLLEGIATE



**Watershed**

**pico**  
ARCHITECTURE inc.



**FREE**  
**ALL AGES**  
**DROP IN**  
**ART**  
**PROGRAMS**

616 BROADWAY  
WINNIPEG, MB  
TREATY 1 TERRITORY

**MONDAY to SATURDAY**  
**3:30 pm - 7:30 PM**

closed on Sunday

artcityinc.com  
info@artcityinc.com  
204-775-9856

Masks are optional  
and provided  
free of charge.

**JANUARY 2023**

**WINTER WINDSOCK PROJECT**  
**FOR**



*Paintings for the*  
**BNC ICE RINK**

## Our New Name - Acorn Family Place

We are thrilled to share with you the news that on Monday, September 26, 2022, prior to our Annual General Meeting, Wolseley Family Place announced the adoption of our new name: **Acorn Family Place!**


An acorn is a nearly universal symbol of something which is small, yet strong, and that within lies great potential. A highly relatable icon, an acorn is whole and complete on its own, and with the right nutrients, conditions and support it can grow into a mighty oak tree, resilient and sheltering. Similarly, Acorn Family Place supports families, walking with them in their journeys, supporting them through the offering of programs and services to help them thrive, strengthening the larger community.

**Our new logo depicts an embrace that is welcoming and evoking the vital connection between caregivers and children. The acorn leaves are playful and friendly while the brand colours recall elements of nature, growth and warmth.**



We are grateful for the support we've received from our community in embracing the new name and the help with sharing it out in to the greater community! Please give us a follow us on Facebook, our page is Acorn Family Place and our new website address is: [www.acornfamilyplace.ca](http://www.acornfamilyplace.ca)

**Check out our Winter Program Schedule to Find out what's happening at the centre!**




### acorn Family Place

## Winter 2022-23 Program Schedule

\*Wraparound Drop-in days are intended to connect parents and caregivers who are involved with CFS. Please contact Chandel for program info & to register at: (204) 818.3864 or [wasupport@acornfamilyplace.ca](mailto:wasupport@acornfamilyplace.ca)

Music Circle will be held in the Playroom at 202-222 Furby St. Connect with Nadine to learn more: (204) 560-3148

\*Parenting workshops require registration. Contact Jenn for more info at: (204) 560-3147 or [parenting@acornfamilyplace.ca](mailto:parenting@acornfamilyplace.ca)



MON	TUES	WED	THURS	FRI
WBCO DROP-IN TENANT SUPPORT 10-11:30AM	CIRCLE OF SECURITY PARENTING* (JAN 24-MAR 14) 9:30-11:30AM	MUSIC CIRCLE (RESUMES JAN) 11:30AM-12PM		CAREGIVERS' BREAKFAST CLUB 9-11:30AM
		CENTRE CLOSED		
WRAPAROUND DROP-IN 1-4PM		WEDNESDAY MORNINGS 9AM-12PM	HEALTHY BABY (MINI GYM) JAN 13 1-3 PM	WINTER CELEBRATION DEC 16 CENTRE CLOSED
COMMUNITY COUNCIL (DEC 19 & JAN 31) 1-3PM			FOOD BANK (JAN 3) 1-4PM	ART IN THE CITY (RESUMES JAN) 1-3:30PM
				DROP-IN W/ NURSE JULIA (RESUMES JAN) TBA
CLOSED FOR THE HOLIDAY SEASON (DEC 26 TO 30)				FAMILY LITERACY DAY (JAN 27)



# JANUARY 2023

Questions?  
Comments?  
(204) 774-0451  
wbj@idit@gmail.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>10:30am - 6:00pm</b> <b>2</b> Winter Break Mystery Outing (Dress Warm) 	<b>10:30am - 6:00pm</b> <b>3</b> Winter Break Mystery Outing (Dress Warm) 	<b>10:30am - 6:00pm</b> <b>4</b> Winter Break Mystery Outing (Dress Warm) 	<b>10:30am - 6:00pm</b> <b>5</b> Winter Break Mystery Outing (Dress Warm) 	<b>10:30am - 6:00pm</b> <b>6</b> Winter Break Mystery Outing (Dress Warm) 
<b>3:00pm - 6:25pm</b> Snack Time /Bookworms (By Sign Up) <b>3:00pm - 8:25pm</b> Kids Laundry Night <b>4:00pm - 5:25pm</b> Jam Session <b>5:30pm - 6:25pm</b> Yoga Party <b>6:30pm - 8:25pm</b> Dreams /Family MEGA Bingo Night <b>6:30pm - 8:25pm</b> NEW YEAR'S DANCE 	<b>3:00pm - 4:30pm</b> Snack Time /Bookworms (By Sign Up) <b>3:00pm - 8:25pm</b> Kids Laundry Night <b>4:00pm - 5:25pm</b> Jam Session <b>5:30pm - 6:25pm</b> Yoga Party <b>6:30pm - 8:25pm</b> Dreams /Mathletes	<b>3:00pm - 4:30pm</b> Snack Time /Bookworms (By Sign Up) <b>3:30pm - 5:25pm</b> After School Program (Drop Off/Pickup At Mulvey School) <b>3:00pm - 5:55pm</b> Videogame Pizza Party (Participants Must Bring 5+ Pages Of Homework) <b>6:00pm - 7:55pm</b> WACKY WENDY'S HOMEWORK CLUB Free Play/Yum Yum Club <b>8:00pm - 8:25pm</b> Grocery Giveaway	<b>3:00pm - 4:30pm</b> Snack Time /Bookworms (By Sign Up) <b>3:30pm - 5:25pm</b> After School Program (Drop Off/Pickup At Mulvey School) <b>3:00pm - 5:55pm</b> Videogame Pizza Party (Participants Must Bring 5+ Pages Of Homework) <b>6:00pm - 7:55pm</b> Homework Club Free Play/Yum Yum Club <b>8:00pm - 8:25pm</b> Grocery Giveaway	<b>3:00pm - 4:30pm</b> Snack Time /Bookworms (By Sign Up) <b>3:00pm - 8:25pm</b> Bookjam/Kids World /Free Play <b>5:30pm - 9:30pm</b> MOVIE BOOK CLUB NIGHT IMAGINE BLACK ADAM <b>5:30pm - 9:30pm</b> MOVIE BOOK CLUB NIGHT IMAGINE NOISE ORIGIN <b>5:30pm - 9:30pm</b> MOVIE BOOK CLUB NIGHT PLUS IN BOOTS
<b>3:00pm - 4:30pm</b> Snack Time /Bookworms (By Sign Up) <b>3:00pm - 6:15pm</b> Homework Club /Free Play <b>6:30pm - 8:25pm</b> Small Time Fun Pack (Drop Off At WBVO By 6:00pm)	<b>3:00pm - 4:30pm</b> Snack Time /Bookworms (By Sign Up) <b>3:00pm - 6:15pm</b> Homework Club /Free Play <b>6:30pm - 8:25pm</b> Small Time Fun Pack (Drop Off At WBVO By 6:00pm)	<b>3:00pm - 4:30pm</b> Snack Time /Bookworms (By Sign Up) <b>3:00pm - 6:15pm</b> Homework Club /Free Play <b>6:30pm - 8:25pm</b> Small Time Fun Pack (Drop Off At WBVO By 6:00pm)	<b>3:00pm - 4:30pm</b> Snack Time /Bookworms (By Sign Up) <b>3:00pm - 6:15pm</b> Homework Club /Free Play <b>6:30pm - 8:25pm</b> Small Time Fun Pack (Drop Off At WBVO By 6:00pm)	<b>3:00pm - 4:30pm</b> Snack Time /Bookworms (By Sign Up) <b>3:00pm - 6:15pm</b> Homework Club /Free Play <b>6:30pm - 8:25pm</b> Small Time Fun Pack (Drop Off At WBVO By 6:00pm)

## BE SURE TO REGISTER BY JANUARY 16TH

THE STUDENT THAT BRINGS THE MOST FRIENDS THAT PARTICIPATE IN HOMEWORK CLUB WINS A BIG BIG BIG PRIZE!

**JANUARY IS HOMEWORK CLUB MONTH**

6:30pm - 9:00pm  
Family Fun Friday - Surprise Outing  
(If Registered By January 16th)

JANUARY'S FAMILY CHALLENGE: SEND US YOUR BEST PHOTO OF YOUR FAMILY CELEBRATING THE NEW YEAR!

# WEST BROADWAY YOUTH OUTREACH



# January 2023



Monday

Tuesday

Wednesday

Thursday

Friday

			5 Day 3  <b>School Resumes</b>	6 Day 2
9 Day 5	10 Day 6 Skate Club @ noon CanU @ 3:30	11 Day 1 MYRCA book club @ noon	12 Day 2 Piano Lesson and Sewing Club @ 3:45 Pow Wow @ noon	13 Day 3
16 Day 4	17 Day 5 Skate Club @ noon CanU @ 3:30	18 Day 6 MYRCA book club @ noon	19 Day 5 Piano Lesson and Sewing Club @ 3:45 Pow Wow @ noon	20 Day 6 <b><u>No Classes</u></b> <b>Non-Instructional Day</b>
23 Day 3 Pizza Order Due	24 Day 4 Skate Club @ noon CanU @ 3:30	25 Day 5 MYRCA book club @ noon	26 Day 6 Piano Lesson and Sewing Club @ 3:45 Pow Wow @ noon Football club at U of W @ 4:00PM-6:30	27 Day 1 Pizza Lunch @ 12:00 PM Kernels Orders Due
30 Day 2 Parent Council Google Meet @ 5:30 PM	31 Day 3 Skate Club @ noon CanU @ 3:30			

## DATES TO REMEMBER

Please mark the following important dates on your calendar (watch for changes in future newsletters)

Date	Event	Cycle Day
Jan. 5	School Resumes	3
Jan. 20	Non-instructional Day ~ <b>No School</b>	2
Feb. 3	Non-Instructional Day ~ <b>No School</b>	6
Feb 17	Kernels Order Pick up	4
Mar. 16	Parent Teacher Student Evening	4
Mar. 17	Parent Teacher Student ~ <b>No School</b>	5
Apr. 14	Non-Instructional Day ~ <b>No School</b>	1
May 1	Non-Instructional Day ~ <b>No School</b>	6
June 30	Last Day of School	1

**S** how Respect and Responsibility  
**A** lways come Prepared and On Time  
**F** eet and Hands to Yourself  
**E** veryone Learns Together

**BE YOUR BEST**

**B** elieve  
**E** xcel  
**S** uccceed  
**T** ogether

