

# Lord Selkirk School

## February 2023 Newsletter



Website: [www.winnipegsd.ca/schools/lordselkirk](http://www.winnipegsd.ca/schools/lordselkirk)

170 Poplar Avenue, Winnipeg MB R2L 2B6 Phone: 204.667.8495 Fax: 204.667.0753

SAFE ARRIVAL: 1-855.278.4513



### Principal's Message



WINNIPEG SCHOOL DIVISION

The milder temperatures in January this year were a pleasant surprise.

Students have been actively playing outside every day at recess. They were very excited to have the shovels and sleds back! Please ensure that your child(ren) are dressed for the weather. Indoor recess occurs when the temperature reaches  $-28$  degrees celsius or lower. If your child requires additional winter gear, they can stop by the Family Room and see Ms. Jacobson. Please call the school at (204)-667-8495 if your child(ren) require a new winter coat or boots. We continue to remind students to be careful while walking to and from school. Students are expected to walk on the sidewalks and cross safely with our school patrols and crossing guard.

There are many events happening at Lord Selkirk School in the month of February. We will be celebrating "I Love to Read" by participating in different activities throughout the month of February. At Lord Selkirk School we are committed to fostering a love of literacy each and every day. We are very excited that we received some additional staffing to support literacy. Mrs. Tien has shifted into this new position, as a Literacy Support Intervention Teacher. The focus of this role will be to support students who are reading below grade level. Students will receive small group or one on one instruction that will strengthen their foundational literacy skills and close the reading gaps. It has been wonderful to see the return of "Book Buddies" at Lord Selkirk School. Intermediate classrooms partner up with primary classrooms and students read to each other. It is wonderful to see learners and leaders flourish during this special time once every school day cycle.

Mr. Gurniak will be starting Jump Rope for Heart. While getting active students will be learning about healthy habits, heart disease and strokes. Jumping rope is good for your muscles, bones and strengthens your heart and lungs. We look forward to the students showcasing their jump rope skills this month.

Lord Selkirk School will participate in the National Pink Shirt Day on February 22, 2023. We believe in fostering an inclusive and caring community. Participation in Pink Day initiatives as school creates awareness and unites us as we stand against bullying.

We also have two special performances this month. The School of Contemporary Dancers will be performing for us and the Manitoba Chamber Orchestra will be performing Fiddler's on the Roof. Families are welcome to join us for these performances, as well as our monthly school assembly. Please see the newsletter calendar for the details.

*Yours in Learning,*

*Ms. Johnston*



# ♥ Classroom News ♥

Room 1

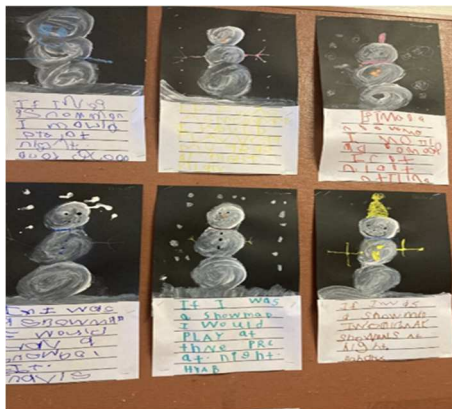
**NURSERY and KINDERGARTEN**

Ms. Murray

This month we did a book study on the book "Snowmen at Night". First, we brainstormed what we thought snowmen did at night. Then, we read the book, and took notes on what they actually do. Next, we painted snowmen, at night. Lastly we wrote about what we would do if we were a snowman, and displayed our writing on the bulletin board outside our classroom.

Our Dramatic play station this month is a Pizza restaurant. In addition to collecting costumes, and food for the restaurant, students wrote a menu, and mad instructional books on "how to make a pizza.

We have some new stations in our classroom that we added this month. We have a light table to help us solidify our math thinking, a sand table, and two art easels that have become a class favourite.



Room 2

**NURSERY and KINDERGARTEN**

Mr. Jay

Hello Room 2 Families and Welcome to January!

It's an exciting time to be in Nursery and Kindergarten at the start of 2023! Our daily routines are well established and students are growing as learners. Writers workshop is rolling along quite well now. Students have begun to see themselves as writers that can convey what they know with pictures and words. We are using what we know about letter sounds to stretch out and record the sounds we hear on paper. It has been a pleasure to encourage this group to find their voice and feel successful with these early writing attempts.

We have also just begun an investigation into rhyming. A student's ability to both identify and produce rhyming words has been shown to support both reading and writing success down the road. For now, we are reading rhyming books, playing rhyming games and singing songs with rhymes to support this growth. Many students are already able to hear these rhymes- Way to go Room 2!

In Math we have been focusing on rote counting and making groups of a given number (usually to 10). The next focus will be to see that bigger numbers are made up of smaller numbers and to practice breaking them up and reassembling them. Experiences grouping and regrouping a set of objects will help students with addition and subtraction problems in the older grades.

Thank you to all families that have been sending your child with appropriate winter clothes. We have been practicing independent dressing and undressing skills daily and have shown much improvement. If you every have any questions or concerns about your child please don't hesitate to discuss them with me. I am always available at drop off or pick up time or by email [jthiessen@wsd1.org](mailto:jthiessen@wsd1.org).





# ♥ Classroom News ♥

Room 4

GRADE 1 & 2

Ms. Gonzales & Ms. Herget

We have finished our non fiction writing and reading unit. Students have written a non-fiction. teaching chapter book based on a topic they are experts on. Students are excited to share their writing on Seesaw. Feel free to comment on their Seesaw posts, they love reading your comments. We have started our word work small groups with Ms. O. We are working very hard on learning all the letter sounds, manipulating sounds and practicing reading books that are just right. We will begin our new writing unit on opinion writing and writing down reasons to back up our opinion. Stay tuned...

The mathematicians in room 4 have been doing great work improving their addition and subtraction skills! We have been working on representing numbers using Digi-blocks, as well as adding and subtracting numbers to 20 using Digi-blocks and rekenreks. Students have also been working hard on Dreambox lessons at school and outside of school as well. Keep up the great work to keep practicing the skills we're working on in class!

We've also been having great discussions in science about where our water comes from, what can pollute our water and how to reduce and prevent this in the future! We have also been having lots of fun learning fun facts about different animals and insects each day. In social studies, we will be identifying common features of Canadian communities, such as transportation, schools, parks and comparing our community features to others in Canada.

A reminder to send your child dressed appropriately for our winter weather. They need mittens, hats, scarves and ski pants, we have some hats and mittens should you need some, please let us know. Students will stay indoors for recess when it is -28 degrees or colder. Sending an extra pair of socks would be great as well.

Room 8

GRADE 1

Mr. Jay & Ms. Boroski

Hello Grade 1 Families!

Happy New Year! We hope you all had a relaxing break and are ready for 2023! Our class is getting back into the swing of things after our break by going over expectations and routines. We spent some time as a class discussing resolutions for our class and for ourselves. We talked about what we wanted to see more of and less of in our room this year, and made a learning goal for ourselves! Our class has been participating in Roots of Empathy, where baby Nora comes into our classroom so the kids can learn from her!

In Math this month we are working on Thinking Classrooms, a system where the students work in groups on whiteboards to problem solve. We are starting our addition unit this month, and will continue into February. This month in Science we are focusing on daily and seasonal changes. For literacy, the students have continued to do small group work with Mr. Jay and Ms. O, but we are now lucky enough to have Mrs. Tien join us as well to support our learners!

As always, if you have any questions or concerns, please feel free to stop one of us at pickup, drop off, or message us on Seesaw!



# ♥ Classroom News ♥

Room 7

GRADE 2

Ms. Stern

During the month of January, students in Room 7 have been amazing me with all that they know!

## Reader's Workshop

Students have been learning to use the correct "voice" when reading their independent texts. They need to decide - should I read this book in a sad voice? An excited voice? What does the book tell me about how to read it?

## Writer's Workshop

After winter break, we have continued writing different types of non-fiction books. Some are writing everything they know about a particular topic (ice cream is a favourite, currently) while others are teaching using "How To" books. I have learned many things from the students, for example, how to make a cake and how to play banana tag!

## Math

In math this past month, we have been learning about and reviewing place value! Room 7 are experts in breaking apart their numbers into tens and ones. Some have advanced through Dreambox to breaking numbers apart up to 1000! We definitely love to do math!

## Science

Our focus for science this month has been position and motion. We have used different forms of media to learn about friction, pushes, pulls and other forces. Keep your eyes out on Seesaw for our video showing what we have learned! Our bulletin board will also be displaying some treasure maps that have directions to the position of the treasure!

## Reminders:

Please send a REUSABLE water bottle for daily use. A lot of learning time disappears when students are continually getting drinks from the water fountain and being hydrated is important for learning!

Please be sure to send adequate winter gear to school daily as we go out for recess and play 3 times daily. We may also go for winter walks during other times of the day.

**With flu and cold season upon us, please be sure to let me know via Seesaw if your child will be away for more than two days due to illness. This allows me to plan accordingly if there are many absences due to illness, as well as combat any germs that may be floating around. Thanks so much!**

Room 15

GRADE 2

Ms. Bailey

We have had a busy month of January and are looking forward to an exciting month of February as well! In February we will be celebrating I Love to Read. The month of January has brought us milder winter weather and the students have been enjoying recess outdoors playing in the snow. Please ensure your child is dressed properly for the winter weather.

In word study we continue to work on long vowel sounds and have been practicing these skills in our daily spelling activities. We have been focusing on several reading strategies during "Read to Self" and small group reading (Comprehension, Fluency, and looking for small parts we know in a word) to help us strengthen our reading skills. We have been working on writing informational stories in Writer's Workshop. We are learning the difference between facts and opinions and how to make a table of contents when writing informational pieces.

In math we are working on developing our understanding of place value and number skills with numbers to 100. The students have been building numbers with math materials and recording their findings with drawings and numbers. We continue to practice our counting skills and we have been skip counting by 2's, 5's and 10's backward from 100.

In social studies we have started to learn about other communities in Manitoba and comparing differences and similarities in our own community. In science we continue to study the different animal groups and learning about different animal life cycles.

Please continue to support your child with our home reading program. This will help with reading fluency and help them to develop confidence as a reader.



# ♥ Classroom News ♥

Room 33

GRADE 3

Ms. Aggarwal

Dear Parents and Guardians,

As the new teacher for Room 33, it has been a pleasure getting to know each and every one of your children. They bring unique perspectives and talents to the classroom, and I am constantly learning from them. From their creativity in writing to their curiosity about the world, they inspire me every day. It has been an honour to be a part of their educational journey and I am excited to see them grow and learn.

In Writer's Workshop, we have been exploring how to create poetry by capturing big moments that give us big feelings in our poems. Students have been diving deep into their emotions and experiences that shape their understanding of the world. They have been applying different techniques to express themselves and have been sharing their work with the class.

In Reader's Workshop, we have been investigating poems and their use of line breaks to create sound/music. With the help of Mrs. Tien, in Word Work, students have been practicing their spelling and vocabulary skills. They have been working on sight words, phonics and are on their way to making progress in their understanding of language.

In Math class, we are working on multiplication. Students have been learning how to implement a variety of strategies to solve multiplication problems, including arrays, equal groups, repeating addition, skip counting, and manipulatives.

In Social studies, we have been learning all about Botswana. Students will continue to learn about the culture, geography, and history of the country as we participate in class discussions, presentations, and art projects.

In addition to our academic curriculum, we have been incorporating mindfulness strategies on a daily basis. Students have been practicing the 5-4-3-2-1 method, taking part in body scans, neurographic art, learning how to use a spirit singing bowl, and Woodstock chimes to help them focus and relax. In February, students will have the chance to make their own sensory jars. Please send an empty jar or plastic water bottle for this activity we will be working on in the near future. Feel free to reach out to me if you have any questions or concerns. Together, we can ensure that your child is on the path to success. Thank you!

Room 35

GRADE 3 & 4

Mr. Telford

Hi Room 35 families! We are back into the swing of things in room 35. Our learning journey picked up right where we left off.

Readers Workshop:

During our readers workshop time students are working in targeted groups to solidify different skills to become more proficient readers. The kids are working on fluency, decoding, comprehension, and spelling in small groups. We would like to welcome Mrs. Tien who joins our class from 10-11 a.m. every day.

Writers Workshop:

The writers in room 35 are about to embark on a brand new writing journey. We are going to be leaning all about Dreams! Students will be writing stories based off of real and fictional dreams.

Math:

The mathematicians in room 35 are doing so well with their study of multiplication and division. It is so cool to see the little light bulbs go off in their heads when they begin to see the two operations as "inverse."

Social Studies:

In Social Studies, we are getting ready to go on a fictional trip around the world! This is my absolute favourite unit to teach in grade 3 and 4 Social Studies. We will learn all about different cultures and begin to research about how people live all over the world.

Science:

In Science, students are continuing to plan for their Minecraft habitats. We are brainstorming a way to make sure that every habitat can be included in one Minecraft map. The students are really teaching me so much about a program that they are so passionate about.

During the month of February I am excited to share that the grade 4 students will get to participate in the Swimming Counts program! Please keep your eyes on Seesaw for more information!





# ♥ Classroom News ♥

Room 34

GRADE 4

Ms. Balkaran

Welcome to February, Room 34 families!  
Here are some learning highlights from January.

**Reader's Workshop and Writer's Workshop:**  
Reading groups are up and running! We have been reading together in groups working comprehension strategies like stopping and asking ourselves questions and covering a section of text in order to remember and retell. We are also learning about non-fiction text features like table of contents, glossaries, interesting facts and bolded words. We spent time gathering information for writing our non-fiction pieces this month. This month we worked on free writing in order to generate topics for essay information. We brainstormed people, places and objects that mean something to use and wrote as much as possible. Based on topics that came up when free writing, we narrowed down potential essay ideas. Our next steps are to come up with clear thesis and arguments.

**Math:**  
Room 34 has been busy practicing multiplication and division strategies. We want to make sure we remember our math facts but also know how to get there. Some strategies we've been using are skip counting, using known facts, creating arrays, repeated addition and using the commutative property.

**Science/Social Studies/Roots and Shoots/Reminders:**  
We've been doing a deep dive into learning about Canadian Territories and learning about Inuit culture. We investigated Inuit artifacts and tried to infer what they are used for. Did you know that sleds, parkas and kayaks were all invented by the Inuit? We also learned about Inuit art techniques like printmaking and carving, and created prints by etching designs onto styrofoam rounds.

We will be going swimming at Elmwood-Kildonan Pool this month as part of The City of Winnipeg Swimming counts on the afternoons of Feb. 7, Feb. 14 and Feb. 21. If your child needs swimwear or if you have any concerns, feel free to contact me at [mbalkaran@wsd1.org](mailto:mbalkaran@wsd1.org). Have a wonderful February!



Room 40

GRADE 4 & 5

Mr. Kojima

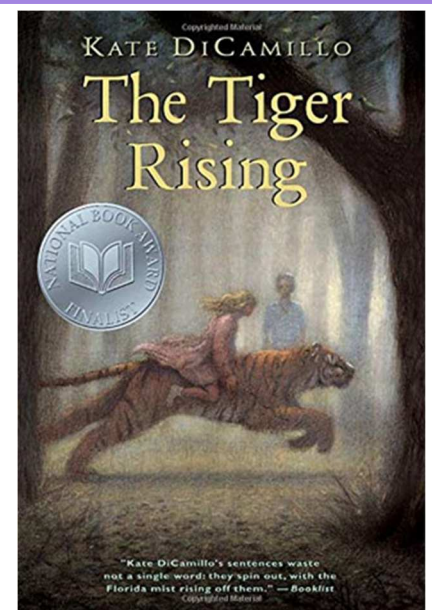
Happy February! We are officially halfway through the year. Room 40 continues to be safe, respectful, and cooperative.

Our focus in math is multiplication and division strategies. We spend time each day working on our fact families and sharing different strategies.

In Science we are beginning to discuss the nature of light. This will involve exploring the different properties of light by investigating and observing how light interacts with various objects in the environment.

Students are also working on their guided reading. We have been reading *The Tiger Rising* by Kate DiCamillo and discussing the sophisticated work of reading intensely to grow ideas. Our goal is to strengthen our comprehension by putting in the work and practicing our reading daily. Please support us by reminding students to take 10-15 minutes each day to do their home reading.

Thank you for all of your support. If you have any questions or concerns, please email, or contact the school.



# ♥ Classroom News ♥

Room 36

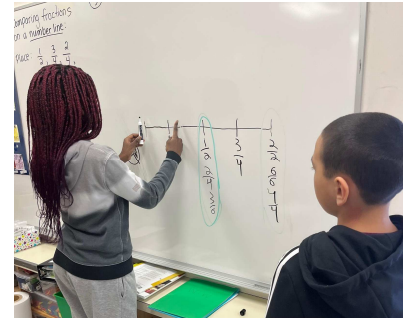
GRADE 5

Ms. Millar

The following is a recap of what room 36 has been working on lately

## Math

In math, students are learning about fractions! They have been making models to create sets of equivalent fractions, and using number lines to compare fractions with unlike denominators. We are also beginning to relate fractions to decimals and percent.



## Writer's Workshop

In writer's workshop, students have started a new unit on memoirs. To understand what a memoir is, students have been taking the time to read a variety of memoirs. Students have noticed that memoirs include feelings of people, their struggles, where people come from, their interests, they explain who someone is. Throughout this unit, students will be writing pieces about things that are significant to them, which they will later turn into a memoir. To provoke thought for students when writing entries, they have been thinking about the following questions...what matters most to me? What kind of person am I? What is one of the big things I want to say about the whole of my life?

## Reader's Workshop

In reader's workshop, we have begun a daily word study, in addition to our daily reading groups. The purpose of our daily word study is for your child to read words and sort them into categories by looking at the pattern within the word. For example, **short a** versus **long a**. Students would sort mad, fast, grass in the **short a** category, and make, face and name would go in the **long a** category. Understanding patterns within different words will help us all become better spellers when writing and better decoders when reading.

## Social Studies

In social studies, students have begun learning about the Fur Trade. They are researching about the influence of the fur trade on the historical development of Canada, the Hudson's Bay Company and North West Company. Later we will learn about the rise of the Métis Nation.

## Science

In science, we completed our unit on Maintaining a Healthy Body by doing a demonstration of how the digestive system breaks down food. We used our hands to break down the food (like teeth) and then mixed that food with water (saliva). We tossed that food into a blender (our stomach) with some orange juice (stomach acid) to break down the food more. The food from our stomach then goes through the small and large intestine (nylons) where the nutrients are then absorbed in our bloodstream and sent to all different human body systems. It was so fun! Our next science unit will be on Forces and Simple Machines.



Looking for some good news stories  
about learning at  
Lord Selkirk School?  
Check us out at @LordSelkirkWSD

# ♥ Classroom News ♥

Room 25

GRADE 5

Mr. Frank



January flew by! What a great month of learning for Room 25.

In Readers and Writers Workshops we are shifting gears to fiction, primarily realistic fiction! Our mentor text is, "Holes" by Louis Sachar. Students are showing their deep thinking by discussing the author's choices, and implementing similar choices in their writing!

In Math students completed the unit on perimeter and area, and we will be exploring fractions next. One of our math problems regarding area and perimeter had students using their problem solving skills to find the area and perimeter of a mystery shape. It was a hands on challenge that all students were able to find success in.

Way to go!

Keep up all your hard work Room 25!

Room 27

GRADE 6

Mr. Rodrigues

January has been a great month it was nice to get back into a routine and we have been enjoying this warmer then usually January weather.

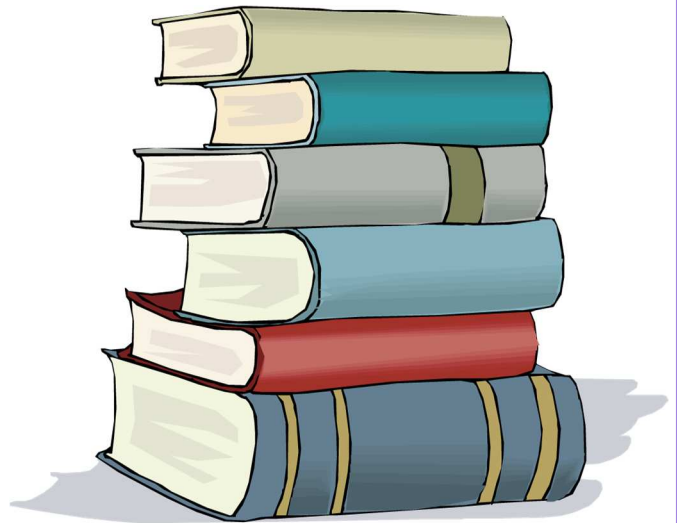
This month we started up our dystopian book club unit where students are working with partners or small groups and have selected a novel to read. We are exploring all different aspects of dystopian stories and student are having a blast reading and sharing their thinking with the class.

In math we have continued to work on area and perimeter and have been focusing on finding area and perimeter of irregular shapes. We have started looking at adding and subtracting fractions and will continue in February with simplifying fractions as well as the correlation between fractions, percent's and decimals.

In Social Studies we have looked at Canada's involvement in World War 1 and have begun looking at global agencies and their roles including the United Nations, NATO, and The G20. In February we will be doing research surrounding Black History Month and researching some prominent individuals who have had an impact on Canadian and American History.

In Science we have been looking at how species have adapted to their environments over time and biodiversity. We have looked at microscopic organisms and will be looking at plant classification in the coming month.

Wishing everyone a great month.





# ♥ Classroom News ♥

Room 30

GRADE 6

Ms. Ladouceur

Hello Families!

The students of room 30 have been working hard this month! We did a one week essay writing boot camp. Students wrote down their opinion, supported their opinion by reasons and evidence, and transformed it into an essay. This was a helpful process to set the stage for writing argument essays. Students have selected an area of interest for reading workshop. They will use a text-set or a list containing articles, books, and videos to gather information on each side of a debate. In writing workshop, students are exploring the topic of video games, and whether or not, they are harmful, helpful, or both. We have had some great conversations around a Ted Talk we watched as well as several articles we read about the pros and cons of video games.

In math, we have been representing, comparing, and creating fractions using manipulatives. Students are making connections of how fractions, decimals and percent's are related. One fun activity we did in class was figuring out fraction codes. For example, if you take the first half of here, the second half of well, and the first quarter of a oboe, you get hello! Ask you child about the fraction code they came up with.

For Roots and Shoots, we are in the process of planning the action that needs to take place for our art show, and the ways that we can support K9 Advocates. We will be writing a letter to include in the April Newsletter asking for donations of cat and dog food, old towels and kennels.

Thank you for your support in your child's learning.



# ♥ Classroom News ♥

## The Arts with Ms. C.D.

The Arts has been filled with the sound of MUSIC! Primary students have been practicing pitch through the Solfege Hand Signals and singing. We are learning many songs and practicing reading the music notation symbols for Quarter Note (Ta) and pair of Eighth Notes (Ti Ti).

Grade 5 and 6 students have presented their Music Genre Presentations. After first learning of the impact of music and the popular genres from 1920 – 1990, students are now teaching one another and me about their favourite music genres from the years 2000-2023. You can see their posters on their Seesaw accounts.

Grade 3 and 4 students have been reviewing how to read music notation and are preparing for the Steel Pans which were set up in The Arts room on Monday, January 23<sup>rd</sup>. Rooms 33, 34, 35, 40, 36, 25, 30 and 27 will be playing the Steel Pans and Rooms 4, 8, 15 and 7 will be learning how to play Xylophones, Rhythm Sticks and Boom Wackers.

If you have any questions feel free to email me at [cdowsett@wsd1.org](mailto:cdowsett@wsd1.org)



## Phys. Ed with Mr. Gurniak

### We're Playing Basketball!

The new year has gotten off to a fast start in the gym with both primary and intermediate students learning about basketball. Primary students have focused on developing fundamental dribbling and shooting techniques in order to maintain control of the basketball. Intermediate students have gone deeper by practicing shooting technique but also learning and developing different dribbling and passing types such as cross overs, the chest pass and bounce pass.

As we move into February, students will be participating in new and exciting Physical Education activities. Students have already started learning and practicing skipping in preparation for Jump Rope for Heart later in February. We will also be heading outside to try new outdoor activities in order to get ready for Winter Fun Day!

Students in grades 4-6 will also have the opportunity to participate in Learn to Skate Club, please see Mr. Gurniak for a permission form if interested.

Stay warm and see you in February!





# ♥ Resource News ♥

Hello everyone!

Mr. Kozarchuk and Ms. Atkinson are excited to remind you that February is **I love to Read Month**! Stay tuned for some upcoming **I Love to Read** events in February, brought to you by the Lord Selkirk School ILTR Committee.

Below, Mr. Kozarchuk and Ms. Atkinson have listed some websites that offer free online children's books to help foster a love of reading!

Many classrooms at our school use <https://www.getepic.com/>

Please see <https://childslife.ca/kids-lit-online-free-childrens-stories-and-books/> for more information about the following websites:

Visit [Scholastic.ca](https://www.scholastic.ca) to access their free digital resources for kids

Visit Storyline Online at [storylineonline.net](https://storylineonline.net)

Follow Christina, an astronaut who reads stories on her Instagram page at: [@Astro Christina](https://www.instagram.com/Astro_Christina)

Find your favourite stories at [robertmunsch.com](https://robertmunsch.com)

Tumblebooks: Access the full library: [tbcjr.com](https://tbcjr.com)

[hooplakidz.com/](https://hooplakidz.com/)

[magickeys.com](https://magickeys.com)

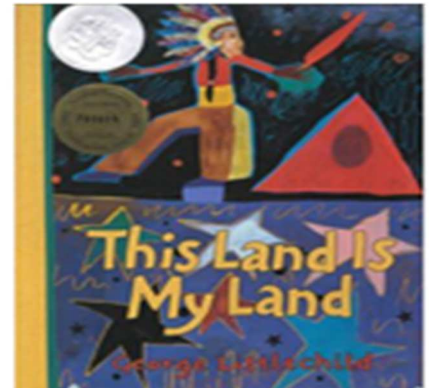
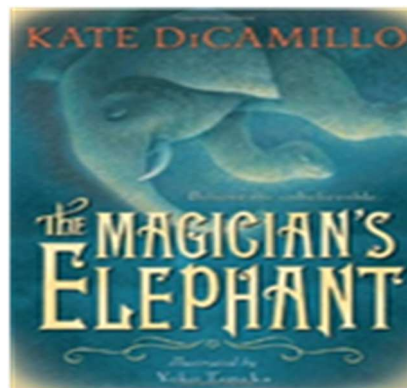
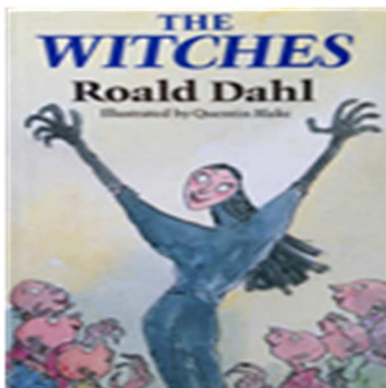
[vooks.com](https://vooks.com)

[Good Night with Dolly](https://www.goodnightwithdolly.com)

[www.freechildrenstories.com](https://www.freechildrenstories.com)

Do you have a favourite book or author? Mr. Kozarchuk and Ms. Atkinson do! Check out <https://www.roalddahl.com/>, <https://www.katedicamillo.com/> and <https://georgelittlechild.com/books/> to see some of our favourites that we love to read!

Happy Reading!!!





# ♥ Student Leadership ♥

Thank you to the student leaders for your dedication and commitment to the Lord Selkirk School community. We were happy to celebrate you all at our lunch celebration on Friday, January 27<sup>th</sup>!

Congratulations to the Grade 4-6 Student Leaders for the month of January

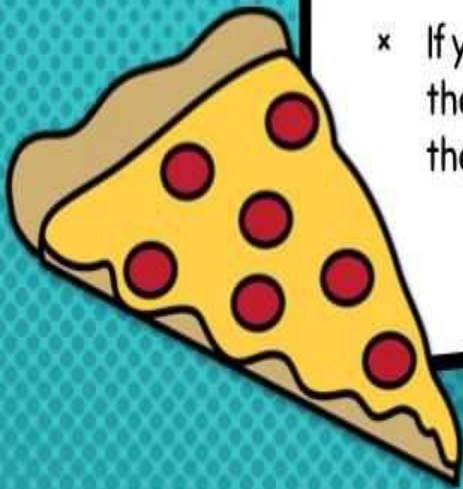
**Library Helper: Baraat Misah**  
**Announcement Helper: Kayla Bouboire**  
**Rec Leader: Rowan Woodley**  
**Office Helper: Navaeh Irving Strong**  
**Patrol: Noah Montoya**  
**EAT: Seyi Shittu**  
**Conflict Manager: Danica Hartman-Pessagno**

Student Council will be hosting a Valentine's Cake Pop sale the week of February 13<sup>th</sup> to 17<sup>th</sup>. Cake Pops will be \$1 each and money raised will be going towards our whole school events like Winter Fun Day and Water Fun Day! A note outlining the details of the sale will be posted on Seesaw in early February.



## ***PIZZA LUNCH THURSDAY FEBRUARY 16!***

- × Order forms will be sent home on Thursday Feb 2
- × Pizza Lunch is for Grade 1 to 6 students only.
- × Pizza lunches are a fundraiser. All funds raised will support sending our Grade 6 students to Spring camp.
- × If your child places an order but is absent on the day we will save pizza in the fridge until the child returns to school.



### **Pizza Lunch Prices**

<b>Cheese Pizza Slice</b>	<b>\$2.50</b>
<b>Pepperoni Slice</b>	<b>\$2.50</b>
<b>Drink</b>	<b>\$1.00</b>
<b>Treat</b>	<b>\$1.00</b>





With Ms. Almeida

This month during my Guidance time in the classrooms, I will be teaching the students how to deal with conflict and manage big emotions. Children often find Conflict difficult to navigate, because it brings up big emotions that they may not have the tools to manage. It is important for children to learn how to solve minor conflicts with peers on their own, and for them to understand when it is time to involve an adult for support.

### How can parents help?

When your child is experiencing conflict with another child, and feeling big emotions, it is important to encourage resolving conflicts in a calm and peaceful way. Here's how you can help.

- Help them identify the emotion they are experiencing. Are they angry? Frustrated? Hurt? Embarrassed?
- Once you have identified the emotion, help them use a strategy to calm their body down (deep breathing, counting backwards from 10, grounding).
- Once your child is calm, figure out what caused the problem. They may need help understanding why they are upset.
- Brainstorm solutions- how can your child solve the problem?
- Practice effective communication-
  - Using "I" statements to name feelings. "I felt sad when you took the ball from me. Next time I would like you to ask first."
  - Writing out talking points. Thinking through what to say ahead of time, can help kids get their points across effectively.
  - Role-playing the conversation with an adult. Having a safe space to practice tricky conversations can be a huge help.

### Simple Solutions to conflicts:





# 5 TIPS FOR LEARNING CONFLICT RESOLUTION

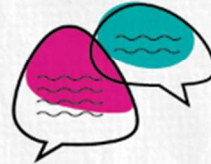


## 1 MANAGE EMOTIONS

Kids (and adults!) have every right to feel strong emotions, but it's important to have strategies for remaining calm, like taking a deep breath or stopping and counting to ten.

1

2



## TALK & LISTEN

Work together to develop a phrase to start the resolution process, such as, "Let's talk about this and find a way to work together." This will help your kids learn to say how they feel and what they wish would happen.

Being a good listener is also important; it gives each member of the conflict the time and space to express how they feel.

3

## PROBLEM SOLVE TOGETHER

Help your kids navigate the process of brainstorming potential solutions together, the goal being to find a solution that's fair for everyone.



4

## ACT IT OUT

Before a conflict happens, role play scenarios that might happen on the playground or at a play date to help your kids feel confident about using their resolution strategies.

5

## ENCOURAGE FAIRNESS

Talk regularly about the benefits of being kind, being fair, and sharing with others, and catch your kids doing the right thing as often as you can, rewarding their positive examples with lots of encouragement!



# **Lord Selkirk's Pink Day Celebration**

**Wednesday, February 22<sup>nd</sup>, 2023**

**Show your support by wearing any article of pink to school.**



**Pink Day is a day when people wear pink to symbolize a stand against bullying, an idea that originated in Canada. This day is celebrated all over the world.**

# ♥ Family Room Events ♥

**The Family Room is a place for parents to meet other parents and develop friendships. Young children are welcome and encourage to engage with each other in a safe play environment. The Family Room offers a variety of resources for parents of Lord Selkirk School.**

**Coffee is available every morning.**

**Feb 2, 7, 21 & 28 - Coffee and Conversation**

**Feb 1<sup>st</sup> Book Club Meeting (BOOK CLUB EVERY MONDAY 9:30-11:00)**

- If you are interested in participating please join us this day to participate in the book selection. If you are unable to make it on this day but would still like to participate please contact me at [majacobson@wsd1.org](mailto:majacobson@wsd1.org).

**Feb 3<sup>rd</sup> NO SCHOOL**

**Feb 6<sup>th</sup> Family Room Closed (p.m. only)**

**Feb 13<sup>th</sup> Valentine's Day Nutrition Bingo 1:10-3:20 p.m.**

**Feb 14<sup>th</sup> Valentine's Day Crafts 9:30 a.m.**

**Feb 20<sup>th</sup> NO SCHOOL**

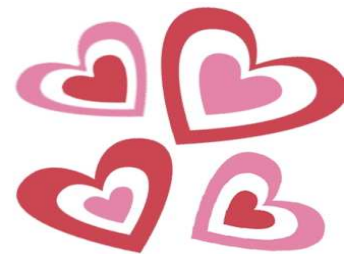
**Feb 22<sup>nd</sup> Parent Meditation Practices 9:30 a.m.**

**Feb 28<sup>th</sup> Parent Meditation Practices 9:30 a.m.**

**Walking Fridays 10:00 -11:00 a.m. outdoors or on cold days meet at Kildonan Place Mall**

**Kind regards,**

**Ms. Jacobson**





ANFRC & SBLCC

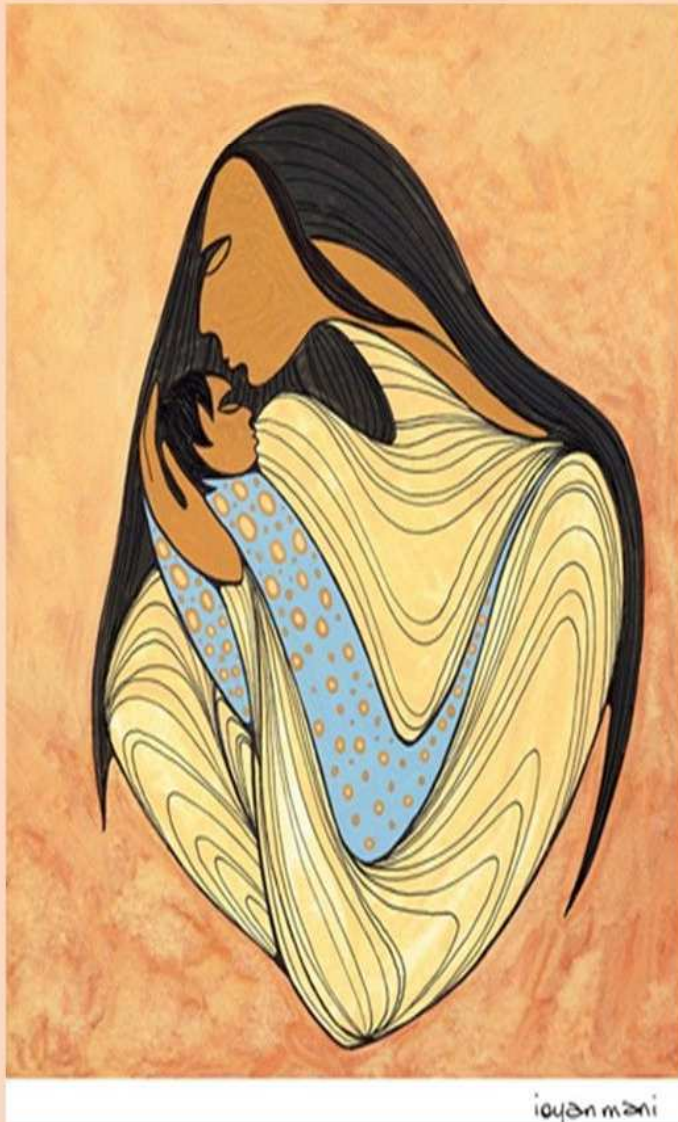
## TRADITIONAL PARENTING PROGRAM



**Traditional Parenting focuses on well established parenting methods and ceremonies utilized by Indigenous people for centuries.**

**Learn about:**

- ♦ **Importance of Bonding, Moss Bag & Swing.**
- ♦ **How our Ancestors raised their Children.**



**When:**

**Thursday**

**February 2/9/16/23 /Mar 2, 2023**

**TIME:**

**1:15 - 3:15**

**PLACE:**

**David Livingstone Community  
School Parent Room (Rm.23)**

**270 Flora Avenue**

**Please call Julie to register**

**204-586-8346/204-471-7385**

# ♥ Parent Council ♥

Hello LSK family and friends. We had a very informative Parent Advisory Council (PAC) meeting on January 25 at 1:30 p.m. in Room 17 the Family room. We welcomed two new parents that joined us for the meeting and are looking forward to seeing more participants come to the meetings.

Our next meeting will be February 22 at 1:30 p.m. again in the family room. We will be electing a interim Treasurer to join the PAC executive committee. This role includes keeping and recording any expenditures or profits made by the PAC, provide monthly budget statements and work collaboratively with the PAC executive. If you are interested or have any questions email the PAC at [lskparentcouncil@gmail.com](mailto:lskparentcouncil@gmail.com) or Ms. Jacobson at [majacobson@wsd1.org](mailto:majacobson@wsd1.org).

We are excited to announce our next fundraiser to help with the Grade 6 camp and farewell as well to start raising funds for a new audio and visual system for the gymnasium. This will be a great asset to the concerts and events in the gym.

Raffle tickets will be available to purchase for a chance to win...

**1st prize is a pair of Winning Jets tickets**  
**2nd prize is a set of four Manitoba Moose Tickets**  
**3rd prize is Jets and Moose Merchandise**

Small prizes will also be awarded to top sellers from each class. Draw date is February 22 @ 3:15 p.m. Please keep an eye out for order forms for booklets of 10 to be sent home and more info on Seesaw. Also see posters will be around the school. Additional and individual tickets will be available in the Family room.

Our School Board trustee, Tamara Kuly has hopes of joining us for our February PAC meeting with updates from the Central District Advisory Budget Meeting held the Winnipeg School Division. This meeting will take place at Tec Voc High School February 8, 2023 at 7:00 p.m. All are welcome to attend this meeting. Valuable information will be shared and opportunities for parents to provide feedback on the division's proposed budget for the 2023-2024 school year.

We invite all parents and guardians to join our PAC meetings where we discuss fundraising and initiatives that pertain to students' learning and well-being. Your ideas, concerns, and feedback to PAC executive members and school administration matters! There is no obligation to attend further meetings.

**Fun Fact:** Did you know that as a parent or legal guardian of a child that attends Lord Selkirk School automatically makes you a member of the Lord Selkirk School Parent Advisory Council and therefore it also gives you voting rights for PAC initiatives and the delegation of fundraising funds!

If ever you need to reach the PAC Executive team for info or to express any concerns you can email us at: [lskparentcouncil@gmail.com](mailto:lskparentcouncil@gmail.com).



22  
Feb

# HOCKEY TICKETS RAFFLE

3:15  
PM

**3 Prizes to be Won**



**1<sup>st</sup> Prize:** Pair of Jets tickets to Winnipeg Jets vs. New York Islanders, February 26, 2023. Section 223, Row 7

*Donated by Playgrounds–R–Us*

**2<sup>nd</sup> Prize:** 4 Tickets to Manitoba Moose vs. Laval Rockets, March 26, 2023. Section 105, Row 11

*Donated by Di-Tech International*

**3<sup>rd</sup> Prize:** Hockey Memorabilia

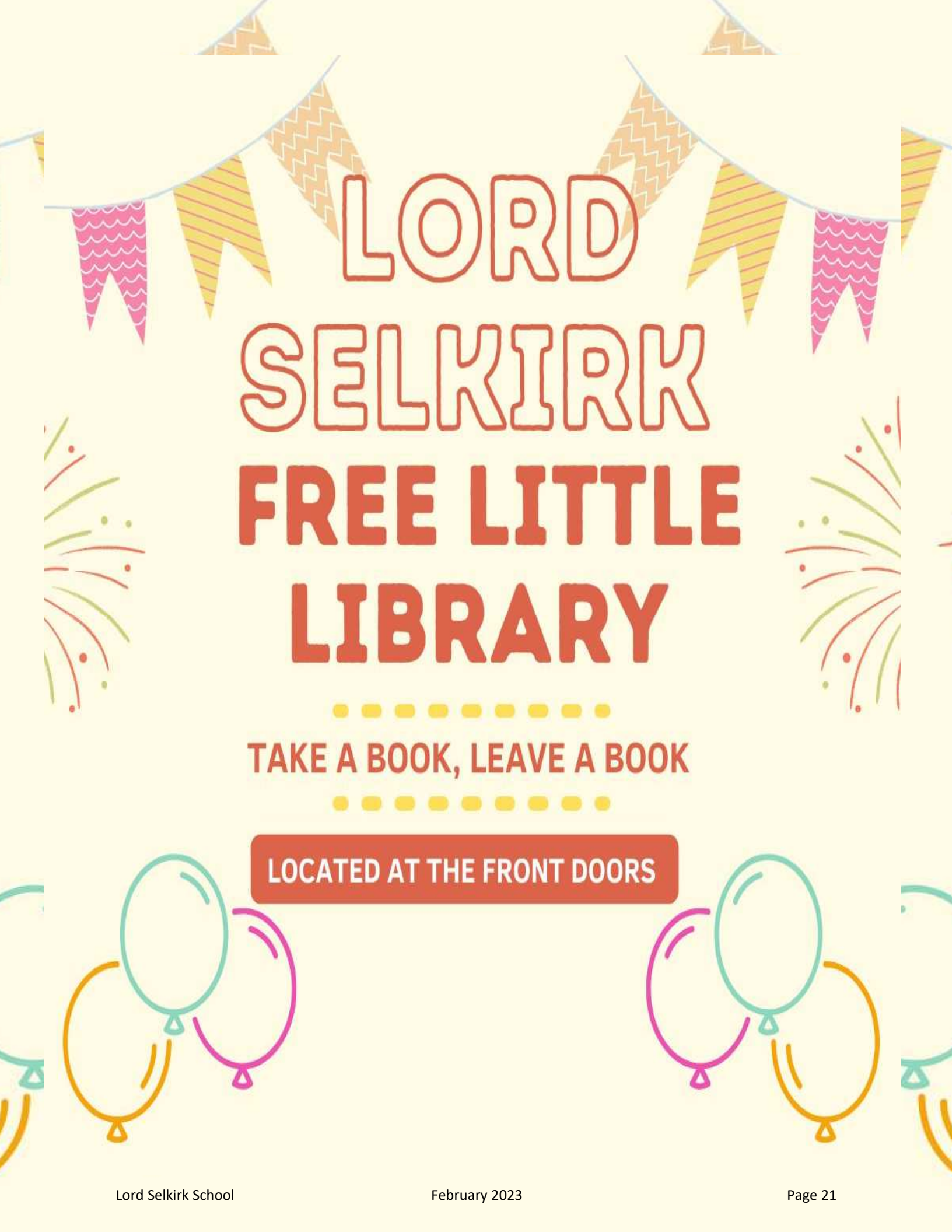
*Donated by Parent Council and various donors*

Proceeds go towards supporting Grade 6 farewell, a new projector and sound system for the gymnasium, as well as other PAC initiatives.

Winners will be contacted by phone. Any unclaimed prizes within 2 days will be redrawn on the 3<sup>rd</sup> day.

LGCA LICENCE #5828-RF-39905





# LORD SELKIRK FREE LITTLE LIBRARY

TAKE A BOOK, LEAVE A BOOK

LOCATED AT THE FRONT DOORS





**WINNIPEG SCHOOL DIVISION**

**2023/2024**

# **DRAFT BUDGET CONSULTATION**

**Central District Advisory – February 8, 7:00 p.m.**  
**Tec Voc High School, 1555 Wall Street**

**South District Advisory – February 9, 7:00 p.m.**  
**Collège Churchill High School, 510 Hay Street**

**North District Advisory – February 14, 7:00 p.m.**  
**Tyndall Park School, 2221 King Edward Street**

**Inner City District Advisory – February 15, 6:30 p.m.**  
**Hugh John MacDonald School, 567 Bannatyne Avenue**

To present to the Board of Trustees on the topic of budgeting for WSD school programs and services for the 2023/2024 year, please pre-register to be added to the special meeting by contacting the Board Office at 204-789-0469 by noon, February 23, 2023.

Feedback can also be submitted via email or post:  
board@wsd1.org  
Winnipeg School Division  
Attn: Board Office  
1577 Wall Street East  
Winnipeg MB R3E 2S5



WINNIPEG SCHOOL DIVISION



# February 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Day 4	<b>2</b> Day 5	<b>3</b> Day 6
		Power Up 3:30—5:00 Skating Club 3:30-5:00	Library Helpers at lunch Free Play 3:30-5:00 Bookworms 3:30 –5:00	No School
<b>6</b> Day 1	<b>7</b> Day 2	<b>8</b> Day 3	<b>9</b> Day 4	<b>10</b> Day 5
Power Up 3:30—5:00	Swimming Counts—Grade 4 	Power Up 3:30—5:00 Skating Club 3:30-5:00	Hold and Secure Practice Free Play 3:30-5:00 Bookworms 3:30 –5:00	Library Helpers at lunch Free Play 3:30-5:00
<b>13</b> Day 6	<b>14</b> Day 1	<b>15</b> Day 2	<b>16</b> Day 3	<b>17</b> Day 4
Power Up 3:30—5:00	Swimming Counts—Grade 4  Valentines Day Parties—PM	Power Up 3:30—5:00 Skating Club 3:30-5:00	School of Contemporary Dance Performance 2:00 p.m. Pizza Lunch Free Play 3:30-5:00 Bookworms 3:30 –5:00 Kids in the Kitchen 3:30-5:00	Free Play 3:30-5:00
<b>20</b>	<b>21</b> Day 5	<b>22</b> Day 6	<b>23</b> Day 1	<b>24</b> Day 2
LOUIS RIEL DAY NO SCHOOL	Swimming Counts—Grade 4 	 Pink Day Assembly at 9:30 Power Up 3:30—5:00 Skating Club 3:30-5:00	MB. Chamber Orchestra - Fiddlers on the Roof 10: a.m. Library Helpers 12:00 Free Play 3:30-5:00 Bookworms 3:30 –5:00 Kids in the Kitchen 3:30-5:00	Winter Fun Day Free Play 3:30-5:00
<b>27</b> Day 3	<b>28</b> Day 4			
Power Up 3:30—5:00				