

# ÉCOLE SIR WILLIAM OSLER

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## Year at a Glance Calendar 2022-2023

Activity	Skill Focus	Grades	Dates
Warm Ups & Outdoor Games	Fair Play & Cooperation	K-6	September
Co-op Games & Tag Games	Fair Play & Participation	3-6	September
Tag Games	Space/Body Awareness & Transport Skills	K-2	September
Relays & Fitness Testing	Fitness Management	K-6	September
Badminton	Raquet Skills (Backhand, Forehand & Serving)	3-6	October
Striking	Explore Basic Movement Skills (Striking with Implement)	K-2	October
Volleyball	Demonstrate Functional Movement Skills (Bumping & Volleying)	3-6	October
Throwing & Catching	Explore Basic Manipulation Skills (Underhand, Overhand Throwing & Absorption of Force)	K-2	October
LOG Net & Wall Games	Review of Manipulation Skills & Strategizing/Teamwork	K-6	November
Soccer	Show and Understanding of Fundamental Rules Used in Individual or Team Games	K-6	November
Winter Games	Fair Play & Strategy	K-6	December
Dodgeball	Fair Play & Participation	3-6	December
Tag Games	Transport Skills & Space Awareness	K-2	December
Floor Hockey	Fair Play & Striking	3-6	January
Scooter Floor Hockey	Fair Play & Participation	K-3	January
Fitness	Fitness Management & Predicting Heart Rate	K-6	January

Activity	Skill Focus	Grades	Dates
Ultimate Frisbee	Manipulation Skills	4-6	February
Basketball	Bouncing, Passing & Shooting	K-6	February
Dance & Dance Games	Rhythmic and Movement Skills	K-6	March
Jump Rope	Movement Skills	4-6	March
Soccer & Soccer Baseball	Rules in Team Games & Offensive/Defensive	K-6	April
Rolling	Basic Movement Skills	K-3	April
LOGS	Cooperation and Fun	K-6	May
Kicking, Dodgeball & Tag Games	Fair Play & Participation	K-6	June
Baseball & Backyard Games	Technique & Fair Play	3-6	June