

Principal Sparling School  
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L. Pang - Principal

# PRINCIPAL SPARLING SCHOOL

Est. 1912



## 2022

### October Newsletter 2022

Dear Parents/Guardians,

I hope everyone had the opportunity to reflect with your children about residential schools during “Truth and Reconciliation Day”. This National Day for Truth and Reconciliation is to honour Survivors, their families, and communities. Thank you to all parents/guardians for supporting our community walk this past week on Orange Shirt Day. Classroom discussions continue to support Indigenous learning throughout the year. We are working hard to ensure we move forward in Truth and Reconciliation.

Classrooms continue to provide an opportunity for students to smudge during the day. Smudging is a tradition, common to many First Nations, which involves the burning of one or more medicines gathered from the earth. The four sacred medicines used in First Nations’ ceremonies are tobacco, sage, cedar and sweetgrass. Smudging is always voluntary. It is completely acceptable for a person to indicate that he/she does not want to smudge and that person may choose to stay in the room and refrain or leave the room during the smudge.

Our Parent Council Meeting is on October 3rd, Monday at 6:30 pm. We will be having exciting discussions about fundraising and movie evenings. Childcare will be provided in the gym during this time. Hope to see you there!

Fire Prevention Week is October 9 - 15, 2022. This year's theme is to “Fire won’t wait, plan your escape”. All families are encouraged to review and practice fire safety plans at home on an ongoing basis. Please ensure all fire detectors are working in your home. We have monthly fire drills at the school. As well, we will be practicing our Evacuation Drill October 7th, Friday. We will line up as per our Fire Drill procedures and walk to and from our Evacuation site which is Sargent Park School.

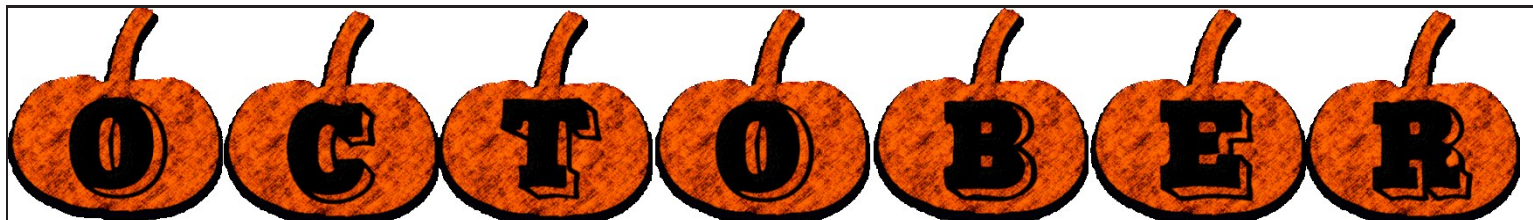
As Halloween approaches, we will be reviewing safety precautions with the children. At the school, children may bring their own treats for classroom celebrations. Any treats passed on to students will need to be individually wrapped and nut free.

Please find time to visit our website to view monthly classroom updates from your child’s teacher.

Kind Regards,

L. Pang

Principal



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						1
2	3 / Day 1 Parent Council Meeting – 6:30 pm	4 / Day 2	5 / Day 3	6 / Day 4 1:00 – 3:00 pm HEP B & HPV 1 <sup>st</sup> Dose	7 / Day 5	8
9	10  NO CLASSES	11 / Day 6	12 / Day 1	13 / Day 2	14 / Day 3	15
16	17 / Day 4	18 / Day 5	19 / Day 6	20 / Day 1	21 / Day 2  PD – NO CLASSES	22
23	24 / Day 3	25 / Day 4	26 / Day 5	27 / Day 6	28 / Day 1 All Star Assembly	29
30	31 / Day 2 Bus Ridership – 9:30 am					

*Looking ahead:*

November 1 – PD Day – No School  
 November 7 – Parent Council Meeting – 6:30 pm  
 November 15 – Report Cards go out  
 November 17 – Parent Teacher Conferences – 4:00 – 8:00 pm  
 November 18 – Parent Teacher Conferences – 9:00 am – 3:30 pm –  
 No Classes for students

# What is Smudging?



Smudging is the burning of a herbal substance such as:



Smudging is said to help cleanse the air around of negativity and helps you see, hear, speak and think good things. Smudging is considered a meditative pause when you need a mental break.