# Daniel McIntyre Collegiate Institute

**Newsletter-December 2022** 





#### **Daniel McIntyre Collegiate Institute**

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## Message from Administration

Here we are in December already! The first 3 months of the school year have truly flown by. Tis the season to celebrate all the great learning opportunities that have taken place so far at DMCI. We are happy to have our DMCI students back to full -time in school learning, and our school community is returning to many of the pre-COVID activities. Students' enthusiasm for the arts, music, dance and sports is back in full force, and therefore so are our programs and teams. This means more connections between members of our school community, working collaboratively within areas of passion, which is both inspiring and exciting to watch un-

fold.

On behalf of the DMCI Family, we would like to take this opportunity to wish everyone a joyous and safe holiday season and extend our best wishes for a healthy and happy New Year. We will see you when school reopens on Thursday, January 5, 2023. We look forward to all of the wonderful learning that will take place at DMCI moving forward.





#### Dates to Remember

- Winter Break: December 22-January 4
- First day back: Thursday January 5, 2023
- Exam Week Semester 1:
  - -January 30-Febrary 2, 2023
- Semester 1 ends-February 2, 2023
- Semester 1 final report cards sent home via School
  Messenger on Friday, February 10, 2023
- Upcoming In-service Days (No Classes):
  - -Friday, February 3, 2023
  - -Friday March 17, 2023
- Spring Break: March 27-31, 2023
- Spring 2023: DMCI Musical



# What's Going on at DMC19

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#### Mondays



Fitness Club Period 3 - Weight Room / Track Mr. Roychuk



Chess Club Period 4 - Room 53 Mr. Raseley



UNO Card Club Period 4 - Room 49 Ms. Ferreira & Ms. Usiskin

#### Tuesdays



fitness Club Period 3 - Weight Room / Track Mr. Roychuk



Chess Club Period 4 - Room 53 Mr. Raseley



Mindfulness Club Period 4 - Room 49 Ms. Ferreira & Ms. Usiskin



Board Game Club After School - Library Ms. Pangan & Mr. Trieu



esPorts Club/Team After School - Room 1 or 39 Mr. Trieu



PhotograPhy Club After School- Room 5 Ms. McGdward



Youth in PhilanthroPy (YiP) After School - Room 42 Ms. Pangan & Ms. Helliar



#### Wednesdays



fitness Club Period 3 - Weight Room / Frack Mr. Roychuk



Penmanship Club Period 3 - Room 55 Mrs. Jones



Chess Club Period 4 - Room 53 Mr. Baseley



uNo Card Club Period 4 - Room 49 Ms. Ferreira & Ms. Usiskin



DMC1 Film Group After School - Room 4 Mr. Cwik



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esPorts Club/Team After school - Room 1 or 39 Mr. Trieu



Green Team After School - Room 47 Ms. Kuncewicz & Ms. Ward

## Thursdays



Fitness Club Period 3 - Weight Room / Track Mr. Roychuk



Chess Club Period 4 - Room 53 Mr. Baseley



DMCI's GSA Club Period 4 - Room 51 Ms Dennis



Anime Club After School – Art Room (Room 30) MS, Yudai



Board Came Club After School - Library Ms. Pangan & Mr. Trieu



esPorts Club/Team After school - Room 1 or 39 Mr. Trieu

#### fridays



Fitness Club Period 3 - Weight Room / Track Mr. Boychuk



Chess Club Period 4 - Room 53 Mr. Baseley



fun french film friday Period 4 - Room 52 Ms.Machado

#### Welcome back, DMCI!

#### **STUDENT COUNCIL WELCOMES BACK DMCI STUDENTS**

A BEAUTIFUL DAY TO SPEND TIME OUTDOORS FOR OUR WELCOME BACK BBQ. DMCI STUDENT COUNCIL AND MANY STAFF MEMBERS WORKED HARD TO PREPARE FOR A WELCOME BACK BBQ WHICH INCLUDED FOODS, DRINKS, AND A LOT OF FUN. STUDENTS PLAYED INTERACTIVE GAMES INCLUDING GIANT JENGA, MUSICAL HULA HOOPS AND MUCH MORE. IT WAS WONDERFUL TO SEE OUR DMCI STUDENT BODY COME TOGETHER FOR SOME FUN IN THE SUNSHINE ON A BEAUTIFUL SEPTEMBER DAY.





THIS OCTOBER, STUDENT COUNCIL HOSTED OUR FIRST IN PERSON PEP RALLY AFTER 3 YEARS! THE TRADITION CONTINUED WITH A PERFORMANCE BY DMCI'S FINEST AND THE INTRODUCTION OF OUR SCHOOL TEAMS AND CLUBS! A PACKED GYM ENJOYED ALL SORTS OF GAMES BETWEEN THE GRADES AND CHEERS AND SINGING ADDED TO THE AMAZING SCHOOL SPIRIT!



## DMCI Learning Experiences

#### **LEARNING**

Students from our grade 12 Medical Professional Program spent Thursday, Nov. 10<sup>th</sup> at the University of Manitoba Bannatyne Campus for the Canadian Medical Hall of Fame Discovery Day in Health Sciences. They took part in workshops designed to give them a better understanding of careers in Health Sciences.





DMCI Law Students were able to attend the MB Law Courts to observe an active trial, watching as two crown witnesses took the stand. They were also able to see the defense cross examination which was fascinating to watch. During a break, both lawyers spoke to the students and gave them the background of the case, as well as what drew them to careers in the justice sector. In the afternoon, students went on a tour of the building, including the Hollywood favourite, courtroom 210 (Capote/Burden of Proof, among others), the Manitoba Court of Appeals and the Great Library.



#### DMCI'S STUDENTS RECEIVE HIGH ACADEMIC ACHIEVEMENT BURSARIES/SCHOLARSHIPS

Over 30 DMCI Maroons were chosen to represent the school at the Schroeder Foundation dinner at the Club Regent Event Centre. This group is just a small representative of our high achieving students. We thank the Schroeder Foundation for their ongoing support to our students in providing them wonderful opportunities such as bursaries and post-secondary scholarships.



#### **DMCI'S ROAD TO TRUTH & RECONCILIATION**

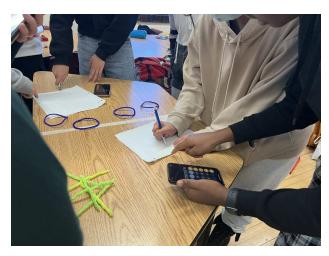
As part of our Academic Success Learning Series, DMCI staff have started exploring pathways to reconciliation in an attempt to honour Indigenous perspectives and incorporate Indigenous values and culturally responsive pedagogy and land-based teachings in our curriculum, school and community.



#### **STEM PROGRAM PARTNERSHIP**

DMCI's 6-week STEM Mentorship Program with Sargent Park School recently concluded. Attendance was nearly perfect, and as parents heard about the program, they contacted DMCI to get their kids involved. In total, there were 16 participants who attended the program after school weekly. Students participated in a variety of STEM focused activities including biology and anatomy of the brain, interactive chemistry labs, exploring solutions, math races and solar panel-powered robots. We had a future engineering student walk the kids through some basic robotic principles including electricity and circuit building. Kids were also treated to pizza on the final day. Overall, the program was a huge success. The AP Research kids enjoyed planning and facilitating the labs and the Sargent kids were sad that it was all coming to an end. After the holidays, we're hoping to do it all again but with General Wolfe!





#### **CELEBRATIONS**

DMCI would like to extend a huge congratulations to teachers Ms. Pangan and Ms. Yudai, and students Lara Lopez and Kaila Namit for being awarded the Queen's Platinum Jubilee Medal for their efforts and contributions to Truth and Reconciliation at DMCI. We are so proud!





#### Safe Arrival

With SafeArrival, you are asked to report your child's absence in advance using any of these 3 convenient methods:

- 1. Using your mobile device, download and install the SchoolMessenger app from the Apple App Store or the Google Play Store (or from the links at https://go.schoolmessenger.ca). The first time you use the app, select Sign Up to create your account. Select Attendance then Report an Absence.
- 2. Use the SafeArrival website, https://go.schoolmessenger.ca. The first time you use the website, select Sign Up to create your account. Select Attendance then Report an Absence.
- 3. Call the toll-free number 1-855-278-4513 to report an absence using the automated phone system.

These options are available 24 hours/day, 7 days a week. Future absences can be reported at any

### Attendance Policy

The Attendance Policy helps students take greater responsibility for a good attendance record. Regular attendance is important for success in school; it is also a desirable quality sought after by prospective employers. Non-attendance for reasons other than school sponsored activities is considered an absence.

Parents or Guardians may visit or call the school at any time to check on their child's attendance. Parents/guardians may contact teachers directly, either by telephone or by email, at any time during the year whenever questions arise about attendance or student performances.

The attendance policy is implemented as follows:

- After 2 absences the teacher will contact the Parent/Guardian by telephone and inform them of the situation.
- Once a student accumulates 5 absences in a course, the parent is contacted by letter from the principal.
- An additional letter is sent home when a student accumulates 10 absences in a course. The letter states that the student will not be receiving credit for courses in which they have 10 absences.
   The student may then contact the principal directly should there be exceptional circumstances which would allow the decision to be reconsidered.

#### Mental Health Resources

We continue to prioritize and promote mental health literacy among our students, staff, and community. We know how important it is to facilitate awareness and recognize the importance of positive mental health in our school communities. The holiday season can be very challenging for many, so please do not hesitate to reach out for support to any of the following:

<u>Stress Hacks</u> - Stress over a long period of time can impact your mental and physical health. It's time to pause, connect, reset. Stress Hacks has information to explain stress and help you to manage it!

<u>Teen Clinics</u> - Teen Clinics offer free and confidential health/medical services and are only for youth. At a Teen Clinic you can speak to a health care provider about any health issue that is important to you. Teen Clinics are located in schools or community health centres throughout Manitoba.

<u>Kids Help Phone</u> - Canada's only national 24-hour, bilingual and anonymous phone counselling, web counselling and referral service for children and youth.

<u>Macdonald Youth Services</u> - Youth Crisis Services – Resource Centre & Emergency Shelter, Crisis Stabilization Services

<u>honouringlife.ca</u> – Youth suicide information and resources

reasontolive.ca – Suicide information and support

teentalk.ca - Youth health education program

<u>teenmentalhealth.org</u> – Mental health information for youth, their caregivers, friends and loved ones

<u>au.reachout.com</u> – Mental and sexual health information and articles for youth

Anxiety Strategies for Children and Adolescents presentation – Dr. Michelle Warren

<u>Anxiety Management presentation - Dr. Kerri Tomy</u>

How Digital Media May Be Affecting Students by Dr. Simon Trepel

Anxiety Resource and Support Guide

