





@CarpathiaSchool



November Events

<u>November 1:</u> PD DAY—No Classes <u>November 10:</u> Remembrance Day Service 11am in gym <u>November 11:</u> Remembrance Day—No School <u>November 15:</u> Report Cards go home <u>November 16:</u> Photo Retakes <u>November 17:</u> Parent Teacher—NK No Classes <u>November 18:</u> Parent Teacher—No Classes <u>November 22:</u> WISE Winnipeg <u>November 24th</u>: NK Parent Forest Friends group (register) <u>November 29 –December 1:</u> Hearing Screening

December Events

December 15: Holiday Concert December 21: Last Day of School December 22—January 4: WINTER BREAK

HTTPS://WWW.WINNIPEGSD.CA/CARPATHIA





Parents are invited to our Remembrance Day Ceremony in the gym on November 10th at 11am.



Principal's Message

Dear Families.

Our two months of outdoor gym are coming to an end! We had our small grand opening assembly to see the gym floor on October 25th. The gym was finished just in time for the election on Oct 26th. If you voted and your spot is Carpathia School you may have seen the new floor and ceiling. The gym will then be turned into a haunted gym for Halloween on October 31st. Regular classes will start in the gym on November 2nd.

The school renovations are coming along. In the next few weeks our Nursery Kindergarten class will be temporarily moving to Room 127. Ms Zonneveld will let those families know when the move occurs.

Coming up this month we have a PD day on November 1st so there will not be classes for students.

Parents are welcome to our Remembrance Day Ceremony on Nov 10th at 11am in the gym.

November 15th report cards go home and Nov 17th/18 are parent teacher interviews. The Nursery Kindergartens also do no have classes all day on Nov 17th.

We have some special guests coming from WISE Winnipeg (Women in Science and Engineering) to share some fun hands on Science lessons with our students on Nov 22nd.

There is a special invite for Nursery/Kindergarten parents/guardians and NK students to an exciting new program called *Forest Friends* starting on November 24th, further in the newsletter.

Choir has started and is on Day 1 & 4 at 11:30 for interested students in Grades 4-6. Notes will be going home soon to start up intramurals now that we have a gym!

We would like to say good-bye to our term Head Clerk, Clarissa Tibay, who will be moving to another school. We will miss her and welcome our new Head Clerk, Trista

Hosein. Welcome Ms Hosein! We will appreciate your Ms. S. Christicule patience as Ms Hosein gets to know her way around our school and gets to know our families!

Attendance Policy

Please keep us update when your child is away. Please see our attendance policy for more information, but the contact the classroom teacher if your child is away for more than a day or if any concerns. You may receive a letter home after three absences, a warning if missing more than that, and if absences become high we may be required to involve the Truancy Officer, Doug Yuel or Child and Family Services. You can report absences online or via toll free number below instead of calling the office. The information is below. When your child is away, you will receive an automated phone call from School Messenger.

SAFE ARRIVAL

To report an absence **before 9:00 AM** of the current day:

Call: 1-855-278-4513 or Download: Safe Arrival app or Visit: http://wsd.schoolconnects.com

Safe Arrival is available 24 hours a day, 7 days a week.

- We are using the email addresses and phone numbers that you provided on your child's verification form in October.
- If you need to update the email address or update your phone number please email <u>carpa-</u> <u>thia@wsd1.org</u> or phone the school with your child's name, room number and information you wish to change.

Please see our school website for more information

SCHOOL MESSENGER

School Messenger is part of the Safe Arrival automated calling system, but it is different in a way because instead of calling when your child(ren) is absent from school it calls/emails/texts/sends you push notifications of broadcast messages that the school has generated.

Notifications are sent out by phone to everyone, by email to those parents who have email addresses on file with us and via the Safe Arrival app (if you have it downloaded.) Please note that when the system calls you, on call display the school's phone number shows up as the number that called you.

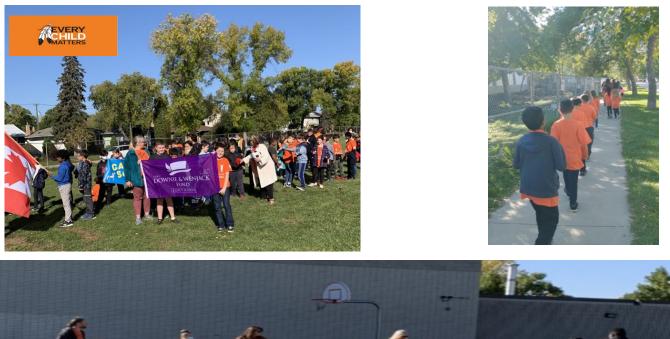
We plan to be using this more during the school year for things such as reminders for no school days, special events that are happening, etc.

To ensure you are getting these notifications, please make sure you have given the school updated contact information including phone number and email address(es).

For more instructions on how to download the app to your apple or android device please see the website: www.winnipegsd.ca/Parents/safe-arrival/Pages/default.asp



Downie-Wenjack Memorial Walk





Orange Shirt Day for Truth and Reconciliation: On September 29th we had a Truth and Reconciliation Walk to honor those in Residential Schools. Students in Grades 1-3 received a free Orange shirt to honor the people who have passed. The whole school participated in a walk and learned about Residential Schools.

Downie-Wenjack Memorial Walk: In addition, on October 19th all the students at Carpathia School participated in a Memorial Walk for the Downie-Wenjack Fund.

You may be asking who is Wenjack or Downie? Gord Downie was a lead singer of the Tragically Hip, a Canadian Band. He heard the story about the late Chanie Wenjack and wanted to do something about it. Both Downie and Wenjack have passed away, but their legacy continues.

Chanie Wenjack was in an Anishinabe boy sent to a residential school in 1963 far from his home in Ogoki, when he was 9 years old. The resedentials school was in Kenora, Ontario and was 600km from his home. At 12 he ran away, attempting to walk the 600km to Ogoki where he lived. On October 22nd 1966, his body was found near a railway track. He died from dehydration and exposure. So we don't forget Chanie's story, we walk and share his story with others.

The Gord Downie & Chanie Wenjack Fund is part of Gord Downie's legacy and embodies his commitment, and that of his family, to improving lives of First Peoples in Canada. In collaboration with the Wenjack Family, the goal of the Fund is to continue the conversation that began with Chanie Wenjack's residential school story, and to aid our collective reconciliation journey through a combination of awareness, education, and action.

If you want to known more about Wenjack or Legacy School, please go to the website. <u>https://downiewenjack.ca/our-story/</u>

Article by Yonatan Estifanose, Grade 5/6 Mr. Kirkpatrick's Class

Covid –19 Protocols for the School Year

Masks will be optional for students and staff and we will continue to be vigilant. Please do not send your children to school when ill.

The Manitoba Government has shared the following message for families: <u>https://www.edu.gov.mb.ca/docs/</u> <u>back_to_school.pdf</u>

It is expected that COVID-19 will continue to be an ongoing presence in Manitoba communities as everyone returns to school this fall. Thankfully, widespread vaccination, testing and treatment op-tions, and continued vigilance and planning mean the threat of COVID-19 is considerably reduced compared to when schools closed in 2020. Students and staff within the school community are asked to continue to practise the public health fundamentals as we continue to live with COVID-19. These include monitoring daily for signs and symptoms of COVID-19 staying home when sick , getting vaccinated and boosted as soon as eligible assessing one's risk and acting accordingly, respecting individual choice regarding mask use.

Schools will continue to follow public health advice and enhance infection prevention practices such as improving ventilation, encouraging frequent hand washing with easy access to hand hygiene products, and implementing routine cleaning and disinfection protocols with a focus on high-touch surfaces and common areas including washrooms. As strategies have been developed to protect people and as everyone has learned to live with COVID -19, schools will no longer be asked to issue community notification letters at this time.

In the event there is concern about an outbreak, schools can contact local public health officials to obtain additional guidance. For the 2022/23 school year, COVID-19 vaccinations will be available at sites that currently offer the vaccine to children, such as doctors' offices, regional offices/clinics, and pharmacies.

To find a nearby location that provides vaccines, please visit the government website at www.gov.mb.ca/covid19/ vaccine/finder.html. To ensure preparedness, schools need to continue to plan for different scenarios, including if public health measures need to be re-implemented. The de-partment will continue to collaborate with school divisions, funded independent schools, educational partners, public health officials, and emergency planning agencies on long-term preparedness and response planning for any potential disruptions to schools to ensure the continuation of student learning.

PEANUT ALLERGIES



This is a reminder that students are not to bring peanut or tree nut products to school for snacks or lunch program, including those that contain messages indicating that there may be trace nuts in the product or Nutella. Although we understand that some students love peanut butter sandwiches, certain granola bars, or treats to celebrate special days, we have students and staff with life-threatening peanut and tree nut allergies whose little bodies cannot tolerate exposure to these products. We ask that you respect that we are a nut-free facility. If you are still wanting the peanut butter taste, please substitute the above products with Wow Butter (which is not made from any kind of nuts) or sunflower seed butter. Thank you for your cooperation.

Breakfast & Snack Program - the Breakfast Program is sponsored in part this year by the *Breakfast Club of Canada*. Ms Chambers is our Breakfast & Nutrition Coordinator. All these generous donations enable our children to have a healthy start to their morning, and snacks throughout the day when needed. <u>Stu-</u>



<u>dents can come inside the canteen doors for breakfast at 8:40.</u> We also have a snack program where ALL students will receive healthy snacks once to twice a week using this grant.

We will have food for those who need it. Please let your child's teacher know or leave a message with our secretary if your child needs to access breakfast daily.

School Wide Evacuation Practice, Lockdown & Hold and Secure Practice

Each year we practice elements of our school safety plan. In addition to monthly fire drills, we also rehearse our Lockdown and Hold and Secure procedures and Evacuation Practice. We are practiced different elements of these on Oct 20th in the afternoon.

A **Lockdown** is a critical incident response that secures students and staff to prevent access or harm to the occupants of the incident locations. This may also involve quickly moving students and staff from unsecured locations to secure locations. This drill is practiced 3 times annually.

A **Hold and Secure** is used when it is desirable to secure the school due to an emergency situation occurring outside in the community and is not related to the school. In this situation, all exterior doors are locked and monitored. Classes and movement within the building will continue to function normally. This drill is practiced 3 times a year.

Please use the information herein to discuss this drill with your children should they have any questions or concerns about the drill .

On Thursday October 20th we walked to Wentworth United Church, 1750 Grosvenor Avenue to have an **Evacuation Practice.** This walk is 600 meters from the school and is the location we go to in the event of an emergency when we are required to evacuate the school. Patrols and crossing guards will assist with the crossing.

Feel free to contact the school with any questions or concerns you may have.

Walking School Bus

The Walking School Bus is up and running thanks to support from the Winnipeg Foundation. We will still run in the rain but not at –25 or below. If you would like your child to sign up, spots are limited, but please contact our Guidance Counsellor, Ann Marie Bell at <u>anbell@wsd1.org</u>



OTHER INFORMATION...



Cold Weather - with the onset of cold weather, it is our philosophy to encourage students to participate in all activities, including outdoor recess, outdoor play and phys ed. Please send your child dressed for outdoor weather. Windows also will remain open in classes to encourage air circulation as recommended by the Provincial Pandemic

regulations so children should have warm sweaters in their backpack. Recess will be held indoors at -28C or colder.

STUDENT PHONE USE:

Students using the phone in the office is permitted for emergencies only and not to ask to go play at a friends house. We always encourage students to make after-school arrangements ahead of time, either before they come to school in the morning or the night before. We do not allow phone use for students to call home and ask their parents if they can hang out with their friends after school or if they need to ask something of a non-urgent matter. If phone use becomes an issue with your child, they will not be permitted to use the phone and office staff will have to call home for them instead in the case of a real emergency.

Adult Crossing Guards are posted at:



- Kenaston (Route 90) & Lockston
- Adult Crossing guards are on duty at these intersections in the morning, lunch hour and after school. Ms Dee Mitchell and Mr. Omar Velasquez are Carpathia Crossing Guards.
- They will be there on post from 8:25-9:05, 12:00-12:10, 12:35-1:05, 3:30-3:45.

<u>Patrols Corner</u> - Ms Bell our Guidance Counsellor is the adult in charge of patrols. Our Grade five and six student patrols will provide assistance to students crossing the street beside the school on Carpathia, Lockston and Lockwood in addition to an alleyway.

Patrols will be on duty every morning, lunch hour and after school at the following times:

- ◆ 8:45 A.M. 9:00 A.M.
 - 12:00 P.M. 12:05P.M.
- ♦ 12:45 P.M. 1:00 P.M.
- 3:30 PM- 3:40 P.M.

Notes will be going home in the next few weeks to recruit for patrols in Grades 5 & 6.

We are asking that students stay 2 meters from the patrols for social distancing.

For more information please speak to our Guidance Counsellor, Ms. Ann-Marie Bell. <u>Anbell@wsd1.org</u>

Student Registration

We are still accepting registrations for all grades for the 2022-2023 school year!

If you would like to register your child(ren) for September, please see the Head secretary the school office to pick up a registration package.

Children born in 2018 are eligible to start Nursery. Children born in 2017 are eligible for Kindergarten.

Children born in 2016 are eligible for Grade 1.
Children born in 2015 are eligible for Grade 2.
Children born in 2014 are eligible for Grade 3.
Children born in 2013 are eligible for Grade 4.
Children born in 2012 are eligible for Grade 5.
Children born in 2011 are eligible for Grade 6.

Morning N/K classes are from 9:00-11:30am and afternoon classes are from 1:00-3:30pm.

We do not offer full day nursery or kindergarten programs at this time.



Proof of address is required for all registrations.

When registering your child, please make an appointment and please bring your <u>Manitoba Health</u> <u>Card, your child's Birth Certificate</u> <u>and proof of address</u> (either a copy of your rental agreement, tax assessment statement, title or mortgage confirmation or child tax benefit statement are the acceptable documents

If you have any questions or to make an appointment, please call the School Office at 204-488-4514.

We look forward to meeting you!



We have continued having Phys. Ed. classes outside this past month as they are finishing up the work on the Gym. We will be saying goodbye to the chilly mornings though as we will be back inside the gym in November. A reminder to the grade 4-6 students to start bringing a change of clothes for Phys. Ed. Shorts or sweats, a t shirt and proper footwear is recommended.

November will also see our first lunch time sports club, Volleyball, begin for our grade 5-6 students (more information will be sent home with students who are interested).

Remember as always to set aside a little time each day to do something active.

Mr. Dodd



There will be an in-person Remembrance Day Service on November 10th at 11 am.

The grade 4-6 (optional) choir has started and it has been so fun to work with eager singers towards performing at the Remembrance Day Service. They look forward to sharing their song. I will also put it up on Seesaw after the assembly.

In Music Class students have been singing, singing, singing, increasing their speed and complexity in rhythms, recognizing and using dynamics, and have begun playing borduns on the xylophones.

We are now gearing up for the December 15th Winter Concert: Big Dreams

Ms. Hildebrand





100% of your donation goes directly into the community thanks to a grant from the Province of Manitoba that covers administrative and fundraising costs.



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Every 90 seconds, someone accesses a United Way Winnipeg agency or program.

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Every child, family, and neighbourhood deserves the chance to succeed. Your gift helps create opportunities for Winnipeggers from all walks of life to meet their basic needs and reach for their dreams. By giving united, our whole community can shine!

To make your gift, scan the QR code:





If you know someone interested in volunteering in the school, please contact Ms Erin Reimer for information <u>ereimer@wsd1.org.</u>

Volunteers will need criminal record and child abuse checks.

Carpathia Parent Advisory Council

We are looking for parents to join our parent council. If this interests you we will have a meeting **Nov 8 at 6:00 pm** in the school staff room. We will be looking for people to join the executive and vote. If you are interested in PAC please leave your phone or email info with the office and we will pass it onto our PAC.

The PAC is planning a kernel's popcorn fundraiser in the middle of November and notes will be going home about this in early November.

We also had a Dominos Pizza fundraiser Sept 26-October 1st, where if you order pizzas using code FAM1 or FAM 2, the PAC receives \$5 from Dominos. We also had a pizza fundraiser on Oct 27th. All money is going towards classroom field trips.

We would also like to plan some hot lunches for fundraisers during the year. If you are interested in helping or volunteering for the PAC or just certain events, come on by to our meeting on Nov 8 or email Daryl at <u>darylbradley@hotmail.com</u>

Welcome to our Lunch Supervisors:

Susan Chambers, Ewa Globicki, Amanda Chambers and Leslie Campbell. Substitutes are Mr. Bashir, Ms Balms, Ms Tran and Ms Jovellano.

If you are interested in subbing for lunch program, please email Ms. Chambers at

<u>carpathialunch@gmail.com,</u> you will need a Criminal Record & Child Abuse Check form.

Koats for Kids: If your child needs a winter coat or boots, please call and leave a message for Susan Chambers from 11:00-11:30 or 1:00-1:30. She can also be reached by email at <u>schambers@wsd1.org It</u> sometimes takes a while to get the coats, so we try to keep some in stock. If you have any coats or boots in good condition to donate, please contact Ms Chambers.







This Month Ms. Bell is thrilled to present 2 of Carpathia's finest role models as Patrols of the Month! These two patrol captains have worked really hard to train and model outstanding positivity for our new patrols this year. They have been outstanding in their duties, are excellent role models on post and continue to support others on their squads. We are thrilled to announce that we have 26 patrols this year (including 4 who act as Kindergarten helpers on a daily basis! I am thrilled to have them on our Patrol team!

***Please ensure that you are sending patrols to school wearing layers, <u>as the weather is continu-</u> ing to turn cold and the snow is sure to come!



Be well, Ms. Bell



Ms. Bell's Patrol Corner





Great day to you! Ms. Bell is delighted to share a great moment with her Patrol Squad 1, looking good and dressed appropriately for our first snow on Oct. 14th. (With 2 patrol squads, it was a 50/50 chance which squad would be working that week!) Each morning the students receive the opportunity to share a morning breakfast snack, before or after they have completed their morning shift. Then on days below -20'c the patrols will be rewarded for their commitment and hard work on cold days, with hot chocolate! (that is secretly why I think I have so many wonderful patrols... because of the hot chocolate!!! Yummy and delicious)

*****A special shout out** to the following patrols who volunteered to ensure all of Carpathia Students were safe during our <u>Schoolwide evacuation practice on Oct. 20th</u>: **Aguer, Indy, Seth, Xander, Akol, Ana, Jack, Rocco, Isabelle and Alice**... way to go outstanding patrols!

I will be hosting a free pizza lunch for patrols on Nov. 4th, permission slips to go home the week of. I will also be hosting a special breakfast treat on Nov. 24th to reward all of my patrol's commitment, hard work and dedication!

Please continue to support our program ensure patrols are dressed appropriately and continue to inform me if your child is unable to be on duty when it is their assigned time!

Thank-you so much,

Ms. Bell, anbell@wsd1.org 204 488 4514

Hearing Screening: There will be hearing screening on Nov 29, Nov 30 and Dec 1. If your child needs their hearing checked, please contact Ms Reimer at ereimer@wsd1.org Otherwise we have a volunteer check the hearing of students in Nursery/Kindergarten.

Forest Friends

Our Speech Therapist, Ashleen Scott, will be running a parent/guardian early language group twice a month starting in January for Nursery Kindergarten families.

She will be sending an invite out to those families to join her lunch hour Forest Friends Group. The first ses-



sion will be on November 24th and this session she will just be meeting with the parents. Mr Reimer has offered to supervise the children during this meeting. A note will be going home soon to Nursery/ Kindergarten students where parents can sign up for this session.



The next session she will have will be on December 20th and this will be with parents and children together in a room.

Then in January we will have a session with parent/children every two weeks. This program is to develop early years language and speech skills as well as engage families with the school. Some Indigenous forest friends will help teach the children new sounds. Keep your eye out for an invite from Ms Scott coming soon NK class!





Carpthia School has a new logo. Our logo was designed by Mr. Andrew Pollreis from WSD. We now have it featured on our gym floor and plan on ordering some t-shirts with the logo. We still are the Carpathia Colts!

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		SCHOOL CLOSED	2.	3	4 Patrol lunch	5
6	7	8	9	IO	KEMEMBRANCE DAY Left We forget	12
13	14-	REPORT CARD O	Ketake Tot DAY	NURSERY/ KINDERGARTEN NO SCHOOL	IB nt-Teacher nferences	le
2.0	24	2-2- WISE WINNIPEG PRESENTATION	2.3	2-4 Patrol special breakfast Register for Forest Friends NK 11:30-12:30	2.5	2.(
27	28	29 HEARING SCREENING STARTS un- til Dec 1	30 -	Notes	I	