

# Carthia School News 2022

Dear Families,

Thank you to everyone that came to our Parent Teacher conferences. Thank you to all the families that participated in our PAC Popcorn fundraiser. The students had fun selling popcorn and we are eagerly waiting to find out who the top sellers are! The orders are to be delivered to the school on December 12th.

In November, you also received your child's report cards. If you were unable to connect with your child's teacher at the Parent Teacher interviews, please leave a message for them in the office or email them as teachers have been asked to contact every parent.

Our Winter Concert, *Big Dreams*, is in person on Thursday December 15th at 1:30 for a dress rehearsal and 6pm in the gym. Bring your loonies as PAC will be selling tickets for a raffle. Classroom teachers will be sharing information on Seesaw about how the children are to dress for the concert a week prior and some further information in the newsletter.

The last week of school we will have a fundraiser for *United Way* with the students. On Dec 19th students can wear a crazy hat and donate 25 cents to the United Way. On Tuesday Dec 20th it is crazy hair day, bring 50 cents to the United Way. On Wednesday Dec 21, wear your PJ's and bring a loonie to the United Way! On the last week of school before the break, the children are having a holiday breakfast on December 21st at 9:30 am. That day children are welcome to wear their pjs to school! We will have a pancake breakfast and some fun.

A reminder If you need to speak to a teacher or someone, please call the office to leave a message and make an appointment. It is not possible to speak to teachers when they are supervising students without an appointment. We are still limiting visitors inside the school as often surprise visitors can be disruptive to student learning. The teachers are also outside in the morning and after school to meet with families as well.

Some extra curricular clubs have started up. Mr. Dodd has volleyball at lunch hour on Monday and Wednesdays for the Grade 5/6, and on Tuesdays at lunch Mrs. Braun and Mr. Dodd are running a chess club.

As you might be aware, we are still under renovation and this will continue for another year and a half. During this time, we have asked the workers to park further away from the school so that parents can drop off students and staff can park. Regent Construction is doing the renovation. Some of our classrooms might change location in March as they renovate a different side of the building. As always, we will keep you informed!

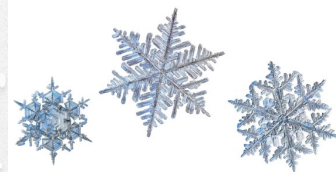
Reminder, that there is supervision outside at 8:45 in the morning. There is breakfast club (free breakfast for students) at 8:40. The school does not offer daycare or babysitting in the morning or after school. Please make your own childcare arrangements if you are late picking up your children at lunch or after school. If you have an emergency, make arrangements with a family member, friend or neighbour and let us know if they are not on the pick up list. If you are interested in daycare, you can call Down to Earth Childcare, at 204-488-1787 to inquire about daycare fees and availability.

Thank you to our patrols, supervised by Ms. Bell, who have done so well supervising out in this cold weather!

If you are not receiving our emails, please call our office to update our correct email address.

Happy Holidays and enjoy the snow! Please stay healthy!

*Ms. Christiuk*



## December 2022

Dec 1st- Hearing Screening  
Dec 15th—Holiday Concert  
Dec 19th—Crazy Hat Day  
Dec 20th—Crazy Hair Day  
Dec 21st—PJ Day  
Dec 21st—Last Day of School & Pancake Breakfast

## Looking Ahead....

## January 2023

Jan 5th— Return to school  
Jan 17th—PAC 6pm  
Jan 20th— No School



Follows us on:

Website: <https://www.winnipegssd.ca/schools/Carpathia>

Twitter: @CarpathiaSchool



Instagram: @CarpathiaSchoolWSD





## PHYSICAL EDUCATION NEWS : DECEMBER

We are very happy to be back in the gym with our brand-new floor and roof. We kicked off the grand re-opening with a haunted gym for Halloween that the students really seemed to enjoy (see photos below). Since then we have been playing low organized games and practicing volleyball and badminton skills. Volleyball club is in full swing with grade 5 and 6 students on Mondays and Wednesdays during the lunch hour. It will run until December 7<sup>th</sup>.

Coming up the week of December 12<sup>th</sup> we will be outside for Phys. Ed. while the gym is being set up for the winter concert. Students should be properly dressed for the weather.

A reminder to the grade 4-6 students to bring a change of clothes for Phys. Ed. Shorts or sweats, a t shirt and proper footwear are recommended.

Remember as always to set aside a little time each day to do something active.

*Mr. Dodd*



## CARPATHIA MUSIC PROGRAM

It's that time of year where we shift from fall to winter and celebrate the first term with a live concert.

Before anything else, I'd like to commend the grade 4, 5, 6 choir with their performance at our Remembrance Day service on November 10<sup>th</sup>. It was their first ever choir performance and they sang so beautifully. They are currently working on a really fun song for the Winter Concert and can't wait to sing for you!

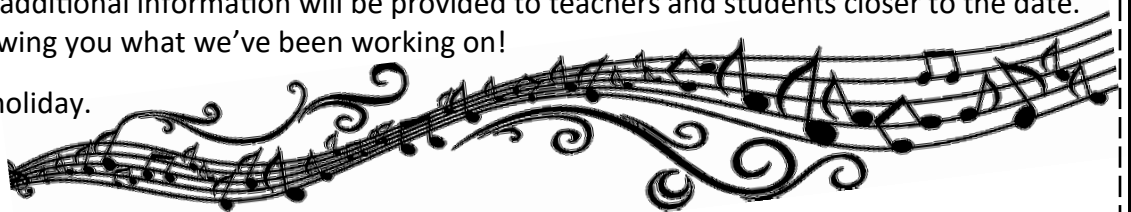
We are now busy preparing for the Winter Concert, "**Big Dreams,**" on December 15<sup>th</sup>.

There will be two performances, a dress rehearsal during school hours at 1:30, and an evening performance at 6 p.m. Families are welcome to attend whichever performance best suits them, but of course we do ask that all students come to both .

Students are asked to dress "their best" for the concert, be it a favourite item of clothing, favourite outfit, or fancy clothes. All students will have a necklace or headband prop to go along with their class song that will be made at school. Any additional information will be provided to teachers and students closer to the date. We look forward to showing you what we've been working on!

Have a safe and happy holiday.

*Mrs. Hildebrand*



# Carpathia Patrol Corner

MS. Bell is pleased to announce  
our **PATROLS of the MONTH!**



## **PATROL Corner FUN!**

Congratulations to our new “Patrols of the Month”!!!

After watching the CAA Patrol Instruction Video, Ms. Bell challenged ALL of her patrols to become outstanding! When these 3 patrols on **Squad #1** were told that they were having difficulty “walking in a straight line” while returning from post, they decided to demonstrate outstanding teamwork and to look “sharp” like the students shown on the video!

These 3 Musketeers took it upon themselves and decided to March like a troop! Their solution helped them to become the “finest patrols walking in a line.” They were amazing role models for other patrols while looking **AMAZINGLY SHARP!**

Ms. Bell is proud and says, “Keep up the **OUTSTANDING** job role modeling!”

Thank-you, have a wonderful day and be well, *Ms. Bell* 😊 (Proud Patrol Supervisor)

Please continue to support our program and inform me if your child is unable to be on duty when it is their assigned time! Thank-you so much, Ms. Bell,  
[anbell@wsd1.org](mailto:anbell@wsd1.org) or phone 204 488 4514.



## Carpathia PAC Lunch Program

The lunch program has been organized by the Parent Council as a support for families working or attending school during the day. The Lunch Program Director is Ms. Susan Chambers. Currently we are full in most grades. If you have any questions about the lunch program, please call the school office between 11:30-12 or 1:00-1:30 to reach her. Our lunch program is non-profit and all fees go towards the salaries of the staff working the lunch program. If you are interested in substituting in lunch program please contact Ms. Chambers. During lunch hour as she is busy supervising students but she will call you or email you back during her office hours or evening if you leave a message.

**Lunch Program** is looking for substitute Lunch Supervisors. If you are interested in the position and can get a Criminal Record Check and Child Abuse Check, we can help! Please contact Susan Chambers @ Carpathialunch@gmail.com



### **Reminder January Lunch fees are due January 5th , 2023!!**

(If on three payment plan for one child, \$120 Jan 5 until March, March 1



### **Healthy Snack Program**

Students will receive a snack prepared by our Nutrition Coordinator, Ms. Chambers on Tuesdays and Thursdays during afternoon recess thanks to a grant from the Breakfast Club of Canada. These are snacks that students can have outside at recess and often is an apple or another fruit.



**Breakfast Program:** If you would like your child to get a breakfast, please let your classroom teacher know or contact Ms. Chambers. Breakfast is at 8:40 at the canteen doors and is free for students. Please do NOT have your child come earlier than 8:40 (patrols can come at 8:30).

### **Parent Council News**

Parent Council had a popcorn fundraiser sale with the money due on Nov 30th. The popcorn is to be delivered on Dec 12th. PAC will also be selling raffle tickets at the Winter Concert on Dec 15th.

We are still looking for members for our Carpathia Parent Council. Our next meeting is on Tuesday December 13 at 6:00pm. If you are interested in parent council please leave a message with us for Daryl Bradley, PAC President, and we will pass it onto him. Last meeting we voted and our executive is as follows:

President– Daryl Bradley

Secretary– Rachel Doerr

Treasurer– Martin Kaethler





## Student Absence

If your child is going to be away for an extended period of time due to illness, or other concerns, please contact your child's classroom teacher via phone or email. We can prepare a home work package for your child so they can keep up with their classmates. You will need to make arrangements to pick it up from the school.

Please return the work when it is complete.

We will also need you to alert the absent managing system, Safe Arrival, so you do not receive calls daily about their absence.



## Reminder:

Please do not allow children/students to bring toys, cell phones or electronics to school! If cell phones are needed for the walk home, please contact the Principal for arrangements.

## What to do I do if I have a problem at my child's school?

Problems can arise but can be solved by open discussion. Our schools are a community and everyone is part of making it a safe and welcoming environment.

If you have a problem:

- First talk to the Teacher.
- If you can't resolve the issue – talk to the Principal.

If the issue is still not settled – talk to the Director for your child's school. The Directors are part of the Superintendents' Office and may involve other members of the Superintendents' team in the discussion. To reach a Director, contact the Superintendents' office at the Winnipeg School Division and indicate what school you are calling about.

If these steps don't help you resolve the issue – then you should contact the [Board and Community Liaison Officer](#) who will work with you and the Board of Trustees to find a solution.

We all have the same goal in the Winnipeg School Division – to see your child succeed. Let's work together!



Need a warm winter coat?

**We can help!**

The United Way—Koats for Kids program will be offered once again at Carpathia School this year.

Please call or email Ms. Chambers as soon as possible or call the school for more details.

[schambers@wsd1.org](mailto:schambers@wsd1.org)

We are currently accepting outdoor winter wear donations, new or used in good condition. If your child(ren) are in need of outerwear, please contact Ms. Chambers to order something for you from the United Way Koats for Kids program. Please note that the items we receive from Koats for Kids are gently used, not brand new, and that sometimes it takes some time to get the gear from them.

**Cold Weather**—please ensure your children are dressed appropriately to go outside, even when it is cold or snowing out. They should be wearing a jacket, snow pants, toque, mitts and a scarf when it is cold.

The Winnipeg School Division guidelines say that indoor recess is only held when temperatures reach below –28 degrees.



Do you know what Carpathia School's slogan is?

**Together.... We're Better!**



# COUNSELOR'S CORNER

During these challenging times life can seem more intense and overwhelming. Please take care of yourself and your family. I am including these resources for quick reference! Be well!

## QUICK GUIDE TO MENTAL HEALTH SERVICES

### CHILDREN AND YOUTH MENTAL HEALTH SERVICES (UNDER 18)

#### EMERGENCY PHONE:

|                                     |                |
|-------------------------------------|----------------|
| Kid's Help Phone                    | 1-800-668-6868 |
| Klinik Crisis Line                  | 204-786-8686   |
| Youth Crisis Stabilization System   | 204-949-4777   |
| Youth Resource Centre/Shelter       | 204-477-1804   |
| Youth Addictions Centralized Intake | 1-877-710-3999 |



**WALK-IN:** Children's Hospital Emergency 204 787-2071

**MOBILE:** Youth Mobile Crisis Team 204-949-4777

**NON-EMERGENCY:** MATC Centralized Intake 204-958-9660

### ADULT MENTAL HEALTH SERVICES (OVER 18)

#### EMERGENCY PHONE:

|                           |                |
|---------------------------|----------------|
| Klinik Crisis Line        | 204-786-8631   |
| Manitoba Suicide Line     | 1-877-435-7170 |
| Crisis Stabilization Unit | 204-940-3633   |

**WALK-IN:** Crisis Response Centre– 817 Bannatyne 204-940-1781

**MOBILE:** Adult Mobile Crisis Service 204-940-1781

**NON-EMERGENCY** Adult Community MH Intake 204-788-8330



**Apps: \*Please be aware: Some apps are only free for a short time or have in-app fees, while some parts may be free): Please read the information on each app carefully!**

<https://www.sanvello.com/> This App is called **Sanvello**.

This is a wonderful App that will help you to understand your thoughts and behaviours. It helps to decrease stress and worries. This App is usually quite expensive to purchase, but right now it is **FREE** for the duration of the COVID-19 pandemic.

- **Mindshift App** Free evidence based **anxiety** relief <https://www.anxietycanada.com/resources/mindshift-cbt/>
- **Calm in the Storm App** digital **stress** management tool <http://calminthestormapp.com/>
- **Calm App** for **relaxation, sleep** and **meditation** <https://www.calm.com/>
- **Headspace App** for **relaxation, sleep** and **meditation** <https://www.headspace.com/>
- **Relax Melodies App** for **relaxation, sleep** and **meditation** <https://www.relaxmelodies.com/>

Please email me at [anbell@wsd1.org](mailto:anbell@wsd1.org) if you need support finding resources or supports!

Stay healthy and safe!

Ms. Bell ☺



# Your Child's Mental Health

[https://caringforkids.cps.ca/handouts/mentalhealth/mental\\_health](https://caringforkids.cps.ca/handouts/mentalhealth/mental_health)

Mental health includes **our emotional, psychological, and social well-being**. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

Mental health affects the way people think, feel and act. Taking care of our mental health is just as important as having a healthy body. As a parent, you play an important role in your child's mental health.

- You can **promote good mental health** by the things you say and do, and through the environment you create at home.
- You can also learn about the **early signs of mental health problems** and know where to go for help.

## How can I nurture my child's mental health?

### Help children build strong, caring relationships:

- It's important for children and youth to have strong relationships with family and friends. Spend some time together each night around the dinner table.
  - A significant person who is consistently present in a child's life plays a crucial role in helping them develop resilience. This person—often a parent or other family member—is someone your child spends a lot of time with and knows they can turn to when they need help.
- Show your children how to solve problems.

### Help children and youth develop **self-esteem**, so that they feel good about themselves:

- Show lots of love and acceptance.
  - Praise them when they do well. Recognize their efforts as well as what they achieve.
  - Ask questions about their activities and interests.
- Help them set realistic goals.

### Listen, and respect their feelings:

- It's OK for children and youth to feel sad or angry. Encourage them to talk about how they feel.
  - Keep communication and conversation flowing by asking questions and listening to your child.
- Mealtime can be a good time for talking.  
Help your child find someone to talk to if they don't feel comfortable talking to you.

### Create a safe, positive home environment:

- Be aware of your child's media use, both the content and the amount of time spent on screens. This includes TV, movies, Internet, and gaming devices. Be aware of who they might be interacting with on social media and online games.
  - Be careful about discussing serious family issues—such as finances, marital problems, or illness—around your children. Children can worry about these things.
  - Provide time for physical activity, play, and family activities.
- Be a role model by taking care of your own mental health: Talk about your feelings. Make time for things you enjoy.

### In difficult situations, help children and youth solve problems:

- Teach your child how to relax when they feel upset. This could be deep breathing, doing something calming (such as a quiet activity they enjoy), taking some time alone, or going for a walk.
- Talk about possible solutions or ideas to improve a situation and how to make it happen. Try not to take over.

## How common are mental health problems among children and youth?

One out of every 5 children and youth in Canada (20%) has a diagnosable mental health condition. Examples include attention deficit hyperactivity disorder (ADHD), anxiety, depression, substance abuse, eating disorders and learning disabilities.



Mental health issues can affect youth at any age. But certain situations can place some young people at a higher risk, including:

- A family history of mental illness.
- New immigrants and refugees who experience difficult economic circumstances.
- Indigenous children and youth who have poorer overall health, live in isolated communities and have scarce educational and work-related opportunities.
- LGBTQ children and youth who experience bullying and/or rejection from their families.

• Big life changes such as moving to a new city or new school, caregiver separation or divorce, serious illness or death in a close relative or friend.

• Facing or witnessing trauma, including abuse.

Substance use.

Unfortunately, too many children and youth don't get help soon enough. Mental health disorders can prevent children and youth from succeeding in school, from making friends, or becoming independent from their parents. Children and youth with mental health disorders may have trouble reaching their developmental milestones.

The good news is that **mental health disorders are treatable**. There are many different approaches to helping children and youth struggling with emotional or mental health problems. Getting help early is important. It can prevent problems from becoming more serious, and can lessen the effect they have on your child's development.

### How do I know if my child or youth has a mental health problem?

All children and youth are different. If you're concerned your child may have a problem, look at whether there are changes in the way they think, feel or act. Mental health problems can also lead to physical changes. Ask yourself how your child is doing at home, at school and with friends.

#### Changes in thinking

- Saying negative things about themselves or blaming themselves for things beyond their control.
- Trouble concentrating.
- Frequent negative thoughts.

Changes in school performance.

#### Changes in feelings

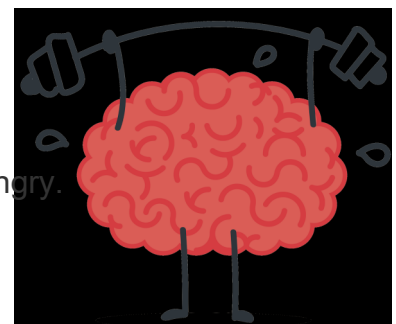
- Reactions or feelings that seem bigger than the situation.
- Seeming very unhappy, worried, guilty, fearful, irritable, sad, or angry.

Feeling helpless, hopeless, lonely or rejected.

#### Changes in behaviour

- Wanting to be alone often.
- Crying easily.
- Showing less interest in or withdrawing from sports, games or other activities that they normally enjoy.
- Over-reacting, or sudden outbursts of anger or tears over small incidents.
- Seeming quieter than usual, less energetic.
- Trouble relaxing or sleeping.
- Spending a lot of time daydreaming.
- Falling back to less mature behaviours.


Trouble getting along with friends.







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  - Falling back to less mature behaviours.
  - Trouble getting along with friends.
- 



## Physical changes

Headaches, tummy aches, neck pain, or general aches and pains.

- Lack of energy, or feeling tired all the time.
- Sleeping or eating problems.


Too much energy or nervous habits such as nail biting, hair twisting or thumb sucking.

**Remember:** Just because you notice one or more of these changes does not mean your child or youth has a mental health problem.



## Where do I go for help?

There are many ways to help your child achieve good mental health. Sharing your concerns with the doctor is one of them. Talk to your child's doctor:

- if the behaviours described above last for a while, or if they interfere with your child's ability to function;
  - if you have concerns about your child's emotional and mental health; about your child's behavioural development and emotional health at each well-child visit.
- 

**If your child or teen talks about suicide or harming themselves, call your doctor or local mental health crisis line right away.**



## Child and Adolescent Resources



Kids Help Phone 1-866-968-6868 or Text Talk (free 24/7) Text 686868

AFM (Youth and Family-Based Services) 204-944-6235

Child and Family Services (8:30- 4:30pm) 204-944-4200 or... (after hours) 204-944-4090

Mobile Crisis Unit 204-949-4777

Health Links 204-788-8200

Centralized Intake 204-958-9660

Children's Hospital (Health Science Centre) 204-787-2071

Children's Clinic- 840 Sherbrook Street 204-787-2401

Children's Emergency (William Ave Entrance) 204-787-4244

Klinik Suicide Crisis Line 204-936-8686

Klinik Teen Clinic 870 Portage Ave. 204-934-4090

Klinik Counselling Services 204-934-4067



## Nursery/Kindergarten Forest Friends

Nursery Kindergarten students are invited to participate in "**Forest Friends**", a family gathering at Carpathia School focused on building early language and literacy skills through storytelling and play.



The group will be offered monthly, from 11:30-12:30 on the following dates with parents/children together in the Nursery/Kindergarten room with a free lunch: December 20, 2022, January 19, 2023, February 16, 2023, March 16, 2023 and April 13, 2023

You will have the opportunity to learn strategies and activities to encourage your child's language and early literacy skills in fun, engaging ways. Language is a key piece to your child's development, helping them interact, participate, learn and thrive. Language is also the foundation for literacy success! It is a nice opportunity to meet other parents and have your children learn and play! If you are interested, please email Ashleen Scott [ashscott@wsd1.org](mailto:ashscott@wsd1.org) for more information or speak or email to Mrs. Zonneveld. We need to know who is coming to order lunch for the participants.

## United Way Fundraiser



The last week of school we will have a fundraiser for *United Way* with the students.

On Dec 19th students can wear a crazy hat and donate 25 cents to the United Way.

On Tuesday Dec 20th it is crazy hair day, bring 50 cents to the United Way.

On Wednesday Dec 21, wear your PJ's and bring a loonie to the United Way!

## UNITED WAY FUNDRAISER - Support the United Way with some change!

Monday, Dec 19

Crazy Hat Day bring 25 cents



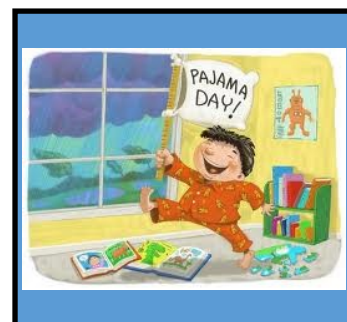
Tuesday, Dec 20

Crazy Hair Day bring 50 cents!



Wednesday, Dec 21

PJ Day, Bring a loonie!!



## Pancake Breakfast



On the last week of school before the break, the children are having a holiday breakfast on December 21st at 9:30 am. There will be no breakfast program that day as all students will be having a pancake breakfast.

That day children are welcome to wear their pjs to school!





# TOWNHALL MEETING: INFO FROM DR. ROUSSIN

November 28, 2022

Dear Parent or Caregiver:

On November 22, Dr. Brent Roussin, Manitoba's Chief Public Health Officer, and Dr. Elisabete Doyle, head of pediatric medicine at HSC's Children's Hospital, held a town hall to talk about the high number of RSV and influenza A among children.

We are providing some excerpts from the town hall below to help you be informed and give you support if your child is experiencing illness this winter.

## How can I protect my child this flu season?

**Dr. Roussin:** There are multiple layers that we can take to protect ourselves. You can make sure vaccines are up to date, stay home when ill, wash your hands, proper cough hygiene (cough or sneeze into your elbow), and you can wear a mask in indoor public places.

## When should my child be vaccinated?

**Dr. Roussin:** People should get vaccinated (for COVID 19 or Influenza) as soon as possible and, if they are sick, wait to recover and then talk to your health-care provider about the best course of action.

## When should my child stay home from school or daycare?

**Dr. Roussin:** As soon as symptoms develop, children should be staying home. If it's a respiratory virus that we have no diagnosis for, then children should stay home until they are improving, which means no fever, and other symptoms clearly improving for a couple of days.

Specifically for COVID, people should wait for at least five days after testing positive or the onset of symptoms before returning to school or daycare.

## When should I take my child to the hospital?

**Dr. Doyle:** Anytime you see your child having difficulty breathing, so that may mean your child's nostrils are flaring, they may be sucking in between their ribs, they may be engaging their tummy muscles. If their colour is poor, if they're having pauses in breathing, especially with young infants, that's a reason to go to the emergency department.

In addition, if your child isn't drinking enough, if they are sleepy and won't wake up and if an infant less than three months old has a fever, those are also reasons to go to the ER.

## My child has a high fever, what should I do?

**Dr. Doyle:** There are many ways to manage a fever, such as giving them fluids and running a fan to cool down the child. Unless the child is an infant under three months, a high fever shouldn't be a reason to go to the ER.

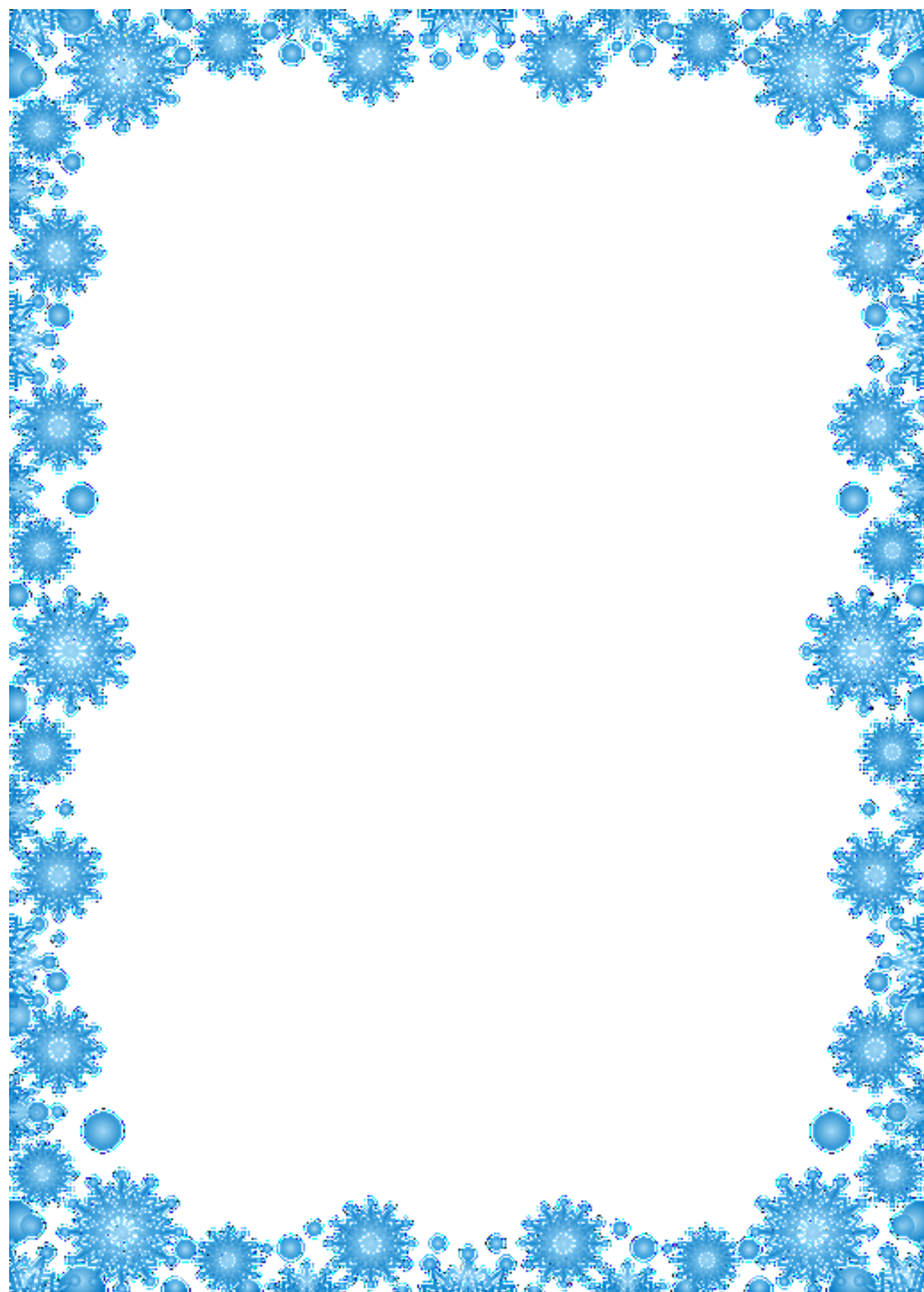
It may be difficult to find children's medication for fever due to the supply chain issues. Parents can take their adult medication like Tylenol and ibuprofen to a pharmacist and they can properly divide it up into the right dose for children.

If you have questions about your child's health you can find more information on the Sharedhealth website: <https://sharedhealthmb.ca/patient-care/where-to-go/children-and-teens/> or you can call Health Links at 204-788-8200.

We hope you have found this information to be helpful and wish you and your family the best of health this winter season.





<https://www.winnipegssd.ca/page/24061/flu-season> (This letter is available in French, Arabic, Karen, Somali, Swahili, & Tigrigna on the website)









| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|---|--|---|--|---|---|--|
|            |  |   |  | <b>1</b><br>Field Trip to<br>Grant Park for<br>Room 101, 110,<br>139 AM<br>Hearing<br>Screening | <b>2</b><br>Choir @<br>11:30<br> | <b>3</b>   |
| <b>4</b>  | <b>5</b><br>Volleyball<br>@<br>noon<br>  | <b>6</b><br>Chess Club<br>@<br>noon<br>  | <br><b>7</b><br>Choir @<br>11:30<br><br>Volleyball<br>@<br>noon   | <b>8</b>  | <b>9</b>  | <b>10</b><br> |
| <b>11</b>   | <b>12</b><br>Choir @ 11:30<br><br>Volleyball<br>@<br>noon  | <b>13</b><br>Chess Club<br>@<br>noon  | <b>14</b><br>Volleyball<br>@<br>noon   | <b>15</b><br>HOLIDAY<br>CONCERT<br>1:30pm Dress<br>Rehearsal<br><br>6:00 PM<br>Performance      | <b>16</b>   | <b>17</b>  |
| <b>18</b><br>Last week of<br>school "spirit<br>week" activities<br>to support<br>United Way | <b>19</b><br>Volleyball<br>@<br>noon<br><br>Crazy Hat Day                           | <b>20</b><br>Choir: 11:30<br>Forest Friends<br>11:30-12:30<br><br>Chess Club<br><br>Crazy Hair Day | <b>21</b><br><u>Last Day of<br/>School!</u><br>(No breakfast<br>program—<br>pancake<br>breakfast<br>9:30)<br> | <b>22</b>   | <b>23</b><br>                  | <b>24</b>  |
| <b>25</b>   | <b>26</b><br><br>Enjoy your<br><b>winter<br/>break!</b><br>See you in the new year! | <b>27</b>   | <b>28</b>  | <b>29</b>   | <b>30</b>   | <b>Back to<br/>School on<br/>Thursday<br/>Jan 6th</b>  |