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#### **R.B. RUSSELL HOSTS 2ND ANNUAL YOUTH** WELLNESS CONFERENCE

Student leaders from across Winnipeg School Division came together at R.B. Russell Vocational High School for the 2nd annual Youth Wellness Conference.

The Nov. 6 event brought youth participants together to learn wellness skills that they could take back and share with their classmates. The conference was presented by the Division and the Winnipeg Police Service.

Point Douglas MLA Kevin Chief, who is a Tec Voc High School alumnus, encouraged students to become involved not only in the classroom, but also outside the classroom in activities such as sports, leadership groups and volunteering.

Mr. Chief said, "When you participate in an extracurricular it gives you a sense of belonging. It is important you find a positive activity to participate in, or the wrong people will seek you out."

#### FULL STORY ON PAGE 2

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#### **IGNITING VISIONS IN ABORIGINAL EDUCATION**

On Nov. 1, R.B. Russell Vocational and shared the goal of the conference. recognize the Indigenous people in High School hosted an Inner City Indigenous Education Conference that was attended by over 550 participants from within the inner city.

Karin Seiler, the Superintendent of Schools - Inner City, brought greetings

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dUp

"The goal of the conference is to go from Aboriginal awareness to Aboriginal competency. In the 1980s I attended a conference with the community leaders and they asked where is the Aboriginal presence in the schools?' That conference started a momentum to honour and

our community and to incorporate the language, tradition and the principles of the Aboriginal Seven Teachings. Thirty years later we are proud to say that eight schools in the inner city are teaching the language of either Ojibwe or Cree."





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PROVINCE PROCLAIMS **BILL 18** 

### PINKHAM SCHOOL **MUSIC FUNDING**



**SARGENT PARK SCHOOL TYPHOON FUNDRAISER** 

# YOUTH WELLNESS CONFERENCE

#### **R.B.** Russell hosts 2nd annual Youth Wellness Conference

#### STORY AND PHOTOS BY JEFF MILLER



WINNIPEG POLICE CHIEF DEVON CLUNIS ADDRESSES STUDENTS AT THE 2ND ANNUAL YOUTH WELLNESS CONFERENCE.

#### (Cont. from page 1)

Chief of Police Devon Clunis, who is a St. John's High School graduate, spoke to the students about overcoming challenges. Chief Clunis shared that he failed Grade 6 and a special teacher named Mrs. Hanna reached out and told him to come in an hour early every day before school for the whole year.

"Mrs. Hanna is the reason why I am the Winnipeg Chief of Police, she taught me to make a difference. You need to lead by example,

and that's what we want you student leaders to do after today with what you learn. Go back to your schools and set a good example."

After the keynote presentations the students broke off into four groups to hear from presenters about: Cool 2Be Kind, Winnipeg Police Cadet Service, Street Safety and Nutrition & Fitness.

Winnipeg Blue Bomber players and brothers Cauchy and Henoc Muamba spoke about the importance of a

good breakfast to start the day and choosing to hang around good people. Henoc Muamba kept repeating the message "Your decisions determine your destiny".

The students and presenters had an opportunity to mingle over lunch provided by the R.B. Russell culinary department and then finished off the afternoon with a presentation on cyberbullying.



MLA KEVIN CHIEF



WINNIPEG BLUE BOMBER HENOC MUAMBA SIGNS AUTOGRAPHS AFTER PRESENTING ON NUTRITION AND FITNESS.



BLUE BOMBERS CAUCHY AND HENOC MUAMBA WORK THE CROWD AT R.B. RUSSELL.



(Cont. from page 1)

importance of treaties.



High Manitoba are now safer for all students, now that Bill 18, the Safe and Inclusive Schools Act, has become a law.

The bill was proclaimed into law at École secondaire High Kelvin by Education Minister Nancy Allan. Ms. Allan shared the podium with members of Kelvin's Gay-Straight Alliance (GSA) and its Mentorship group, Hildahl, Kristine Barr and Susan Hrynyk, President of the Manitoba Teachers' Association Paul Olson and Kelvin Principal Jim Brown.

GSA members John Manning and Alex Tivoli addressed the assembly, John in English and Alex in French. They spoke about the origins of Kelvin's GSA, the province's first in 1998 when it was almost a secret organization, meeting after

#### **IGNITING VISIONS IN ABORIGINAL EDUCATION**

and prepare for the future."

Commissioner of Treaty Relations In Manitoba, presented a keynote speech on the understanding and

Ms. Seiler added, "Our motto for the The day consisted of close to 40 we invited an Elder to perform the conference is Ignite Vision: learn breakout sessions that participants passing of tobacco during a pipe from the past, build on the present had a choice of attending.

Dennis White Bird, former city to take that next step and leap that we are going to have a successful to take chances and risks and get to know what you are teaching at Niji Mahkwa School and the in Indigenous Education. This Chair of the Aboriginal Education morning, to start the conference, Committee.

ceremony in the traditional way. After attending the Pipe Ceremony "We want our educators in the inner it makes me extremely confident conference," said Rob Riel, Principal



### **MINISTER ALLAN ANNOUNCES BILL 18 HAS BECOME LAW**

#### STORY AND PHOTO BY GILBERT GREGORY

schools

School

across school with little or no straight alliances in schools, publicity — and how times have changed since then.

> will have GSA basic human rights."

While the new law is provincial legislation, Mr. The minister said the new to the students.

he said. "In many ways impact bullying can have they are leading and we are on their children and their following."

The new law reaches into areas such as the use of technology in bullying, establishing human rights policies which are in line with the principles "That's why I'm proud we of the Manitoba Human have a new law in Manitoba Rights Code, creating an that builds on our Safe educational environment that Schools Charter to protect is accepting of all students every child from bullying

which hadn't been touched upon before.

"Thanks to Bill 18, no "Bill 18 is law, three cheers for to that," Ms. Allan said. "What stay underground," John a journey this legislation has said. "No student will feel been. We are giving parents, threatened for supporting students, educators and administrators more tools to deal with cyberbullying."

Brown was pleased to pass law will help communities credit for its development deal with bullying no matter what form it may take.

Division Trustees Rita "This is about the students," "Every parent knows the ability to learn," Ms. Allan said. "In recent years, the face of bullying has changed so much with the spread of cellphones and social media, and parents expect action.

and the establishment of gay- online and in the classroom.



(LEFT), JOHN MANNING AND BRITTNEY DUKE (RIGHT) CELEBRATED THE PROCLAIMING OF BILL 18, THE SAFE AND INCLUSIVE SCHOOLS ACT, WITH EDUCATION MINISTER NANCY ALLAN (SECOND FROM RIGHT) AT KELVIN, OCT. 10.

## **EDUCATING CHILDREN** THROUGH MUSIC BEFORE THEY START KINDERGARTEN

Pinkham School to announce the creation of The The Royal Conservatory. Marilyn Thomson Early Childhood Education Centre. Marilyn Thomson is an alumnus and

Thanks to a generous \$5 million dollar donation from David, Peter and Taylor Thomson, the Marilyn Thomson Center will be the authority on music education programs for young children and their teachers in Canada.

"The Royal Conservatory has long been at to age three, and interactive music apps for the forefront of early childhood education through our innovative and well-researched programs, which will soon be made available to teachers, parents and children across

The program is being developed to assist parents former board member of the Royal Conservatory. in getting their children excited about music before the age of six through innovative digital education products.

> The Marilyn Thomson Centre will offer an online teacher certification program for early childhood educators, digital videos and resources to help parents introduce music to children from birth children aged four to six.

The Royal Conservatory will assess and evaluate the program and offer expertise as it evaluates

On Oct. 4 the Royal Conservatory visited Canada," says Dr. Peter Simon, President of and documents the impact of music in early childhood.

> Artist Nicole Fougére led the four and five year old students from Patricia Pelley's nursery classroom in a demonstration of Early Childhood Music Education activities such as: repeating patterns on the drum, singing their name and learning about shapes that were tapped on the floor and dancing around them.

"I'm humbled, I'm inspired and I am extremely excited at what lies ahead. I want to thank each and every one of you for all your contributions. I just want to let everyone know that the best is vet to come," said David Thomson, Chairman of Thomson Reuters.



ARTIST NICOLE FOUGÉRE (LEFT IN RED) AND TEACHER PATRICIA PALLEY (IN **BLACK) LEAD STUDENTS IN AN EARLY** CHILDHOOD MUSIC EDUCATION ACTIVITY AS MS. ANGELA ELSTER (IN WHITE), DAVID THOMSON AND DR. PETER SIMON **OBSERVE THE PERFORMANCE.** 

WINNIPEG SCHOOL DIVISION

## **SARGENT PARK STUDENTS SINGING** FOR DONATIONS



## MATH GAMES CONNECT **HOME TO** SCHOOL STORY AND PHOTO BY JEFF MILLER

On the evening of Oct. 17 Meadows West School hosted math games in the gymnasium to show parents the new techniques of learning math.

As families entered the gym, they were greeted and handed a math bag, which contained activities that they could do at home. Some of the items The children were allowed to take the bags home so they can continue to were a deck of cards bingo chips and dice. After receiving the bags, the

students would then take their family to a table where they could try out the various games.

"We hosted a math event two years ago and we received such positive feedback from the parents we decided to run it again," said Nancy McTavish, Vice-Principal at Meadows West School.

'The concept behind the event is to show families the new ways the students are learning math, not just the traditional pen and paper," McTavish added. "We have all the teachers from every grade demonstrating different games. It gives parents the opportunity to see what their children will be learning in the grades that follow."

One of the favorite games among the families was a Grade 4 activity called 4 In A Row, where players practice addition. Players roll two dice, add the two numbers together, and place a bingo chip on that number on a bingo card until they get four in a row.

"The new math teaching techniques have made it fun for my boys, we can all play games together and my younger son is learning math above his grade level," said Nick Mancusi, an Educational Assistant at Meadows West whose two sons also attend the school.

practice math with their families.

Grade 9 band students at Sargent Park School recently busked to raise money for survivors of the Nov. 8 typhoon in the Philippines.

"It feels great to do something good for people who are in need of help. Hopefully we can raise a lot of money, that would be awesome." said student Matthew Beniza.

He added, "We are hoping that when the students get their change from what they bought at the canteen, they will come over and put it in the container."

Chris Harbeck, a Grade 8 teacher at Sargent Park, said: "For the last two years we have been a part of the Me to We organization, and a big part of their directive is to have a global initiative. It only seemed logical to help out with the typhoon relief effort since we have such a large Filipino population...and it was a logical extension of what we do."

"I happened to be walking by the middle school music room last week and I heard some of my former Me to We students just sitting around at lunch jamming away. I proposed to them that their music would be a great way to fundraise by soliciting for donations if they entertained their classmates down by the canteen. It is a great lesson for us to teach our Grade 8 students who are in our Citizenship Program; we teach them how they can help both locally and globally."

Another fundraising effort is allowing students to use their music devices during non-instructional times for the cost of \$1.

"It is important for the students to know that you don't have to wait to become an adult to make a difference in the world," Mr. Harbeck said.

The school ultimately donated over \$3,500 to the Canadian Red Cross on Dec. 18.



#### 6 **DEC** 2013 **HENOC MUAMBA INSPIRES AT MULVEY SCHOOL**

#### **STORY AND PHOTO BY GILBERT GREGORY**

A select group of students at Mulvey in his university School learned some valuable life lessons Oct. 28, when Winnipeg teammates Blue Bombers linebacker Henoc angry with him for Muamba visited their school.

"You can be successful in anything you want to do," Mr. Muamba said. "You can do it as long as you put in the hard work. It all begins with a dream."

Mr. Muamba was speaking with students on behalf of a Big Brothers Big Sisters of Winnipeg program that promotes role models in the community.

He told the students his own story. He was born in Congo and came to Canada with his family as a youngster, first living in Montreal and then settling in Mississauga, Ont. From high school, he followed his brother, Cauchy, who also plays for the Blue Bombers, to Nova Scotia, where he went to university and then on to play professional football. Along the way he had mentors and teammates who helped him become a better player and a better person.

One of the lessons he learned from his mentors was to never stop working at getting better. He told the students of a time early

career when his were missing an optional workout. When he asked them why they were mad at him, they asked him, 'What have you done to improve yourself today?'

It was a lesson he never forgot; he never missed an optional workout again and he works hard to be better every day.

"The first step to successful being is listening to the

mentors around you," Mr. Muamba said. "Listening and learning to be disciplined and do the work to achieve your goals. Have your dream, be willing to put in the extra work and don't stop."

Following his speech, Mr. Muamba played a short game of football in the gymnasium with the students, who were thrilled to have a member of the Blue Bombers visit their school.



CFL STAR HENOC MUAMBA (BACK ROW, FOURTH FROM RIGHT) WITH KAYLA CHAFE OF BIG BROTHERS BIG SISTERS WINNIPEG (THIRD FROM RIGHT), PRINCIPAL PETER CORREIA (BACK ROW, THIRD FROM LEFT) AND MULVEY STUDENTS.

fun," said Grade 6 student Lado Laku, who said he would like to be a football player, a basketball player or a pharmacist. "I learned that to be successful, don't give up on your dreams until they come true."

"Never give up on your dreams," added Desmond Dunsford, also of Grade 6.

"It was awesome, it was pretty Mulvey Principal Peter Correia was also impressed with Mr. Muamba's presentation.

> "I like his message that any goal is attainable as long as you work for it," Mr. Correia said. "And the question, 'What have you done to improve yourself today?' "

# ON YOUR MARK, GET SET, READ

#### STORY AND PHOTO BY IFFF MILLER

"Fall into Reading" month in October with a visiting classrooms, sharing their love of reading special Bison Sports Guest Reader Day.

Manitoba Bison athletes from various sports, including track and field, football and soccer were "The children really respond to athletes because each assigned to a Grade 6 Student Ambassador we show them how fun it can be to read and

École Victoria-Albert School kicked off their to assist them for the morning. They spent time with students at all grade levels, and discussing student who is a high jumper. how important reading is with them.



MANITOBA BISON HIGH JUMPER KRISTJANA PETERSON READS TO STUDENTS DURING "BISON SPORTS GUEST READER DAY" AT ÉCOLE VICTORIA-ALBERT SCHOOL.

they are excited when I tell them I read for fun," said Kristjana Peterson, a third year psychology

For one of the athlete readers, having the opportunity to read to the students had a little extra meaning. Wilfred Samking, co-chair for Bison Book Buddies, is now a sprinter/hurdler athlete for the Bisons; he was once a student at École Victoria-Albert School.

"This was my first time back and the first thing I noticed was it seemed like there were a lot more steps to get from the music room up to the third floor," Mr. Samking said. "It is very humbling to come back and encourage the younger children to enjoy reading. When I came to École Victoria-Albert School, English was my second language and I had trouble with reading and writing but I received great support from my teachers and it is a gratitude I still carry with me today."

At the end of the morning, the athletes, student ambassadors and staff enjoyed a luncheon in the library that staff prepared as a thank you to the special guests. Students had a great time with the athletes, and were definitely motivated by their love of reading.

## STORY AND PHOTO BY JEFF MILLER

their recycling efforts.

"With a program like Recycle Everywhere 101, we are directly encouraging young Manitobans to adopt recycling behaviors early on so lifelong habits are formed, and beverage containers are turned into valuable products rather then becoming litter and ending up in our landfills," said Christa Rust, Program Manager at Recycle Everywhere.

a neighborly challenge."

Grade 6 student Miku Tibule said, "We are really excited to start the recycling program and it's cool that some of the tin cans we recycle might become airplane parts one day."

athletes bring home the gold.

On Oct. 8 Hockey Canada unveiled the new hockey jerseys that Canada will be wearing for the 2014 Winter Olympics. The unique thing about the jerseys is that they are made with seventeen recycled water bottles. The plastic bottles are chopped into flakes, then melted down to form yarn that is spun into fabric, reducing energy consumption by up to 30 per cent compared to manufacturing virgin polyester.

To find out more information or to sign up for the program please visit www.recycleeverywhere.ca



ÉCOLE VICTORIA-ALBERT STUDENTS MIKU TIBULE (LEFT) BINJAMIN (RECYCLE EVERYWHERE MASCOT) AND EXCELLENCE MADUKWE DEMONSTRATE JUST HOW EASY RECYCLING IS.

### TAKE THE RECYCLE **EVERYWHERE CHALLENGE**

Recycle Everywhere held a kick off launch at École Victoria-Albert School called Recycle Everywhere 101: a brand new province-wide program encouraging schools and students to think more about

Recycle Everywhere 101 provides recycling bins free of charge plus program materials to help achieve that goal and intends to have bins in 75 per cent of Manitoba's schools by the end of the 2013-14 school year.

Wayne Wyke, Principal at Dufferin School, has been recycling at his school for the past three years and has noticed a huge difference in the amount of recycling collected thanks to an aggressive "Green Team" at his school.

Principal Wyke issued a challenge to Paulette Huggins, Principal at École Victoria-Albert School to recycle more items than Dufferin School. Principal Huggins quickly accepted exclaiming, "We are always up for

Meanwhile, recycled water bottles just might help Canadian

PHOTO UNAVAILABLE FOR WEBSITE



**RECYCLEEVERYWHERE.CA** 



### **ALL GIRLS RETREAT**

STORY AND PHOTO BY ELMWOOD HIGH SCHOOL

Elmwood High School girls embarked on a This is the second time a by the guidance counsellor. few Elmwood female staff The girls shared their planned and executed an all Girls Retreat. The pressure felt by girls as they are finishing high school and trying to figure out where they fit in the world is great. The women planning the retreat saw a need for the gift bags. It turned out girls to disconnect from technology and negative forces and to connect In the morning, the girls to each other. To realize how much they share and how much power there is in sharing their stories. The focus was on on Dec. 3. Wearing their the strength that exists in Unleash Your Inner female relationships and Goddess t-shirts, the the challenging of popular Many Strong and Beautiful culture and mass media Women launched the that create a world where White Ribbon Campaign women compete and see to mark the National each other as a threat.

The two day retreat took place at an off site location and included workshops Elmwood students shared not alone." -Kelly K.

On Nov. 28 and 29, from SERC, TEEN TALK their thoughts about the 19 Grade 11 and 12 and Moksha YOGA did a retreat: "Inspirational and class with a dedication to motivational. I think it Sisterhood. The evening journey of self discovery. culminated in a circle led stories, their fears and their hopes. Hours passed and there were many as our school. Fantastic tears, but much more opportunity." - Jessica K. comfort and support. Complete with delicious food, facials, jewelry making, giving gold and to be a memorable event for all involved.

> took part in the painting of a banner which they proudly hung in the hall at Elmwood High School Day of Remembrance and Action on Violence against Women.

was the best sleepover ever!" –Laura L.

"When I left the church, I felt super connected to the women here as well

realize that millions of candles can be lit by one, and the life of the candle will not be diminished, happiness doesn't lessen by being shared." - Tanisha J.

"It was a very rewarding experience to be given the opportunity to express our deepest issues among girls in our school. It was not only to seek guidance and advice but to find out that we are not alone." -Soleil G.

"I think this event was totally needed. We were able to realize we share the same challenges, and the retreat was a gift to all of us as we realize we are



THE WATER-THEMED MOSAIC, WHICH GREETS GUESTS TO CARPATHIA SCHOOL, WAS UNVEILED ON SEPT. 27.

#### CARPATHIA SCHOOL MOSAIC **Together We're Better**

#### STORY BY CARPATHIA SCHOOL / PHOTO BY JEFF MILLER

On Sep. 27, the students of Carpathia School gathered together to unveil the Water themed Mosaic they created!

During the first two full weeks of September, the Nursery to Grade 6 students were busy creating a mosaic with local visual artist Dimitry Melman. Every student at Carpathia contributed to this piece of art, which is mounted by the front door of the school to welcome all visitors. The students brainstormed for ideas about "WATER" and shared their writings, pictures and thoughts about the importance of water. The mosaic contains over 30 different sections. The staff and students participated in every step of the project, Dimitry then glued and grouted the mosaic tile onto a plywood frame, which was installed at the front entrance of the school.

The mural itself is a giant raindrop representing how everything begins with just one drop of water. The giant raindrop contains nine smaller raindrops (one for each of nine classes) focussing on different aspects of the importance of water. Different sections portray: the H.M.S. Carpathia, for which the school is named; fresh water fish; a whale in saltwater (both representing the diversity of life found in water and the food we eat); a waterfall (the power of water); an island showing the importance of water for plants; ice showing water in a different form; a faucet and sink(water being an important natural resource); a mermaid representing fairy tales and imagination; and the center drop representing man as so much of the human body is made of water. The Parent Advisory Council supported the project financially and the students collaborated creatively to design and build this beautiful mural. As the mosaic was unveiled, the entire school celebrated by shouting "Together We're Better!"

# **COACH WALLS SHOWS HIS** BULLDOG



**STORY AND PHOTO BY JEFF MILLER** 

on his word to shave his head. At the Terry Fox Run kickoff event (a staff tricycle race) on Sept. 26, Coach Walls challenged staff and students to raise \$1,000 for the Terry Fox Run, offering his hair as a bounty.

With a collaborative effort between staff and students, the school raised \$1,168 for the cause.

Grade 11 student Harley Bray embraced the challenge and was the top fundraiser with \$624.

Harley said, "I raised most of my money going around with a bucket to every classroom in the school and asking for "Toonies For Terry" or whatever what ever change people could spare. I also filled up three pledge forms with the help of family and friends."

Churchill High School Football Coach Tom Walls made good As a result of being the top fundraiser, Harley was given the clippers to start off Coach Walls's haircut on Oct. 3.

"I was a little nervous to cut Coach's hair, but it was fun," said Harley.

Churchill High School alumnus Shahab Valipour opened his wallet and pulled out a \$20 bill to pay for the chance to shave his former coach's head. The head-shaving event raised another \$104 to bring the grand total to \$1,272 to be donated to the Terry Fox Foundation.

To date, over \$600 million has been raised worldwide for cancer research in Terry's name.



heart of the community.

family here."





# BULLYING AWARENESS

It was a special day at Collège Churchill High School when both schools held an assembly at which Minister of Education and Advanced Learning James Allum declared Nov. 18-22, Bullying Awareness Week.

"I can't think of a better place to kick off Bullying Awareness Week than Churchill, home of the Bulldogs," said Mr. Allum, the MLA for Fort Garry-Riverview. "Churchill is the

"We all know bullying is unacceptable and we all need to do our part to prevent it," added Mr. Allum, the father of three children who attended Collège Churchill. "The Manitoba government is committed to supporting school communities in providing safe learning environments for all children and youth."

Churchill students feel safe at their school and are happy to be part of the campaign to end bullying, but they agree it will take more than a week to end it.

"It should be year-round," said Grade 12 student Brittany Fulford. "But having a week dedicated to making sure everyone is aware is a good start."

"We want students to feel safe and at home the same way we have felt for the last six years," added Mercede Gerula, also of Grade 12. "The teachers are like second parents to us. They are always there when we need them. It's a small school, it's just like one big

Other dignitaries to speak at the assembly, which was emceed by Churchill High School Principal Joyce Wong, were: Nancy Allan, MLA for St. Vital; Winnipeg School Division Trustee Rita Hildahl; Holly Klos of Kids Help Phone and Elaine McKenna, acting principal of Collège Churchill.

The assembly also featured a performance of the Katy Perry song "Roar" by Churchill's junior choir, the presentation of an anti-bullying video by Ross Penner and the unveiling of a new series of posters - in English and French - from Kids Help Phone letting students know where they can go if they need help.

PHOTO UNAVAILABLE FOR WEBSITE

CHLOE CAPAN WITH HER LEISURE GUIDE ARTWORK

#### **LEISURE GUIDE COVER ARTIST**

Chloe Capan, a Grade 5 student at Rockwood School, had her artwork chosen to be grace the cover of the Fall 2013 City of Winnipeg Leisure Guide. Chloe said having her picture picked for the leisure guide brought a smile to her face. An avid swimmer, Chloe received a pass to the Pan-Am Pool, which she used to take her family swimming throughout the summer. Congratulations Chloe!

CHURCHILL STUDENTS WERE JOINED BY [RUSTEE RITA HILDAHL (BACK. LEFT): NANC) ALLAN, LEGISLATIVE ASSISTANT TO THE MINISTER OF ADVANCED LEARNING AND EDUCATION (BACK ROW, SECOND FROM LEFT) HOLLY KLOS OF KIDS HELP PHONE (BACK ROW SECOND FROM RIGHT) AND JAMES ALLUM, MINISTER OF EDUCATION AND ADVANCED LEARNING (RIGHT), AT THEIR ASSEMBLY TO LAUNCH BULLYING AWARENESS WEEK.

PERFORMANCE OF THE KATY PERRY SONG "ROAR" BY CHURCHILL'S JUNIOR CHOIR

## **10 DEC 2013** FOOD **SECURITY**

#### We can beat world hunger.

#### **STORY BY GILBERT GREGORY**

#### "We can beat world hunger."

That was the message delivered to students at Churchill High School when they were visited by Free the Children leadership facilitators Joanna Lim and Jason Frittaion on Oct. 23. Also attending the presentation were students from École Laura Secord School.

Throughout the 45-minute presentation, Joanna and Jason engaged the students and reminded them how important it is for people, especially youngsters attending school, to have access to an adequate supply of healthy food and how food security is an international issue "We empower young people," Joanna with implications both at home and around the world.

Joanna and Jason both related personal stories of how they came to realize the importance of food security. Joanna told the story to get food and make ends meet

in Brunei, while Jason related how he went from taking food for granted growing up in Canada to realizing how some people save every scrap of food they can find when he lived in The Philippines as a young man.

The presenters said their mission was to move the students to action.

said. "We believe youth need to be educated and empowered to start taking action."

For the students, the presentation really hit home.

of her mother's family's struggle "I thought it was inspiring, I was totally taken aback," said Grade 11 when her mother was growing up student Harley Bray, Churchill's I'm going to change my food habits. school year.

PHOTO UNAVAILABLE FOR WEBSITE

FREE THE CHILDREN FACILITATORS JASON FRITTAION (LEFT) AND JOANNA LIM (RIGHT) FLANK CHURCHILL HIGH SCHOOL STUDENT BODY VICE-PRESIDENT HARLEY BRAY (SECOND FROM LEFT) AND PRESIDENT DANIEL GAUTHIER.

> realize we shouldn't take food for my cousins to finish their food, and granted. It really opened my eyes."

Student president Daniel Gauthier was also impressed with the presentation.

Daniel, a Grade 12 student said. "It

student vice president. "It made me I'll stop wasting food and I'll hassle if they don't, I'll finish it for them."

Members of Churchill's PeaceLearners and Leadership Groups were already taking action with their We Scare Hunger "It was very interesting and inspiring," campaign (which was collecting food for Winnipeg Harvest), among made me feel guilty for wasting food. other initiatives throughout the

> to increase the number opportunity to connect of students involved from positively with youths and this is one part of my job that I really look forward to."

> in a police car to St. Vital have formed with the Shopping Centre. Once Winnipeg Police Service registered and enjoyed a Division. Cop Shop allows snack before heading out us to give back to the on their shopping spree. community by sharing the joy of giving during the holidays and building stronger community relations," said Cheryl Mazur, General Manager at St. Vital Shopping Centre.

> > At the end of their shopping spree, the students were treated to a pizza lunch and a gift bag donated by the merchants of the mall before getting a return ride in a police car back to their school. All costs associated with this event are generously covered by the St.Vital Shopping Centre.

by entering a float in the 104th version of Winnipeg's annual Santa Claus Parade.



with just one book.

Mr. Bouchard's presentation is very interactive and full of humour and energy.

PHOTO UNAVAILABLE FOR WEBSITE

KYLE STURMY (A GRADE SIX STUDENT FROM ÉCOLE VICTORIA-ALBERT SCHOOL) AND HIS PARTNER CONSTABLE FIEBELKORN DECIDE WHAT TO BUY DURING THE 6TH ANNUAL COP SHOP AT ST. VITAL SHOPPING CENTRE.

## ST. VITAL **6TH ANNUAL COP SHOP**

in with Winnipeg School Division the St. Vital Centre, hosted the 6th Annual Winnipeg Cop Shop event.

Cop Shop is an opportunity for students to experience an unforgettable day of shopping with a police officer. Administrators from their respective school select students who participate in this event. The selection criteria for students are based on a specific need, academic or sporting achievements and volunteerism.

Since its inception in 2007, Cop Shop has been able

30 to 60. The day started off with students being picked up at their schools and "We are very proud of riding with their officer the partnership that we

the students arrived, they and the Winnipeg School

Each student was given \$200 dollars to enjoy and to buy gifts for themselves and their families.

"I was excited when I got to ride in the police car. I am going to buy a PSP for myself and games for my little brother and little sister, they are going to be so excited," said Kyle Sturmy, a Grade 6 student from École Victoria-Albert School.

Constable Fiebelkorn of the Winnipeg Police Service, who was partnered with Sturmy, said: "It's a wonderful

**CENTRE HOSTS** STORY AND PHOTO BY JEFF MILLER

On Nov. 22 the Winnipeg Police Service, collaboration and in partnership with

## DANIEL MAC CELEBRATES THEIR HOLIDAY SPIRIT IN STYLE STORY AND PHOTO BY JEFF MILLER

"Everyone is so excited that the day is finally here, after all the planning and preparing with meetings and design changes. There is so much school spirit here it is simply amazing," said Lorraine Ilagan, teacher at DMCI.

"We have over 75 students who volunteered to be part of the float, including a choir, dancers, marching band and even members from the football team."

Daniel McIntyre Collegiate Institute students showed their school spirit Ms. Ilagan said the idea for the festive activity came about when staff members were brain storming ideas to celebrate the school's 90th anniversary. A husband of one of the DMCI teachers, who works as a truck driver, was able to get his company to donate the use of a truck and flatbed trailer so the school could participate in the parade.

> Winnipeg Technical College aided DMCI students and staff with the design and assembly of the float, which was based on the theme of a toy shop. Students portrayed elves making wooden toys while the float paraded through the streets of downtown Winnipeg.



DANIEL MCINTYRE STUDENTS AND STAFF CAME OUT TO CELEBRATE THEIR HOLIDAY SPIRIT WITH A FLOAT IN THE 104TH SANTA CLAUS PARADE

### **READING IS KEY TO SUCCESS IN SCHOOL**

#### STORY AND PHOTO BY JEFF MILLER

On Nov. 21, award-winning author and literacy advocate David Bouchard visited Daniel

playing a prayer on his flute for the people in the Philippines that have been affected by the devastation of Typhoon Haiyan.

The former principal and teacher shared stories of his own reading struggles. Suffering from dyslexia, Mr. Bouchard never read a book from start to finish until he was 27 years old. Today, he has authored more than 70 books and tells students how reading will open new worlds and bring success. In recognition of his work as an author and a champion of literacy, he was named to the Order of Canada in 2010.

"TV can make you laugh and cry but a book can do so much more than that. McIntyre Collegiate Institute to speak to students Not only will books entertain you, about becoming life long readers. It often starts they'll make you smarter and improve your self-esteem."

Mr. Bouchard started his presentation by Among all the books that Mr. Bouchard has written, his best selling one is If You're Not From The Prairie, a book that he published in 1998. In his author's comments David says: "For those who grew up on the prairie (as I did in Gravelbourg, Saskatchewan), memories of the cold wind blowing across the road, a lonely gopher perched high on a quiet bluff or a new child moving in down the street... these are all memories that stay with us until the day that we die."



AWARD WINNING MÉTIS AUTHOR DAVID BOUCHARD PLAYS HIS FLUTE FOR DANIEL MAC AND TEC VOC STUDENTS.

#### **12 DEC 2013**

## **EVERYONE HAS THE RIGHT TO PLAY**





Willms and Chris McElroy awareness for the cause. recently visited Clifton Ambassadors play School to speak about Right To Play.

In October, Right To Play Ambassadors and representatives travelled across Canada visiting 330 schools in 10 provinces.

Through sports and games, Right To Play helps children "We believe that everyone reaches out to First Nations build essential life-skills and better futures, while driving social change in their communities with lasting impact.

The organization was founded in 2000 by Johann Olav Koss, a four-time Olympic gold medalist. Right To Play evolved out of Olympic Aid, a fundraising organization that raised millions of dollars to help "Play is not a luxury, it disadvantaged youth.

Ambassadors Athlete volunteer their time and

Athletic Ambassadors Josh lend their voice to raise every individual," he added. important role in spreading the word about the impact of play on education, health and life-skills.

> Play helps teach important life lessons and develop skills like cooperation, leadership, and teamwork.

because sport teaches about life skills. looking after ourselves, "We looking after each other, and applying the skills that you learn through sports to become a better person and hopefully a leader in the future," said Mr. Willms, who just finished crossing "Through Canada on his bike this summer.

is a tool for education and health. It can bring "We became involved with entire communities together and inspire

The presentation was very interactive and the students were moving around the gym and having a great time.

Mr. McElroy, a professional lacrosse player with the Washington Stealth of the National Lacrosse League, is part of the Lacrosse For Development Program that should have the right to play, communities to teach about

> teach about the importance of nutrition, because it makes for a healthy body and for a healthy mind," said Mr. McElroy.

play based activities we focus on teambuilding, cooperation, and respect," added Mr. McElroy.

Right To Play a few years ago when we did a project called

United Colours Of The World, where we fundraised for organizations around the world that had both sports and empathy encompassing each other and that was wonderful," said teacher Antonio Di Geronimo. "This past summer I was contacted by one of the organizers that had visited Clifton School a couple of years ago and she asked if we would be interested in participating in this speaker series."

If would like you information about Right To Play, please visit their website at www.righttoplay. com/canada



JOSH WILLMS, RIGHT TO PLAY ATHLETE AMBASSADOR, LEADS CLIFTON SCHOOL IN

COUNTING

AN ACTIVITY COMBINING STRETCHING AND

**RIGHT TO PLAY CANADA** 

# STORY AND PHOTO BY COLLEEN SIMARD

Chris McElroy.

Northern Ontario.

said Mr. McElroy.

transformed his life.



WWW.WINNIPEGSD.CA

WINNIPEG SCHOOL DIVISION

WINNIPEG SCHOOL DIVISION

PHOTO UNAVAILABLE FOR WEBSITE

ANDREW MYNARSKI V.C. STUDENTS (L-R) KARL SANTOS, CJ RIVERA AND CHRIS MCELROY



stop at Andrew Mynarski V.C. Junior High School on their month-long trek across the country. Grade 9 students listened to a presentation by RTP Ambassador and National Lacrosse League (NLL) athlete

RTP is an international organization that believes every child has a right to play; that it can empower and educate children that face adversity. Their program has reached one million children around the world, in countries as far away as Ghana, Peru, and as close as some First Nation communities in

"When I was in elementary school — younger than you guys — I was really struggling in school and not really doing well and that was because I was acting out and getting into trouble a lot in the classroom,"

Mr. McElroy was diagnosed with dyslexia, ADHD and used to stutter and have a speech impediment, but it was sport that

Some of Mr. McElroy's teachers noticed he'd come out of his shell during gym class and He learned to use sport as an outlet for his frustrations, and gained self-confidence that he could overcome his difficulties.

The Right to Play (RTP) campaign made a pit Mr. McElroy went on to graduate college with honours and become a professional lacrosse player.

> Sport was a huge outlet for me," said Mr. McElroy. "I understand everyone here might not be an athlete but it's so important to find that outlet; whether it's music or art or drama, or something completely different. Something you love to do and you are passionate about."

Grade 9 student C.J. Rivera enjoyed the presentation, since the topic of sport is close to his heart.

"I play sports, I help other kids with sports too - basketball and volleyball," C.J. said. "It's fun."

Grade 9 student Karl Santos also listened to the RTP presentation.

"I think it's a very helpful program for those countries that don't have the equipment and the things you need to have fun and play sports," Karl said. "(It) helps you maintain a healthy lifestyle and have fun."

Santos was also impressed with McElroy's personal story.

other activities, and was athletically skilled. "He's cool. I never imagined people could actually get drafted, like if their dream was to get drafted and he actually did get drafted. I thought that was really cool."

#### IT TAKES A VILLAGE TO **BUILD A GYMNASIUM**

STORY AND PHOTO BY JEFF MILLER

Community members gathered at Queenston School on Dec. 4 with officials from the Province of Manitoba, City Of Winnipeg, Winnipeg School Division, the Queenston Gymnasium Planning Committee and the Sweatman family to officially break ground on the Sheilah Sweatman Gymnasium.

James Allum, Minister of Education and Advanced Learning, commended the school/community partnerships that made the project a reality: "It is often said that it takes a village to raise a child and in this case it takes a village to build a gymnasium. This addition will serve the community well...you should all be very proud of yourselves."

Principal Wade Gregg said, "When you think of all who have being involved in this long-awaited project, it truly represents a combined effort; the whole is really greater than the sum of its parts."

The gym is named after Sheilah Sweatman, who lost her life tragically during a volunteer mission with Nelson, B.C. Search and Rescue in 2011.

"Sheilah grew up in River Heights and was an outstanding student, athlete, artist and community volunteer dedicated to serving others," said Colleen McFadden, Chair of the Queenston Gym Campaign. "Naming the gym in Sheilah's honour will provide our students and young people with inspirational messages of community service and living life to the fullest."

The gymnasium will be 4800 sq. ft. and will be used by both the school and the community; completion of the project is slated for September.



#### **14 DEC 2013**

# **13 DIVISION SCHOOLS RECEIVE FUNDING FOR THEIR COOL 2BE KIND PROPOSALS**



SISTER MACNAMARA SCHOOL RECEIVES A FUNDING AWARD FOR THEIR COOL 2BE KIND PROPOSAL



COLLÈGE CHURCHILL'S GRADE 10 PROMOTIONS CLASS RECEIVES FUNDING FOR THEIR KINDNESS PROPOSAL. (L TO R) WPA PRESIDENT MIKE SUTHERLAND, ANNA WHITE, THOMAS ANDREWS, ALANA RAMSHAW, RACHEL JACKSON AND CLARE BRIGHAM, AND MLA FOR BURROWS MELANIE WHITE.

the Winnipeg Police Association has awarded schools initiatives. With monies and revenue from tote bag sales, the second annual Cool 2Be Kind campaign was able to raise in excess of \$10,000 to fund 19 kindness initiatives.

Winnipeg Police 'The Association is extremely happy to see so many students and individuals throughout our city who are making sure the kindness movement continues to grow," said Mike Sutherland, President of the Winnipeg Police Association.

Honourary Shelly Glover, Minister of Canadian Heritage and Official Languages and statement,

School hosted the Cool 2Be I have seen the negative to accompany their entries. Kind awards presentation. impact that bullying For the second year, has on children in our communities. Initiatives funded through the Cool throughout 2 Be Kind campaign are Winnipeg with funding not only taking steps for their unique kindness to prevent bullying and promote the values of raised through sponsorship kindness and acceptance amongst youth, they are also laying the groundwork for these students to remain productive, supportive and law abiding members of society."

Collège Churchill's Grade 10 Promotions class proposed to put "Appreciation Journals" in every classroom. Research has shown that when people are encouraged to realize The following Winnipeg the positive aspects in their lives, it will bring the best for successfully received out in them. Students can funding for their kindness take the journals and write proposals: Cecil Rhodes, Co-Chair about something they are Clifton, Collège Churchill, thankful for. It could be as Earl Grey, River Heights, big as a roof over their head Isaac Newton, Kent Road, or as small as an ice cream Lord Nelson, Niji Mahkwa, Minister Responsible for cone they ate yesterday. River Elm, Robertson, Manitoba said in a prepared The students will have the Shaughnessy Park and Sister "Throughout freedom to express positive MacNamara.

On Nov. 19, Kent Road my career as a police officer feelings, including drawings

Sister MacNamara School received funding for their proposal as well. They proposed that the student council and the choir are going to write their own song and make a video to share with the world. The lyrics will all be student generated and contain a message of kindness, acceptance and antibullying. The video is going to demonstrate student empowerment kindness, promoting teamwork and the ability of every child to make a difference in the school and in the community.

School Division schools



stop bullying.

In its first year, off duty Winnipeg police officers visited over 25 schools and awarded 20 schools over \$6,000 in funding for their special kindess projects.

Association President.

The Cool 2Be Kind campaign is about celebrating acts of kindness and the officers' goal is to leave students with the positive tools to bring their proposals to reality. One of the tools includes leaving every student with a kindness card at the end of the presentation. The students can carry around the card with them as a reminder or give it to someone else who they see doing a kind act.

Some of last year's proposals included promotional videos, awareness posters and donating blankets to homeless people.

said Mr. Sutherland.

this past October.

If you are a parent, student or teacher who would like to book a Cool 2Be Kind presentation for your school, please call the WPA office at (204) 957-1579.

You can do your part by purchasing a pink Cool 2Be Kind tote bag for \$10 with all the proceeds funding the winning kindness proposals. The pink tote bags can be purchased at all Winnipeg police district stations and the WPA office at (70-81 Garry St.).



### **IT'S COOL2BE KIND!**

On Tuesday, Nov. 19, Arianna Chisholm and Elizabeth Badger from École River Heights School were recognized by the Winnipeg Police Service's Cool 2Be Kind campaign for proposing two community projects that they plan to carry out with the help of classmates this school year. The projects involve collecting and distributing hot food and other items to members of Winnipeg's homeless community, and making no-sew fleece blankets to distribute to teen mothers and their babies at Villa Rosa. Each project was awarded \$500, and it is the first time that any student group has been awarded funding for not one, but two projects. Teacher Jennifer Wiebe and student teacher Anna Feely will be overseeing the projects and other students will be invited to join in the efforts as the projects take shape. Donations of gently used warm clothing or hot chocolate/soup are gratefully accepted at the school.

Files courtesy of École River Heights School.



TEACHER JENNIFER WIEBE (LEFT), ELIZABETH BADGER, ARIANNA CHISHOLM, AND STUDENT-TEACHER ANNA FEELY.

#### DEC 2013 15

# IT'S STILL COOL 2BE

#### STORY AND PHOTO BY JEFF MILLER

The Winnipeg Police Association visited R.B. Russell Vocational High School in September to officially kickoff their second annual Cool 2Be Kind campaign. Their goal: to help raise awareness to

"We want to give the students a platform to share stories of upbeat experiences that may go unnoticed," said Mike Sutherland, Winnipeg Police

The campaign hasn't gone unnoticed.

"Other police agencies across the province and the country are looking at starting their own programs,"

Schools across Winnipeg are invited to create and submit their own kindness proposal with the chance to see their project funded.

The Cool 2Be Kind submissions were due



WINNIPEG POLICE ASSOCIATION PRESIDENT MIKE SUTHERLAND ADDRESSES THE CROWD AT THE KICKOFF OF THE 2ND ANNUAL COOL 2BE KIND CAMPAIGN AT R.B. RUSSELL VOCATIONAL HIGH SCHOOL.

#### **STUDENTS LEARNING** FROM STUDENTS

#### STORY AND PHOTO BY JEFF MILLER

On Oct. 11, Dr. Richard Hechter, an Assistant Professor of Science Education in the Faculty of Education, Department of Curriculum, Teaching and Learning at the University of Manitoba, brought his Education students to Brock Corydon for a fun day of teaching and demonstrating science to Grade 1-4 students.

Dr. Hechter gets his students to plan engaging curriculum based lessons and then they are given the real-life opportunity to try their lessons with elementary students. The planning process, as well as the reflection of the lesson, provides for great learning.



NIVERSITY OF MANITOBA EDUCATION STUDENTS SHOW BROC CORVION STUDENTS HOW TO USE METAL DETECTORS

The students from Brock Corydon had the opportunity to try out new and exciting methods and materials - like metal detectors, magnets, static electricity, music and how sound travels, just to name a few.



HEAD CUSTODIAN JUNEL MALAPAD PROUDLY WAVES THE CANADIAN FLAG AS HE PASSES GLEN ELM SCHOOL DURING A FOUR HOUR RUN FOR TYPHOON HAIYAN

#### FRIGID TEMPERATURES NO MATCH FOR DEDICATED FUNDRAISERS

STORY AND PHOTO BY JEFF MILLER

Glen Elm School students took to their "I love helping people and together with my neighborhood in December, running to friends; we get to encourage others to do raise money for people affected by Typhoon good deeds," said Grade 6 student Jenevieve Haiyan in the Philippines.

Out of the 16 million people affected by the Fellow member Jordan Unger said, "I disaster, 3.9 million were displaced (at least am super excited to have a chance to be a time of publication).

Shortly after the disaster, Head Custodian Junel Malapad approached the school's once, but for four hours without stopping. their turn showing support by cheering Glen Elm's Student Voice is a group of and waving banners as Mr. Malapad passed Grades 4-6 students who plan events and by the school. The combined efforts of fundraisers throughout the school year students and staff resulted in \$3,350 worth under the Me To We model.

Students were thrilled by the offer and "It was a huge success," said teacher April to the student body how their donations fundraiser. The lessons learned covered would be used in the relief effort. Students all aspects of the curriculum...(and regular morning announcements.

Dworan, a veteran Student Voice member.

100,000 are still in evacuation centers at the leader in the school. When I was in Grade 4, I would always see the fun activities that Student Voice got to plan and now I get my opportunity."

Student Voice team with an idea to raise On the day of the run, 16 Student Voice donations: the custodian offered to run a members joined Mr. Malapad on the circuit around the neighborhood not just running circuit; every classroom also took of donations for the cause.

immediately started promoting the Morton. "When the government matches fundraiser. They contacted the Red Cross the amount it will double to \$6,700. The and had a rep visit Glen Elm to explain students were involved in all aspects of this also promoted the event with posters and demonstrated) the importance of helping others who need our help."

#### SISLER HIGH SCHOOL STUDENTS TRAVEL 700 VIRTUAL KILOMETERS FOR A FIELD TRIP

STORY AND PHOTO BY JEFF MILLER

35 Sisler High School Information Technology students were invited into at Sisler, said: "It is a great a virtual classroom to opportunity for all the participate in a field trip. students to connect and Through the technology of live video conferencing, Cormorant Lake School invited 1,200 students from across Manitoba on Sep. 18 to learn about the traditional meaning and use of bears in the Aboriginal culture.

Cormorant Lake School is located 700 km north of Winnipeg on the east of Cormorant shore Lake in a community of approximately 400 residents. The Frontier School Division operates schools in small Manitoba communities that are often only accessible by boat, air (float plane), rail, or winter ice roads. Frontier School Division has committed to providing a virtual bridge to allow students from rural schools the opportunity to share their traditions with students in urban schools.

Jamie Leduc, Department

As the school bell rang, Head of Business and share information through 21st Century learning. Our students have the opportunity to connect with students that they have never had access to before."

> It was a full interactive experience where not only did the students observe the presentation from the Cormorant Lake students, they were also streaming live questions over the video conference.

"We were given the outline of the presentation and then together as a group we brainstormed to come up with questions to ask." The question most important to the group was, "Do you get emotional when you are skinning the bear?" said Grade 11 student Alexandra Magoanua.

Jacqueline Monteith, Science Consultant for Frontier School Division, said: "I hope that this will be the



#### GRADE 11 STUDENT ALEXANDRA MAGOANUA TYPES HER QUESTION FOR THE STUDENTS FROM CORMORANT LAKE SCHOOL DURING THEIR VIRTUAL FIELD TRIP.

first in a series of Virtual Video Field Trips around Frontier solutions. The SoapBox. School Division."

Mr. Leduc said that the presentation tied into his larger project perfectly. Sisler High School's Digital Voices course has launched an Educational Speaker series called SoapBox.ED through High Definition

Conferencing ED series will be hosted by students for students shared through and internet streaming. For more information about the SoapBox ED program, visit their website at www.soapboxed.org



SCAN OR CLICK TO VISIT THE SOAPBOX ED WEBSITE



MS. RODRIGUES' ROOM 13 SINGERS PERFORM "TODAY I'M GOING TO TRY AND CHANGE THE WORLD."

### PATIENCE AND PERSEVERANCE PAYS OFF

"Open the door to our future" Since 2008, Ms. Rodrigues Councillor Pagtakhan said, and safer place to live in.

On Oct. 31 Dufferin School made a book presentation called 'Unveiling the Truth' which focuses on the issues, Seiler.

was the chant Dufferin and her students have "You children believe in School students used when invited the councillor to changing the world, that's they marched to City Hall Dufferin and have either why we are going to do in 2007. They marched taken him on a community our part and continue to with parents, community walk or have made video improve the community. members and staff to present presentations displaying It started with installing a their vision for making their and identifying issues cross walk and a butterfly community a better, greener they have seen that need garden and it will continue immediate action in their with a new play structure community. Last year, they next spring at Dufferin Park, also met with the Mayor as well as planting flowers in Sam Katz and expressed front of the school." their concerns.

changes and the initiatives in "Last year, my students Wyke concluded the the Centennial Community. identified the need for a presentation by saying, "I The book was authored, pedestrian crossing at Isabel believe you children can illustrated and edited by St. and Alexander Ave., change the world. What we Ms. Rodrigues' Grade 3/4 keeping in mind the safety need to do is to go home students and was presented of Dufferin students," said and tell your family and to Point Douglas City Ms. Rodrigues. "They also your neighbours that what Councillor Mike Pagtakhan, advocated for a new play we are doing is important Winnipeg School Division structure at Dufferin Park and encourage them to get Chief Superintendent Pauline as the old structure was a involved to make sure the Clarke and Superintendent safety hazard for kids. The Centennial Community is of Schools-Inner City, Karin third aspect was greening a beautiful place to live for the community."

Dufferin Principal Wayne vears to come."





Sisler High School had two a difference. Our founder, speak to the students about how young people have the power to make change happen in the world.

Free The Children is part of a family of organizations, including Me to We and We Day, that has a shared goal: to empower a generation to shift the world from 'me' to 'we' — through how we act, how we give, the choices we make on what to buy and what to wear, the media we consume and the experiences with which we

Joanna Lim and Jason Frittaion are speakers and leadership facilitators at Me to We and came to share their message about changing the world.

Mr. Friattaion "Together we can all make effect change."

# GIVING YOUNG PEOPLE THE **POWER TO CHANGE THE**

JASON FRITTAION AND JOANNA LIM SPEAK TO GRADE 12 STUDENTS AT SISLER HIGH SCHOOL

choose to engage.

years old in 1995 when he gathered 11 school friends to begin fighting child labour. He read about the story of Iqbal Masih, who was born in South Asia and sold into slavery at the age of four. In his short life, he had spent six years chained to a carpet-weaving loom Iqbal captured the world's attention by speaking out for children's rights. At age 12, Iqbal lost his life defending the rights of children."

Ms. Lim said, "We are here today to deliver Craig's message. Together with your help we can free the children from poverty. Free the children from exploitation. Free the children from the notion said, that they are powerless to

Ms. Lim added, "Hunger young visitors that came to Craig Kielburger was 12 is the number one cause of death in the world, more then HIV, malaria and tuberculosis combined."

> Through the Adopt A Village program, the organization works in partnership with communities to break the cycle of poverty. Adopt A Village to date has built over 650 schools in third world countries where 55,000-plus students can now attend school every day.

"By building the schools and giving young people like yourselves the opportunity to learn, not only can we feed the children but we can teach them how they can feed themselves," Mr. Friattaion said.

### SHAUGHNESSY PARK WINS VIDEO AWARD

**STORY BY GILBERT GREGORY** 

Add the Grand Prize from the 2013 Rise Against Homophobia Youth Short Video Contest at the Vancouver Queer Film Festival to the impressive list of awards students at Shaughnessy Park School have won thanks to their video-producing skills.

The video was created by the student team of Bradley Bellows, Liam Freeman, Allan Demery, Keenan Francis and Marcus Spence.

Entitled *Be the One Who Helps*, the 60-second video features a hurdler clearing six obstacles representing challenges people might encounter in their daily lives: stereotypes, bigotry, bullying, prejudice, discrimination, intolerance and homophobia. The hurdler, played by university student Luke Scantebury, easily clears the first six hurdles before stumbling on the seventh and final hurdle-homophobiaand falling to the ground. As he sits on the track, a bystander comes to his aid and helps him get back on his feet. The narrator states, "Sometimes we need a little help to overcome life's hurdles. Be the one who helps."

The students had fun making the video and learned a thing or two along the way.

"It means that homophobia is a hurdle people need to overcome," Liam said. "But if you have help, it can be easier to overcome. There's nothing wrong with being gay, lesbian or bisexual."

"It was exciting and I was happy we won. Coming up with the idea was my favourite part," said Bradley. "It was fun and challenging. The message is: be the way you are, you don't need to change to fit in."

Mitch Rygiel, the LAC teacher at Shaughnessy Park, said making the video helped his students learn about homophobia and other forms of discrimination.

"The topics really come to life when we have to thoroughly evaluate what homophobia is," Mr. Rygiel said. "They like to make a fun video, but they like to make a video about real topics too. They're very proud (of the video). There's a sense of accomplishment and purpose."

For their efforts, the school received a plaque and the team was given \$2,500, which was split among its members. Liam said he used his money to start a business repairing and selling go-carts, while Bradley said he used his to purchase videogames.

You can view *Be the One Who Helps* at: http://youtu.be/d8N-432idLM



SCAN OR CLICK TO VIEW VIDEO

# \$14,000 IN SPORTS Equipment donated **TO WINNIPEG SCHOOLS**

#### **STORY BY JEFF MILLER**

Manitoba Physical Education Teachers Association (MPETA) hosted donated to one high school, one middle school and two elementary the 2013 National Physical and Health Education Conference at schools. the University of Manitoba. Physical Education teachers attended the conference from across the country and even a few from the United States.

Gopher Sport was the official equipment supplier for the event. In that role, Gopher supplied workshop presenters with equipment and had it delivered directly to the presenters' workshop. After the conference, all the equipment used in the workshops was then donated to four local schools in Winnipeg School Division.

"It was a fantastic opportunity for us to provide the equipment for the National Conference, it is meant to showcase the varieties of different session presenters so they could share with their colleagues the different activities they can take back to the students. At Gopher Sport we believe that physical education is equally as important as Math, Science and English," said Matt Ginski from Gopher Sport.

On Oct. 25, Physical & Health Education Canada (PHE) and the At the end of the conference the equipment used in the sessions was

"With this generous donation from Gopher it will go a long way. The equipment being donated is really unique and engaging and I know the students are really going to enjoy it. It will also help the teachers to effectively deliver their program," shared Dave Bard, Physical Education Consultant at the Winnipeg School Division.

"While participants were enjoying their lunch they were treated to an exhilarating demonstration of dance called Dance Spectacular," Mr. Bard added. "The Dance Spectacular is an exhibition at the PHE Canada dances that are occurring in our schools. We had students from Grades 1 to 12 from the different school divisions demonstrating the different levels and cultures of dance. I want to congratulate all the students that participated on the tremendous job that they did."

### **BREAKFAST FOR LEARNING RECEIVES NEW FUNDING**

#### STORY AND PHOTO BY JEFF MILLER

Niji Mahkwa School hosted a funding announcement in front of an enthusiastic group of staff and students as well as Canadian Superstore and Extra Foods employees. The Nov. 7 press conference was held to announce a gift of \$239,560 for Breakfast for Learning by President's Choice Children's Charity's Executive Director, Peggy Hornell.

"President's Choice Children's Charity is committed to helping kids to do anything. Through our grants for disability and donations to programs that fight childhood hunger, we want to help as many children as possible to grow up and to live life well," Ms. Hornell said.

"Children who are well fed learn better and have an improved chance of success in school. President's Choice Children's Charity's generous support will allow us to feed thousands of children through school nutrition programs across Manitoba," said Daniella DeMare, Provincial Coordinator for Breakfast for Learning in Manitoba.

Twice a year, customers are asked at the checkout if they would like to donate a dollar or two for President's Choice Children's Charity with 100 per cent of donations staying "It is very exciting to receive a new stove because our in Manitoba. The administration costs are being funded by Loblaw Companies Limited, ensuring that every dollar raised goes to help children and their families. Since 1989, the charity has awarded more than \$86 million across Canada, supporting more than 1.3 million children.

Ms. DeMare is responsible for distributing funding and was excited to inform Niji Mahkwa School that they will be receiving a brand new double stove to help prepare food for the children who use the breakfast program at the school.



breakfast coordinator has to heat up food in two different locations. Now she can do it all in the lunchroom," said Rob Riel, Principal at Niji Mahkwa School. "Students that use the program have a variety of items available to them such as breakfast porridge, cereal, toast, milk, and juices. No student will go to class without being fed breakfast. It is the key to success in learning and starting the day off right."

Following the gift presentation, Niji Mahkwa students were treated to healthy snacks courtesy of President's Choice Children's Charity before returning to class.

#### **R.B. RUSSELL RAISES TIPI** FOR CULTURAL AWARENESS STORY AND PHOTO BY JEFF MILLER

R.B. Russell Vocational High School students raised their very own tipi in the school's center courtyard. The tipi is meant to bring the families and communities together in raising cultural awareness.

"We are fulfilling the dreams of our Elders who wanted to see the tipi standing over twenty years ago. The tipi represents a tradition that brings the community together," said Debbie Capitano, Community and Student Support worker.

"The poles and the cover both needed to be replaced so it allowed us to reach out to our Elders and learn about traditional tipi teachings," added Ms. Capitano.

John McLeod is the building construction teacher at R.B. Russell and also sits on the Aboriginal Education Committee.

an outlet to share."

"We have created an interactive classroom where everyone can learn, celebrate and interact with Aboriginal traditions. The tipi will encourage Elders, parents and community members to participate with events such as, healing, sharing circles, and traditional teachings," said Marnie Malandrakis, Senior Passages Program Teacher.

If you would like to see the tipi, or find out about events that are being planned, please contact the school at 204-589-5301.



STUDENTS ASSEMBLING THE TIPI THAT NOW SITS IN THE CENTER COURTYARD OF R.B. RUSSELL VOCATIONAL HIGH SCHOOL

"From the start it was important to have the feedback of everyone involved, especially the students. There was a debate with how many poles were to be used when building the tipi. Some Elders said twelve while others said it should be thirteen, but one of the students stood up and said we will decide because it is our school and our tipi. At that moment I knew what we were doing was right," Mr. McLeod said.

The one thing that immediately stands out when you see the tipi is that there are no paintings on the outside. Mr. McLeod said this was done with intent.

"When the children come to this school they might be viewed by the community and even the teachers as bad kids or trouble makers, that represents the outside of the tipi. If you want to know the real student you are going to have to come inside the tipi to see their stories. I hope the drawings and paintings will represent the students journey through high school and give them



### **GIRLS FOR THE CURE WALK FOR CANCER**

STORY AND PHOTO BY JEFF MILLER

In a "March of Pink," 120 Mulvey School students joined with Balmoral Hall students in a cancer-awareness walk to the that include dance and music clubs, Youth Manitoba Legislature.

Students proudly donned bright pink "Girls For The Cure" t-shirts for the walk.

This is the 15th year that Balmoral Hall School has organized their walk for the fight against cancer and Mulvey School has participated in this event for the last six years.

The event represents Balmoral Hall's commitment to community service and has raised over \$280,000 to help in the research of breast and other forms of affect all of us and working collaboratively cancer in women.

Mulvey School will collect donations from students, families and staff to direct to this honourable cause.

The partnership with Mulvey connects the schools yearly and extends beyond the walk for cancer.

Each year, Mulvey and Balmoral Hall partner with various volunteer programs to Youth Mentorship Program, special holiday events and activities, shared concerts and performances as well as Reading Tutors.

The goal of this teaming is that it can serve as an excellent example of how community activism between a private high school and public elementary school can have far reaching effects and make a tremendous difference and impact on the lives of so many.

It is a strong reminder that cancer can to raise funds and awareness for this important cause is significant to everyone.

Should anyone wish to continue the momentum created by the Balmoral Hall School and Mulvey School communities, please direct your donations directly to CancerCare Manitoba referencing Girls for the Cure Walk.

## **CYBER SAFETY** STORY BY GILBERT GREGOR



School and across North part thanks to the video- attending Sisler in the America learned some conferencing technology Cisco Academy program. sobering when they took part in Division's Polycom Bridge, safety and how people Mental Health Awareness to see and listen to the and their computers from video-conferencing session speakers and ask them online predators and originating in Sisler's questions following their hackers. library, Nov. 19.

Students at Sisler High across North America took post-secondary students presentations.

information of the Frontier School They spoke about cyber- "If your parents don't know the Online Security and which allowed them can protect themselves

"Every time you connect, While Sisler students were First up were James you have to understand the on site, students from Wilson and Nick Dixon, risks of going on line," Nick said. "The most important Ms. Todd said that when asset you have to look out someone is targeted by for online is your personal bullies and persecuted you go, you're dealing with it can affect their mental technology. You have to health. understand what risks there are. It continues to grow as technology grows."

online until she couldn't cope with it and took her own life in October 2012.

Ms. Todd was candid in person in a chat room and describing her daughter's trusted that person enough ordeal and was passionate to send them a topless in her desire to share with students who are victims of online bullying to tell their friends and get help from adults they can trust, lies about Amanda and even if they have done went so far as to create something they think a fake Facebook page to might disappoint their discredit her. The person parents or get them in responsible for the attacks trouble.

what you do, they can't help "Safeguard yourself and you," she said. "I do this don't trust people, because because I want to make you never know who is on the world a better place for the other end," she said. you and your kids. You are "When someone harasses the future generation. It is you, hit delete in your brain up to us to make the world and walk away." safe for you."

information. Everywhere the way her daughter was,

"If we don't solve the problem, we end up dealing with mental-The next presenter was health problems," she Carol Todd, a teacher said. "Bullying causes from British Columbia youth mental-health issues whose daughter, Amanda, which leads to suicides. was exploited and bullied We must deal with it to prevent suicides."

> Ms. Todd shared how her daughter met an unknown photo of herself. That person posted the picture on different sites on the Internet, spread malicious on Amanda has never been found.







WINNIPEG SCHOOL DIVISION

TRAVEL THE WORLD OF READING

#### STORY AND PHOTO BY JEFF MILLER

On Oct. 24, École Victoria-Albert School hosted a special parent evening book of their choice for every member of the class. Another activity was event to wrap up a month of reading activities for Fall into Reading.

Passports were sent home with students; attending families brought their "Our Committee pooled together 20 books that we felt that every student in passports to the school to "Travel the World of Reading." Families were our school should know, and then teachers shared these books with their grouped into four teams, and then rotated through stations that showed students throughout the month. The bingo questions were related to the parents ways of helping their children with reading at home. Families books and there were games at our opening and closing assemblies to get were able to learn about home reading, find out about dual-language books available in the library, participate in a variety of fine-motor activities and learn about literacy through technology, such as RAZ Kids or Tumblebooks. At the conclusion of the stations, families were invited to the gym to share a snack and talk to each other about what they had learned. The evening was very well-attended and everyone seemed eager to learn about reading at home, as well as at school.

"At École Victoria-Albert School, we believe that reading is extremely important, not just for one month of the school year, but for the entire school year and beyond," said Donna Hardman, an EAL Support teacher and committee member for Fall into Reading. "This is why as a school, we decided to plan our annual month of reading-related activities at the beginning of the school year, so that we could set the tone for reading for the entire year."

Activities included daily "I Spy A Reader" ballots that students could enter for weekly prizes, staff and support staff guest reading, and a daily bingo game on the announcements in which the winning class won a Scholastic

called Twenty Terrific Titles.

students excited about reading these titles."







## **ANDREW MYNARSKI V.C. STUDENTS TAKE FLIGHT!** STORY AND PHOTOS BY ANDREW MYNARSKI V.C.

Students from Andrew Mynarski V.C. Junior High School suited up for a field trip to Harv's Air Pilot School. As part of the Student Engagement program, twelve students with a passion for flight were given the special opportunity to go on a real flight above St. Andrews and Birds Hill Park. Students in the program have spent 10 afternoons in the program learning about flight through hands on activities. While touring the pilot school, students also had the chance to get hands on by taking controls in a full motion simulator used to train real pilots. Student Engagement teacher Patrick Tytgat says that the Student Engagement program aims to "inspire kids through real life experiences."

#### SILVER **CROSS MOTHER SHARES MEMORIES OF HER SON** STORY AND PHOTO BY JEFF MILLER

On Nov. 8, École River Heights School held its Remembrance Day Service.

The bilingual service consisted of readings, a performance by the choir, a dance piece performed by Grade 8 dance students, and a key-note address from Della Morley.

Mrs. Morley, of Elkhorn, Manitoba, is the mother of the late Corporal Keith Ian Morley. Corporal Morley was killed in the



DELLA MORLEY. MOTHER OF THE LATE CORPORAL KEITH IAN MORLEY, ADDRESSES STAFF AND STUDENTS AT ÉCOLE RIVER HEIGHTS SCHOOL ON REMEMBRANCE DAY.

Panjawi District of Afghanistan on Sept. 18, 2006, while serving with A Company, 2nd Battalion, Princess Patricia's Canadian Light Infantry from Shilo, Manitoba. He was one of four members of the Canadian Forces killed as a result of a suicide bicycle bombing while on foot patrol in the district. He was originally from Winnipeg, Manitoba.

Mrs. Morley shared her memories as a little girl growing in Elk Horn and attending Remembrance Day services and walking through the streets with the veterans down to the town hall. Mrs. Morley also wanted to share stories of her son.

"Keith loved the outdoors, woodworking, barbecuing and books. He would help anyone who asked and had a great sense of humor."

In 2009, Mrs. Morley was chosen as a Silver Cross Mother. A Silver Cross Mother is chosen each year by the Royal Canadian Legion to lay a wreath during the Remembrance Day ceremony at the National War Memorial in Ottawa on behalf of all mothers who have lost children in the service of their country. The title is named for the Silver Cross, a medal awarded by the Canadian Forces.

Corporal Keith Ian Morley was commemorated by the Province of Manitoba with the naming of Morley Lake in his honour, 60 kilometres north of Flin Flon.

The reading of "In Flanders Fields" by Grade 7 students, the laying of the wreath by the cadets and the placing of the poppies by classroom representatives on the wreath then followed Mrs. Morley's address.





## **BUILDING A "LIVING** CLASSROOM" FROM THE GROUND UP

planting trees and shrubs all composting, vermicomposting is involved right from the beginning by assisting the tree planters from Shelmerdine to dig holes for trees.

Since the beginning of the school year, all students from Nursery through Grade 6 have been learning about plant life sustainability. One classroom is taking what they have learned and applying it to their tree.

Greenway School kicked off phase learning about vermicomposting. Special Education Resource Teacher responsible for the care of the tree and one of its "Greening Project" by Commonly known as worm around the North playground. The the process of using red or other students had an opportunity to get types of worms to convert organic/ food waste into humus, a nutrientrich soil conditioner. The classroom will be applying the composted soil conditioner to a few trees to see if it TD Friends of the Environment will help with the growth.

> "The idea of the program is to While planting was taking place, include both the students and the community. We want the students to have the opportunity to learn

Cheryl McCallum.

Ms. McCallum added tree planting is the first stage in a three year plan to turn part of the playground field into a "Living Classroom."

Foundation and Toyota Evergreen.

classrooms teamed up to adopt a tree. The teams are now responsible for watering their tree every second from this project and we encourage day and making sure that the tree the community to get involved is not damaged by others or by Robyn Smith's Grade 5 class has been and enjoy the green space," shared recess equipment. The teams will be garden.

the teachers are working to integrate the tree and planting into lessons and themes.

Jon Timothy Boo, who just moved to Canada from Singapore at the This project is funded by the beginning of the school year, said: "I am really excited to see our tree grow (Russian Ash) because it will have lots of berries on it and I like eating fruit."

> Upon completion the "Living Classroom" will include a berm (small grass hill) and a butterfly

## THE GREAT BOOK **GIVEAWAY** STORY BY GILBERT GREGORY

Future authors and illustrators at Luxton School learned from two of the best in the business when they were visited by Loris Lesynski and Michael Martchenko, Nov. 8.

Ms. Lesynski, an author and illustrator, and Mr. Martchenko, an illustrator, were at Luxton as part of the TD Grade 1 Book Giveaway program, which saw each of the school's Grade 1 students receive a copy of Boy Soup, which was written by Ms. Lesynski and illustrated by Mr. Martchenko.

The Grade 1 students were very excited to be visited by the people who created one of their favourite books.

"I like the pictures and it's funny," said Sal McNiven.

"I like the style of the books," added Owen Mushaluk.

"I like reading books," said Maverick Shmon. "My favourite books are about dinosaurs."

Ms. Lesynski told students how she realized she wanted to be an author and an illustrator when she was a youngster and discussed the process of writing books with the students.

Ms. Lesynski then read the book with the help of the students, many of whom knew it well enough that they were able to say the lines along with her.

This was followed by Mr. Martchenko, who used a PowerPoint presentation to show students how he illustrated Boy Soup.

#### THE MINIONS HAVE **ARRIVED AND THEY CAME TO DANCE**

STORY AND PHOTO BY JEFF MILLER

On Oct. 31, Gru (aka Principal Luba Krosney) and her staff Minions took over the halls of Lord Nelson School for a Halloween Howl. Ms. Krosney and staff kicked off the traditional Halloween parade around the school gym with Gru's Dance. The theme was based on the animated children's movie series Despicable Me.



THE STAFF OF LORD NELSON SCHOOL PERFORM A DANCE TO KICKOFF THEIR HALLOWEEN PARTY

"When you get an idea, capture it, write it down and use it later," she advised students. "One day I thought, 'Boy soup is the funniest title I've ever heard.' So I wrote the story and Micheal (Martchenko) illustrated it."



LUXTON STUDENTS HOLD COPIES OF BOY SOUP DURING A VISIT BY AUTHOR LORIS LESYNSKI AND ILLUSTRATOR MICHAEL MARTCHENKO (STANDING)



## **RADIO SANTA!**

STORY AND PHOTO BY JEFF MILLER



Pte. Pilot, from Winnipeg's 38 Signal Regiment's 1 Squadron, helps a student put on a military backpack during Operation Radio Santa at Greenway School.

On Dec. 5, members from the squadron were on a special mission: connecting Winnipeg children to the North Pole so they could talk directly to Santa via military radio.

"Our goal with this mission, aside from the children speaking with Santa, is to raise awareness that we are active members in the community and not just the soldiers that go overseas," said Master Cpl. James Jubenville. "This is by far my favorite operation. The headset goes on and the children hear a hearty 'Ho! Ho! Ho!' and they get a huge smile across their face."



## **BOARD BRIEFS**

#### <u>OCTOBER 7, 2013</u>

**Dennis Perron** Appointed to the position of Principal at William Whyte School Effective Oct. 8, 2013

#### **Jeannette Tourangeau** Appointed to the position of

Acting Principal at Lord Roberts School Effective Oct. 3, 2013

#### Lori Christie

Appointed to the position of Acting Supervising Vice-Principal at Lord Roberts School Effective Oct. 3, 2013

#### Shane Fox

Appointed to the position of Acting Principal at Shaughnessy Park School Effective Oct. 28, 2013

#### Joan Fransen Appointed to the position of Acting Teaching Vice-Principal

at Shaughnessy Park School Effective Oct. 28, 2013 **Valerie Allan** Appointed to the position of

Appointed to the position of Acting Teaching Vice-Principal at Tyndall Park School

Effective Oct. 7, 2013

#### OCTOBER 21, 2013

Maria Silva Appointed to the position of Principal at Lord Roberts School Effective Oct. 22, 2013

#### **Jackie Connell** Appointed to the position of Acting Principal at R.B. Russell High School Effective Oct. 8, 2013

#### Lisa Fraser

Appointed to the position of Acting Teaching Vice-Principal at R.B. Russell High School Effective Oct. 8, 2013

#### **NOVEMBER 4, 2013**

#### Joan Fransen

Appointed to the position of Teaching Vice-Principal at Gordon Bell High School Effective Nov. 12, 2013

#### Claudette Warnke

Appointed to the position of Teaching Vice-Principal at École Garden Grove School Effective Jan. 6, 2014

#### **Ruth Schappert**

Appointed to the position of Teaching Vice-Principal at École Lansdowne Effective Jan. 6, 2014

#### NOVEMBER 18, 2013

**Pat Burgess** Appointed to the position of Acting Supervising Vice-Principal at École Secondaire Kelvin High School Effective Nov. 4, 2013

#### **DECEMBER 2, 2013**

**Donna Miller** Appointed to the position of Principal at Churchill High School Effective Jan. 6, 2014

#### Susan Anderson

Appointed to the position of Principal at Grant Park High School Effective Feb. 3, 2014



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Our Schools is published five



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SCAN OR CLICK TO WATCH THE WINNIPEG SCHOOL DIVISION IN ACTION!

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