



2016-17

Families

There are all kinds of families in our WSD community. By providing resources that reflect the diversity of students' families, educators can create an atmosphere of inclusion and acceptance in their classrooms and schools. This pathfinder includes a wide variety of titles celebrating families in all their many forms, as well as provides professional resources educators can use to better understand families' strengths and challenges.

To borrow these resources, contact the Library Resource Centre at <u>wlsslibrary@wsd1.org</u> or call 204-788-0203 ext. 343 (VOIP 101343). These resources can also be booked online by clicking the image of a resource or its title in this pathfinder, then selecting the **Place Hold** button and logging in to the catalogue.

SEARCH TERMS:

Keywords: family, adoption, adopted children, gender identity resources, human diversity resources. **Subject Headings:** families, parent and child, family life, LGBTQ resources, gender identity.

BOOKS FOR STUDENTS



E BRA

Bradley, Sandra. <u>*Henry Holton takes the ice.*</u> New York, NY: Dial Books for Young Readers, an imprint of Penguin Group Inc., 2015.

Henry Holton comes from an ice hockey-obsessed family, but despite his comfort on the ice, his aspirations lead him to pursue another sport--ice dancing.



E COM

Combs, Bobbie. <u>ABC: A family alphabet book</u>. Ridley Park, PA: Two Lives Pub., 2000.

Celebrates LGBTQ families as it teaches young children the alphabet.





E COX

Cox, Judy. My family plays music. New York: Holiday House, 2003.

A musical family with talents for playing a variety of instruments enjoys getting together to celebrate.

E HUG

Hugo, Lynne. *Jessica's two families: Helping children learn to cope with blended households.* Far Hills, N.J.: New Horizon Press, 2005.

Like so many children from divorced families, Jessica finds herself dealing with the pressures and anger that come when both her mother and father remarry and she has two whole new families to live with, each with different rules.



E MCD

McDonnell, Christine. *Goyangi means cat.* New York: Viking, 2011.

An understanding cat helps a young Korean girl adjust to her new home in America.



E NEE

Neer, P. J. <u>A home for Ruby: Helping children adjust to new families</u>. Far Hills, New Jersey: New Horizon Press, 2015.

Never feeling loved by previous owners, mare Ruby misbehaves at her new farm because she expects to be shipped off, but when she sees that her new owner loves her no matter what, she realizes that bad behavior is not a good way to get attention.

PATHFINDER: Families 2016-17

E NEW

Newman, Lesléa. Mommy, mama and me. Berkeley: Tricycle Press, 2009.

Rhythmic text and illustrations with universal appeal show a toddler spending the day with its mommies. From hide-and-seek to dress-up, then bath time and a kiss goodnight, there's no limit to what a loving family can do together.

E NEW

Newman, Lesléa. Heather has two mommies. Los Angeles: Alyson Wonderland, 2000.

When Heather goes to playgroup, at first she feels bad because she has two mothers and no father, but then she learns that there are lots of different kinds of families and the most important thing is that all the people love each other.

E OEL

Oelschlager, Vanita. <u>A tale of two daddies</u>. [Akron, Ohio]: Vanita Books, 2010.

What's it like to have two daddies? A girl happily describes life with her two dads, Daddy and Poppa, and how she has a special relationship with each one.

E OEL

Oelschlager, Vanita. A tale of two mommies. [Akron, Ohio]: Vanita Books, 2011.

A young boy describes how his two mothers take care of him, from fishing, to coaching t-ball, to comforting him when he is upset.



Wanita Oelschlager Kristin Blacky

w Vanita Oelschlager Mike Blan

od and Mike Blanc



MOMMY, MAMA, and ME





E OKI

Okimoto, Jean Davies. <u>*The white swan express: A story about adoption.*</u> New York: Clarion Books, 2002.

Across North America, people in four different homes prepare for a special trip to China, while four baby girls in China await their new adoptive parents.



O'Leary, Sara. <u>*A family is a family is a family*</u>. Toronto; Berkeley: Groundwood Books: House of Anansi Press, [2016].

When a teacher asks the children in her class to think about what makes their families special, the answers are all different in many ways -- but the same in the one way that matters most of all.



The Family Book

Parr, Todd. <u>*The family book.*</u> New York; Boston: Little, Brown and Co., 2010.

Families can come in many forms, from noisy to quiet, from large to small, and can include two moms or two dads, single parents, to moms and dads. The best thing about families is that they can make each of us stronger, by appreciating who we are.



E RIC

Richardson, Justin. <u>*And Tango makes three*</u>. New York: Simon & Schuster Books for Young Readers, 2005.

There are all kinds of families at the zoo, from children and their parents, to many animal families. Roy and Silo are two male penguins, who bond deeply with each other. When an abandoned egg needs to be tended, Roy and Silo warm it and protect it until Tango, a little female penguin hatches. Roy and Silo become two happy dads and their family is complete.



E SCH

Schiffer, Miriam B. <u>Stella brings the family</u>. San Francisco: Chronicle Books, 2015.

Stella brings her two fathers to school to celebrate Mother's Day.



E SHA

Shannon, George. <u>One family</u>. New York: Farrar Straus Giroux, 2015.

A family can be many things, in this story that introduces numbered groups from one to ten.

E SIM



Simon, Norma. <u>*All families are special.*</u> Chicago: Albert Whitman & Co., 2003.

Families come in many sizes and configurations: moms and dads, grandparents and moms, aunties and cousins, two moms. This cheerful picture book celebrates all kinds of families and encourages children to describe and appreciate their own unique family.



E THI

Thisdale, François. <u>Nini</u>. Toronto: Tundra Books, 2011.

This exceptional book about adoption is a comforting story for children and families who have experienced it first-hand.





FIC LEV

Levy, Dana Alison. <u>*The misadventures of the family Fletcher*</u>. New York: Yearling Book, 2015.

Relates the adventures of a family with two fathers, four adopted boys, and a variety of pets as they make their way through a school year and deal with a grumpy new neighbour.

FIC NEL

Nelson, Jandy. <u>I'll give you the sun</u>. New York: Dial Books, 2014.

Jude and her twin brother, Noah, are incredibly close. At thirteen, isolated Noah draws constantly and is falling in love with the charismatic boy next door, while daredevil Jude cliff-dives and wears red-red lipstick and does the talking for both of them. But three years later, Jude and Noah are barely speaking. Something has happened to wreck the twins in different and dramatic ways.



J 305.23 OUR

Our new home: immigrant children speak. Toronto: Second Story Press, 2007.

Every year, families from around the world leave their homes to start a new life in a new place, and they each have a story. In this book, children use their writing and artwork to share these stories with us. They have come from countries as diverse as China and India, Russian and Ghana, Malaysia and Argentina, Germany and Pakistan. Their words and pictures tell of the fear and sadness, the excitement and challenge of moving to a new country and starting a new life.











Dee Dee Walter-Goodspeed

J 306.5 SKU

Skutch, Robert. <u>Who's in a family</u>? Berkeley, CA: Tricycle Press, 2000.

Family is important, but who's in a family? Why, the people who love you the most! This equal opportunity, open-minded picture book has no preconceptions about what makes a family a family.

J 306.85 GOR

Gordon, Sol. <u>*All families are different</u>*. Amherst, NY: Prometheus Books, 2000.</u>

Is there such a thing as a "normal" family? Is one family better than another? Of course the answer to these questions is no, but children are often led to believe otherwise. Young people need to understand and appreciate that when it comes to families, they are all different!

J 306.85 HOF

Hoffman, Mary. <u>*The great big book of families.*</u> London: Frances Lincoln Children's Books, 2015.

What is a family? Once, it was said to be a father, mother, boy, girl, cat and dog living in a house with a garden. But as times have changed, families have changed too, and now there are almost as many kinds of families as colours of the rainbow - from a mum and dad or single parent to two mums or two dads, from a mixed-race family to children with different mums and dads, from families with a disabled member to those with a mum or dad in prison. For most people, their own family is the best one of all!

J 306.85 WAL

Walter-Goodspeed, Dee Dee. <u>*At my house what makes a family is love.*</u> Bloomington: AuthorHouse, 2006.

All kinds of families are celebrated from single parent to two mom families, two dad families, foster families, mom and dad families and everything in between. What connects these families is the love shared.



J 616.858832 EVA

Evans, Kirsti and John Swogger. <u>Something different about Dad: How to</u> <u>live with your Asperger's parent</u>. London: Jessica Kingsley Publishers, 2011.

Growing up with a parent on the autistic spectrum can be difficult, and children may often feel confused and worried by the fact that their parent is so different to others. This positive book takes an honest look at how Asperger's Syndrome can affect a family when a parent is on the spectrum, and reassures young people that it's ok to have a mom or dad who is different.



J 895.1352 MAS

Masse, Josée. <u>Motherbridge of love</u>. Bath, UK: Barefoot Books, 2007. A poem to explain birth parents and adoptive parents to an adopted child.

J 921 SON

Skrypuch, Marsha Forchuk. <u>One step at a time: A Vietnamese child finds</u> <u>her way</u>. Toronto: Pajama Press, 2012.

Brought up in a Vietnamese orphanage and rescued from the invading North Vietnamese army, Tuyet has been adopted by a kind and loving family in Canada. But polio has left her with a weak leg, and her foot is turned inward, making walking painful and difficult. She must have a series of operations but dreads doctors and the hospital because they bring back troubling memories of helicopters, a field hospital and another operation in Vietnam. But now that she has been given a chance at a normal life, Tuyet is determined to do what it takes to finally stand on her own two feet. Read about Tuvet's early life in <u>Last Airlift: A Vietnamese orphan's rescue from</u> <u>war</u>.



BOOKS FOR EDUCATORS



Supporting Transgender

155.41827 BAR

Barankin, Tatyana and Nazilla Khanlouw. <u>*Growing up resilient: Ways to build resilience in children and youth.* [Toronto]: Centre for Addiction and Mental Health = Centre de toxicomanie et de santé mentale, 2007.</u>

Explores the individual, family and environmental risk and protective factors that affect young people's resilience.

& Gender Creative Youth



Supporting transgender and gender creative youth: Schools, families, and communities in action. New York: Peter Lang, 2014.

Brings together cutting-edge research, social action methods, and theory on the topic of transgender youth and gender creative children.



WHERE I. METER & ANNE PRILLY SANDYARDS. 54

306.76083 EHR

Ehrensaft, Diane. <u>Gender born, gender made: Raising healthy gender-</u> <u>nonconforming children</u>. New York: Experiment, 2011.

SUMMARY: A ground-breaking guide to caring for children who live outside binary gender boxes.





306.768 TRA

<u>Trans-kin: a guide for family & friends of transgender people</u>. Boulder, Colorado: Bolder Press, 2012.

A collection of stories from significant others, family members, friends and allies of transgender persons. Powerful, thought-provoking and enlightening, this collection will provide for the head and the heart of anyone who has ever loved a transgender person. This is also an essential read for allies of the transgender community and anyone who wishes to an ally.

306.768 WHI

Whittington, Hillary. <u>Raising Ryland: Our story of parenting a</u> <u>transgender child with no strings attached</u>. New York: William Morrow, an imprint of Harper Collins Publishers, 2015.

After they discovered their daughter Ryland was deaf at age one and needed cochlear implants, the Whittingtons spent nearly four years successfully teaching Ryland to speak. But once Ryland gained the power of speech, it was time to listen as Ryland insisted, "I am a boy!" Hillary and her husband Jeff made it their mission to support their child - no matter what.



306.768083 BRI

Brill, Stephanie A. <u>The transgender child: A handbook for families and</u> <u>professionals</u>. San Francisco: Cleiss Press, 2008.

Covering developmental, legal, medical, and school issues, this book is a comprehensive, first-of-its-kind guidebook for the unique challenges that thousands of families face raising children who step outside of the pink or blue box.

306.7680973 NUT



Nutt, Amy Ellis. *Becoming Nicole: The transformation of an American family*. New York: Random House, 2015.

The Maines were a middle-class, hard-working, politically conservative New England couple whose lives felt complete when they adopted identical twin sons. As toddlers, Jonas was the son Kelly and Wayne Maines expected, but Wyatt was only interested in girls' clothes and toys. By age five, this conflict was tearing Wyatt--and the family--apart. Today, Wyatt is Nicole. She and Jonas are now graduating from high school. This is the story of a journey that could have destroyed a family, but instead united them. It's the story of a mother whose instincts told her her child needed love and help. It's the story of a Republican, NRAmember father who overcame confusion and fear to become a vocal advocate of trans rights. It's the story of a brother who always loved and accepted his sister. And, especially, it's the story of a young girl who found the courage to be herself.

Raising My Rainbow

ADVIATORS IN AND NO A VANCARY, ADARD SERVICE OF



Forested by REIL PATRICK HARRIS and DAVID BURTRA

306.874 DUR

Duron, Lori. *Raising my rainbow: Adventures in raising a fabulous, gender creative son.* New York: Broadway Books. 2013.

Discusses the author's experiences raising a son who may be gay.



306.874 OUT

<u>Out of the ordinary: Essays on growing up with gay, lesbian, and</u> <u>transgender parents</u>. New York: St. Martin's Press, 2000.

A truly unique anthology, a groundbreaking collection of essays by the grown children of lesbian, gay, and transgender parents. Ranging from humorous to poignant, the essays touch on some of the most important and complicated issues facing them: dealing with a parent's sexuality while developing an identity of one's own; overcoming homophobia at school and at family or social gatherings; and defining the modern family.





306.874 TRA

<u>Transitions of the heart: stories of love, struggle and acceptance by</u> <u>mothers of transgender and gender variant children</u>. Berkeley, CA: Cleis Press, 2012.

The first collection to invite mothers of transgender and gender variant children to tell their own stories. Often "transitioning" socially and emotionally alongside their children, parents have their own parallel process to work through, and few resources to depend on. Editor gathered voices of women from all walks of life, with children ranging in age from six to sixty, to share their experiences.

362.734 POO

Pool, Hannah. <u>*My fathers' daughter: a story of family and belonging.*</u> New York: Free Press, 2009.

What do you wear to meet your father for the first time? In 2004, Hannah Pool knew more about next season's lipstick colors than she did about Africa: a beauty editor for "The Guardian" newspaper, she juggled lattes and cocktails, handbags and hangouts through her twenties just like any other beautiful, independent Londoner. Her white, English adoptive relatives were beloved to her and were all the family she needed. Contacted by relatives she didn't know she had, she decided to visit Eritrea, the war-torn African country of her birth, and answer for herself the daunting questions every adopted child asks.

MULTIMEDIA

Growing up trans. [Alexandria, Virginia]: PBS Distribution, 2015.

1 videodisc (90 minutes)



Just a generation ago, it was adults, not kids, who changed genders. But today, many children are transitioning, too - with new medical options, and at younger and younger ages. Growing Up Trans takes viewers on an intimate and eye-opening journey inside this new frontier - where it's now possible for kids who feel they were born in the wrong body to never have to go through the puberty of their biological sex. Told from the perspective of parents, doctors, and, most revealing of all, eight transgender kids themselves, ranging in ages from 9 to 19, FRONTLINE takes a powerful look at this new generation, exploring the medical possibilities, struggles, and choices transgender kids and their families face today. With extraordinary access to the gender program at Ann & Robert H. Lurie Children's Hospital of Chicago, filmmakers Miri Navasky and Karen O'Connor examine the complicated and often controversial treatments now available to gender non-conforming and transgender kids, and explore the deeply personal emotional issues many parents and families face.

Audience: Grade 7 and up

BOOKING # DVD1819

Making schools inclusive and responsive for transgender and gender creative student. Winnipeg, Manitoba; Winnipeg School Division, 2015.

1 videodisc (96 min.)



A presentation given by Winnipeg's Rainbow Resource Centre, a child and adolescent psychologist, a transgender person, and the mother of a gender creative child, to Winnipeg School Division staff on how to make schools more inclusive and supportive for transgender and gender creative students. Defines important terms like "transgender" and "two-spirit," and explains the difference between one's sex and one's gender. Explores the experience of growing up transgender (as described by a transgender person), and the experience their family, as well as the experiences of a family of a gender creative child. Though the information comes from many perspectives, the focus is on how to be more inclusive to transgender and gender creative children.

Audience: Teachers and administrators

<u>*Out to the family*</u>. Leeds, UK: Leeds Animation Workshop; Toronto, ON: Kineticvideo.com, 2008.

1 videodisc (14 min.)

As teenagers develop into adults, it is natural for them to guestion their sexuality. This can be extremely painful for some young people. If they are attracted to someone of their own sex, they may be very anxious that people will discriminate against them. Any worries about gender identity, which may be present from an early age, become even more disturbing as children enter their teens. Parents' support is vital for these young people, who are often lonely, isolated and afraid. But many parents who discover their children are lesbian, gay, bisexual or transgender (LGBT) are shocked, confused and upset. Some react in the heat of the moment with grief, anger or even rejection. Later, they may deeply regret the damage caused to their family relationships. This animated video shows six families, from a wide range of backgrounds, coming to terms with the developing sexual or gender identity of a son or daughter. It aims to help parents and others understand more about the issues facing their LGBT teenagers, and how best to help them. It shows how family acceptance and support can make all the difference for young people who may be at risk of serious even life-threatening - social or mental health problems.

Note: Recommended by WSD Health Education Consultant.

Audience: Grades 9-12

BOOKING # DVD1052



Out To The Family

📆 L E A F

Pink boy. San Francisco, CA: Video Project, 2015.

1 videodisc (15 min.)

A short documentary about a gender non-conforming boy growing up in a conservative area of rural Florida.

Audience: Grade 10 and up

Sticks and stones. [Montreal]: National Film Board of Canada, 2001.

1 videodisc (18 min.) + 1 guide.



Children with same-sex parents or lesbian and gay family members are no longer in remarkable circumstances. Children live in many types of families, and they learn from subtle clues what society thinks about gender roles, same-sex parents and family differences. Children ages 5 to 12 describe how they feel when they hear put-downs of themselves or their families in this video for kids, their educators and parents. The children vividly describe how it feels to be teased when their families don't follow traditional gender roles. This compelling video uses interviews, animations, and documentary footage in a lively style to spark discussions about families, gender stereotypes and name-calling. It encourages all children to feel empathy and respect for their classmates.

Cluster: Family Life Anti-homophobia

Audience: Grades 3-7

BOOKING # DVD0850





<u>Stories from the inner city: Assumptions</u>. Ontario: Whimsical Productions, 2011.

1 videodisc (18 min.)

This DVD offers a rare opportunity to hear from young people we rarely invite to share their truths. We explore the complex experiences of coming to Canada, interracial dating, police harassment, and "parenting" your own parents.

Audience: Grade 9 to Adult

BOOKING # DVD1449

That's a family! San Francisco: Women's Educational Media, 2000.

1 videodisc (35 min.) + 1 discussion/teaching guide (59 p.)

Helps kids see and understand many of the different shapes that families take today.

Audience: Grades K-6

THE SHARING CIRCLE SEASON 12 Show 4: The Lost Children <u>The lost children</u>. [Winnipeg]: Meeches Video Productions, Inc., 2003.

1 videodisc (22 min.)

Program describes the historic circumstances which led to Aboriginal children being taken from their birth parents and adopted by mostly white middle class families in the United States and Canada. Follows three Native individuals from Manitoba reserves who were adopted by American families. As they share memories of their childhoods and of their desire to be reunited with their families, we learn of the impact of the adoption and of coming home upon the birth families, the adoptive parents, and the adoptees themselves.

Audience: Grade 9 to adult

<u>KITS</u>

Family relationships by the book. 30 v. Amazing Grace / Mary Hoffman --And Tango makes three / Justin Richardson and Peter Parnell -- Amber was brave, Essie was smart / Vera B. Williams -- Are you there God? It's me, Margaret / Judy Blume -- A chair for my mother / Vera B. Williams --Daddy's roommate / Michael Willhoite -- Family book / Todd Parr -- Free to be -- you and me / Marlo Thomas -- Grandma's soup / Nancy Karkowsky --Heather has two mommies / Lesléa Newman -- Home place / Crescent Dragonwagon -- Hug me / Patti Stren -- It's okay to be different / Todd Parr -- The keeping quilt / Patricia Polacco -- Laura Charlotte / Kathryn O. Galbraith -- Mandy / Barbara D. Booth -- The memory box / Mary Bahr --The memory string / Eve Bunting -- My mama had a dancing heart / Libba Moore Gray -- Our granny / Margaret Wild -- The pain and the great one / Judy Blume -- Piggybook / Anthony Browne -- The relatives came / Cynthia Rylant -- Sister / Eloise Greenfield -- When I was young in the mountains / Cynthia Rylant -- Who's in a family? / Robert Skutch -- Wilfrid Gordon McDonald Partridge / Mem Fox -- Who is sleeping in Aunty's bed? / Kathy Stinson -- Wild girl & Gran / Nan Gregory -- Zack's story / Keith Elliot Greenberg.

This classroom kit contains books to explore the variety of family situations students may experience. The titles may be used as a basis for discussion and/or to integrate family life into language arts.

Note: Recommended by WSD Health Education Consultant. Should be previewed by teachers prior to use for age, maturity, suitability and relationship to curricular outcomes. Grade recommendations are guidelines. Note resources often contain content outside of curricular outcomes.

BOOKING # KIT1290



JOURNAL ARTICLES

Evans-Santiago, Bre and Miranda Lin. "Inclusion with sensitivity teaching children with LGBTQ families." *YC: Young children.* 71.2 (2016): 56-63. *Education Source.* EBSCOhost. 31 August 2016.

Gallagher, Kathleen. "Can a classroom be a family? Race, space, and the labour of care in urban teaching." *Canadian Journal of Education.* 39.2 (2016): 1-36. *Education Source.* EBSCOhost. 5 August 2016.

Gates, Gary J. "Marriage and family: LGBT individuals and same-sex couples." *Future of Children* 25.2 (2015): 67-87. *ERIC*. EBSCOhost. 29 July 2016.

Harris, Paul. "What children learn from questioning." *Educational Leadership* 73.1 (2015): 24-29. *ERIC*. EBSCOhost. 29 July 2016.

Milne, Emily. "'I have the worst fear of teachers': moments of inclusion and exclusion in family/school relationships among Indigenous families in Southern Ontario." *Canadian Review of Sociology* 53.3 (2016): 270-289. *Academic Search Premier*. EBSCOhost. 31 August 2016.

Nitecki, Elena. "Integrated school—family partnerships in preschool: building quality improvement through multidimensional relationships." *School Community Journal 25.2* (2015): 195-219. *Education Source*. EBSCOhost. 31 August 2016.

Seabrook, Jamie A. and William R. Avison. "Family structure and children's socioeconomic attainment: a Canadian sample." *Canadian Review of Sociology* 52.1 (2015): 66-88. *Canadian Reference Centre*. EBSCOhost. 29 July 2016.

eRESOURCES



<u>Gender Identity Pathfinder</u>. Winnipeg: Winnipeg School Division, Library Support Services, 2015.

There are all kinds of gender identities represented in our WSD community, from cisgender, to transgender, to Two-Spirit and many more. By providing resources that reflect the diversity of students' gender identities, educators can create an atmosphere of inclusion and acceptance in their classrooms and schools. This pathfinder includes a wide variety of titles celebrating gender identity in its many forms, as well as provides professional resources educators can use to better understand the strengths and challenges presented by students of these varied gender identities.

<u>Inclusion Across the Rainbow Pathfinder</u>. Winnipeg: Winnipeg School Division, Library Support Services, 2015.

Winnipeg School Division has adopted the <u>Safe and Caring Policy</u> to create an inclusive, supportive learning environment for all students and staff. The materials in the Inclusion Across the Rainbow pathfinder will enable educators to discover resources that will support them in learning about ways to create welcoming atmospheres in their classrooms and schools, as well as provide particular information for LGBTTQ students.



WEBSITES

Family Dynamics. 23 Dec. 2016. http://www.familydynamics.ca/

Manitoba Families. 2015. The Province of Manitoba. 23 Dec. 2016. http://www.gov.mb.ca/fs/

Mosaic Newcomer Family Resource Network. 23 Dec. 2016. http://www.mosaicnet.ca/

PFLAG Canada. 2016. 23 Dec. 2016. http://pflagcanada.ca/

Rainbow Resource Centre. 2016. Rainbow Resource Centre. 23 Dec. 2016. <u>http://www.rainbowresourcecentre.org/</u>