

To enter the Health Care Aide program, students need to be mature, able to think clearly and flexibly, be physically fit and healthy, enjoy working closely with people and be over 18 years. Students will need to provide a clean Criminal Record Check, Adult and Child Abuse Record Check and have their Grade 12. If English is an additional language, they need to be testing at a minimum of a CLB of 7-8, and an IELTS of Level 6.

To apply to the program you must attend an information and assessment session that occurs once a year in the spring.

General Learning Outcomes:

- › Students will develop a basic understanding of anatomy and physiology of the human body. This will include the effects of aging and disease upon one's physical, emotional, social and spiritual health.
- › Students will acquire the skills to assist clients with their daily activities in a safe manner that allows them to function effectively as part of the health team in all types of health facilities and community settings. This will include an understanding of the underlying theories to support practice with an emphasis on communication skills and critical thinking.
- › Students will develop self-reflection and research strategies to deepen their practice.

No course fees for residents of Winnipeg School Division



For more information and to register, contact us at:

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Health Care Aide



10-Month Adult Education Training Program





The Health Care Aide Program

The Health Care Aide program is designed to provide students with the practical and theoretical skills necessary to assist clients with their physical and emotional needs in a compassionate and caring manner.

Course Description

The program runs from September till June. The first four months of the course are divided between the classroom and the HCA lab to allow students to obtain the preliminary knowledge and skills needed to begin their clinical experience. Following this, they will have the opportunity to do two different placements, one in a hospital and one in a long term care facility, for three days of the week. They will gain practical experience working directly with clients, while partnered with a HCA staff member. The other two days in the week will be in the classroom. Self-reflection and critical thinking skills are emphasized throughout the course. Students also receive certificates in Nonviolent Crisis Intervention, Level C CPR and First Aid for the Health Care Provider and Manitoba Food Handler Certificate along with other various workshops.

Students will study the following areas:

- › Activities of Daily Living
- › Anatomy and Physiology
- › Canadian Health Care System
- › Common Diseases and Conditions
- › Clients in the Community
- › Gerontology
- › Growth and Development/Working with Families
- › Interpersonal Communication
- › Introduction to Health Care
- › Medical Terminology
- › Palliative Care/ End of Life Care
- › Safety



BEYOND THE CLASSROOM



Career opportunities include:

Students graduate from the program with a WRHA recognized Health Care Aide certificate and are qualified to work in a variety of settings such as hospitals, personal care homes and home care.

The average starting salary is approximately \$18.00/hr.

