



## Coronavirus & Hand-Washing

Below is a list of resources from the Library Resource Centre collection on handwashing, germs and the coronavirus, including eBooks, kits, DVDs, and lists of websites and digital resources.

You can place holds on materials [online](#) and we will send them directly to you at your school. You may read eBooks right away by going to [Sora](#) or the [WSD Digital Library](#).

To reserve or sign out materials, **staff log in** with their Novell username (e.g.: jsmith) and password (1234).

**Students log in** with their student number as username and the password is the last four digits of their student number.

Have questions? Email us at [wlslibrary@wsd1.org](mailto:wlslibrary@wsd1.org)

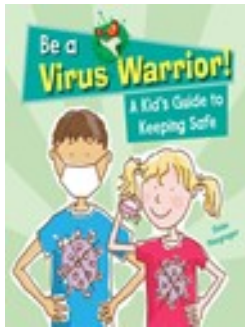


[How good hand-washing beats COVID-19 \(and other contagious diseases\)](#)

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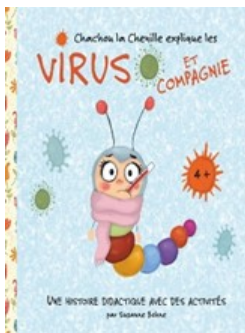
# Nonfiction



## [Be a Virus Warrior! A Kid's Guide to Keeping Safe](#) (eBook)

As the COVID-19 pandemic has spread around the world, it has left many adults and children searching for answers about how they can stay safe. By focusing on facts presented in a relatable way rather than fear, this illustrated guide to health and safety gives children the tools they need to understand what's happening in the world and to discover how they can become a virus warrior.

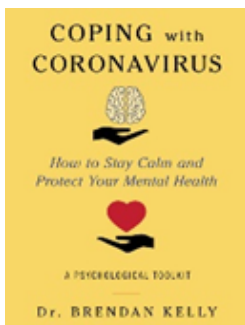
Audience: Grades K to 6



## [Chachou la Chenille explique les virus et compagnie](#) (eBook)

Pauvre Chachou la Chenille! Elle tousse, a le front bien chaud et ne se sent pas très bien. Elle est malade. Son ami, la chenille médecin Ernest Épatant, explique : c'est un virus qui est responsable de ce méchant rhume. Et comme Chachou est une chenille bien curieuse, elle aimerait bien savoir : Qu'est-ce que c'est, un virus ? Comment les virus peuvent-ils nous rendre malades ? Comment fait-on pour guérir? Comment peut-on éviter de tomber malade?

Audience: Grades K to 6



## [Coping with Coronavirus](#) (eBook)

These are certainly challenging, unprecedented times. The anxiety associated with the coronavirus crisis is different to the anxiety seen in traditional disorders, because demonstrably there is something to fear. The good news is that, just as we are capable of finding sophisticated ways to make ourselves more anxious, we are equally good at finding sophisticated ways to manage our mental health, once we put our minds to it. Find practical tools you and your family need to navigate these uncertain days.

Audience: Adults



### [Coronavirus super-simplified](#) (eBook)

Written by Dr. Sanjay Gupta, CNN Medical commentator, this book's objective is to collate information about Coronavirus, and make it available in a readily assimilable form.

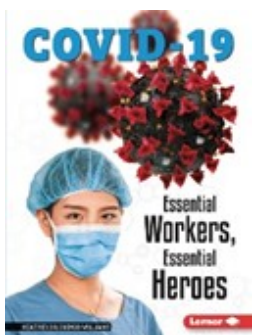
Audience: Grades 7 to 12, parents, educators, administrators.



### [COVID-19: A Lasting Impact](#) (eBook)

In early 2020, millions of people lost their jobs as thousands of businesses shut down, temporarily or permanently. How are governments helping people—and businesses—stay afloat? During this "Big Pause," pollution levels have dropped in many areas of the world—but will that last? Will anything positive come out of this crisis?

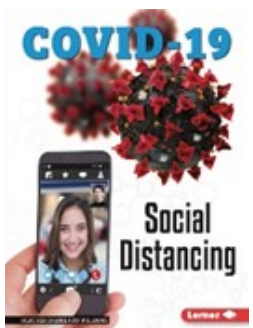
Audience: Grades 4 to 8



### [COVID-19: Essential Workers, Essential Heroes](#) (eBook)

COVID-19 has shut down most people's normal lives. But grocery stores are still open, mail is still delivered, and restaurants are offering meals via delivery. None of this would be possible without the people who are still going to work every day, exposing themselves to the virus so that others can stay home. Most importantly, healthcare workers are doing all they can—putting their own lives at risk—to treat and save those who have contracted the disease.

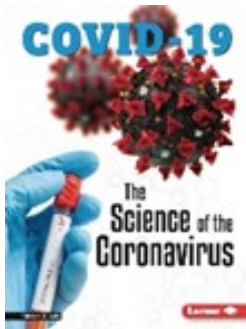
Audience: Grades 4 to 8



### [COVID-19: Social Distancing](#) (eBook)

Are you ready to live in a world without handshakes or hugs from anyone outside your home? What about "going to school" via your laptop in your living room? Are you taking your dance class on an iPad? These are just some of the adjustments people have had to make in trying to stop the spread of COVID-19. But what are the best ways to enjoy our lives and interact with friends without socializing in person?

Audience: Grades 4 to 8



[COVID-19: The Science of the Coronavirus](#) (eBook)

COVID-19 has taken the entire world by storm. What is a "coronavirus"? Where did the disease come from? How do you know if you have it? How is it treated? How do you stop yourself from getting it or passing it on to others? Learn all about the answers to these questions, and one more question on everyone's mind: When and how will the world go back to normal?

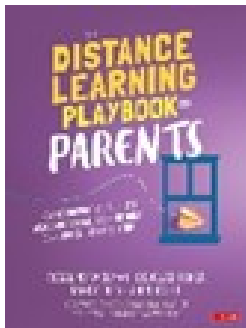
Audience: Grades 4 to 8



[Covi--la pandémie expliquée](#) (eBook)

Quel est ce virus dont tout le monde parle? Comment pénètre-t-il dans notre corps? Que pouvons-nous faire pour ne pas se faire infecter? Leo, un jeune garçon curieux à propos d'un nouveau virus, parle avec Michael, un ami de son père qui est médecin. L'histoire est basée sur les explications de Michael concernant le virus et sur les pensées des enfants qui apprennent à prendre soin d'eux-mêmes et des autres de manière responsable en cette période d'incertitude.

Audience: Grades 3 to 6, Educators, Parents



[Distance Learning Playbook for Parents, The](#) (eBook)

We are in this together and will get through this together. Parent involvement has always been a vital part of any child's education, but the pandemic and resulting remote instruction require that parents and educators partner at a deeper level.

Audience: Educators and families



[Germ Free](#) (eBook)

Level 1 guided reader that teaches students how to prevent the spread of germs by washing hands and the importance of cleanup.

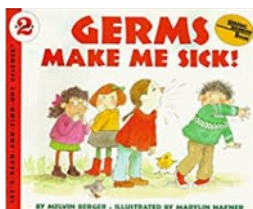
Audience: Grades N to 2



### [Germs Are Not for Sharing](#) (eBook)

Sneezes, coughs, runny noses, spills, and messes are facts of everyday life with children. And that's why it's never too soon to teach little ones about germs and ways to stay clean and healthy.

Audience: Grades N to 2



### [Germs make me sick!](#)

Explains how bacteria and viruses affect the human body and how the body fights them.

Audience: Grades K to 2



### [It's catching: the infectious world of germs and microbes](#)

Guide to the amazing microscope universe of germs - how they live, how they grow, how they've changed humanity, and what people are doing to stop them from spreading.

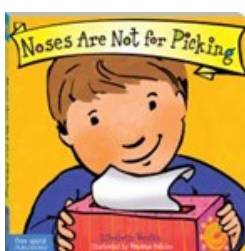
Audience: Grades 2 to 7



### [Let's Stay Home!](#) (eBook)

Bright, upbeat illustrations and fun at-home activity suggestions keep young children (and parents) entertained, healthy, and connected with others while social distancing.

Audience: Grades N to 2, parents, early years educators



### [Noses are not for picking](#) (eBook)

This book explains to toddlers and preschoolers why they should not pick their noses, and helps to guide them toward healthier habits like using a tissue and washing their hands.

Audience: Grades N to K

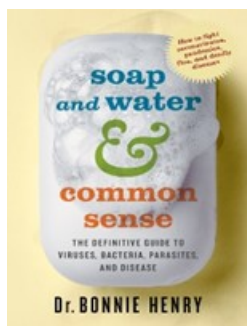




### [Qu'est-ce que le coronavirus?](#) (eBook)

Des personnages Charles le Coronavirus, René la Chauve-Souris, Daphné la Savon et d'autres amis, aident à expliquer le coronavirus (COVID-19) aux enfants.

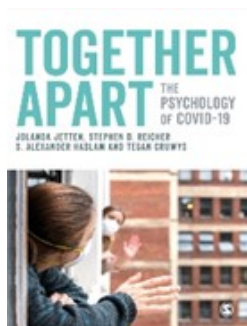
Audience: Grades 1 to 6



### [Soap and Water and Common Sense](#) (eBook)

The definitive guide to fighting coronaviruses, colds, flus, pandemics, and deadly diseases, from one of North America's leading public health authorities, now updated with a new introduction on protecting yourself and others from COVID-19.

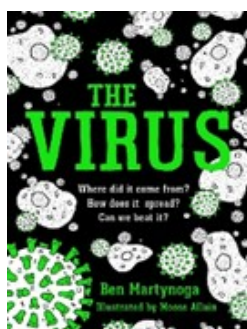
Audience: Grades 9 to adult



### [Together Apart: The Psychology of COVID-19](#) (eBook)

Written by leading social psychologists with expertise in leadership, health and emergency behaviour, this book provides an integrated analysis of the psychology of COVID-19. An effective response to the pandemic depends upon people coming together and supporting each other as members of a common community. These authors help us to understand emerging processes related to social (dis)connectedness, collective behaviour and the societal effects of COVID-19.

Audience: Educators, clinicians and administrators



### [Virus, The](#) (eBook)

It is 15,000 times smaller than a flea and we can kill it with a bar of soap – so how did a tiny, fragile virus change the world? Explore the science behind viruses and the COVID-19 pandemic in a fascinating story of hijacked human cells and our own internal emergency services. Along the way, you will learn what viruses are, how they work, and how we can overcome – or at least learn to live alongside – those that do us harm.

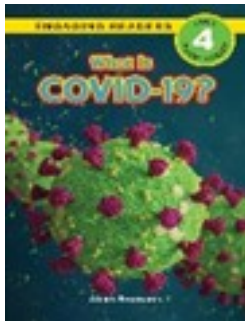
Audience: Grades 7 to 12



### [What is Covid-19? Engaging Readers Level 1](#) (eBook)

With simple text and clear illustrations, young children can learn how COVID-19 spreads and how handwashing can help them to keep safer.

Audience: Grades N to 2



### [What is Covid-19? Engaging Readers Level 4](#) (eBook)

COVID-19 has disrupted the lives of children around the world. In this Level 4 reader, children will learn how COVID-19 spreads, and how to stop the spread of the virus. They will also learn how their actions are helping to keep hospitals from getting too busy. Included is a step-by-step guide on how children can wash their hands to kill a virus.

Audience: Grades 3 to 6



### [Wuhan Diary: Dispatches from a Quarantined City](#) (eBook)

### [Wuhan Diary: Dispatches from a Quarantined City](#) (eAudioBook)

From one of China's most acclaimed and decorated writers comes a powerful first-person account of life in Wuhan during the COVID-19 outbreak. On January 25, 2020, after the central government imposed a lockdown in Wuhan, acclaimed Chinese writer Fang Fang began publishing an online diary. In the days and weeks that followed, Fang Fang's nightly postings gave voice to the fears, frustrations, anger, and hope of millions of her fellow citizens, reflecting on the psychological impact of forced isolation. Fang Fang finds solace in small domestic comforts and is inspired by the courage of friends, health professionals and volunteers, as well as the resilience and perseverance of Wuhan's nine million residents.

Audience: Grades 10 to 12, educators, administrators

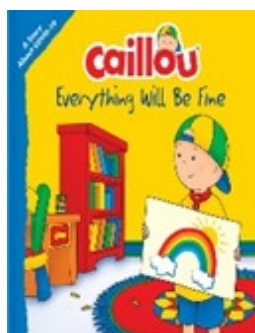
## Fiction



### [Don't stand so close to me](#) (eBook)

Popular Canadian author Eric Walters has written the book of the moment! Thirteen-year-old Quinn and her friends cannot believe their luck when spring break is extended an extra two weeks—even if it is because of some virus. But when the impact of the worldwide COVID-19 pandemic becomes apparent, everyone, not just the students, has to learn to adjust to their new reality. Quinn learns first hand what self-isolating, physical distancing, not visiting loved ones in care homes, means. And she and her entire school move to online classes. A great readaloud, or lit circle choice for middle grade classes.

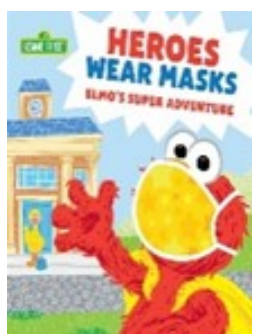
Audience: Grades 4 to 9



### [Everything will be fine](#) (eBook)

Caillou is at day care playing dinosaurs with his friends, when their caregiver tells them something very important: a new sickness is going around. Caillou learns that the best way to protect himself from the virus is to stay at home and wash his hands a lot. Adapting to a new daily routine can be challenging, but Caillou discovers that he can still have fun!

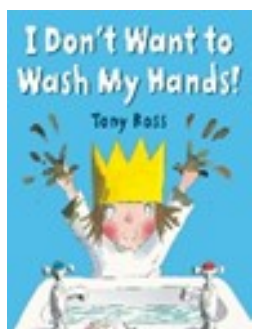
Audience: Grades N to 6



### [Heroes Wear Masks](#) (eBook)

Superheroes wear masks! Come along in this Elmo book as he gets ready to go off to school and be a mask hero!

Audience: Grades N to 6



### [I Don't Want to Wash My Hands!](#) (eBook)

Tony Ross' stubborn Little Princess does not want to wash her hands. After all, she's already washed her hands so many times! Why should she wash her hands anymore? Well, because of germs, she's told, which are too small to even see! But if they get inside your body, they can make you ill. Not even a Princess wants to be in bed all day!

Audience: Grades K to 4





[Just a Thing](#) (eBook)

Kieran knows what he wants, he spends his time with Elle, the one girl in school that everyone loves. All of this, Kieran hopes, will help him get over visions of Bryan dancing in his head. That is until a recent outbreak shuts down the school and his mom spends nearly every day in the hospitals caring for infected people. Kieran is stuck alone with his thoughts. There is no better time than the figurative end of the world to confess your feelings to your crush, right?

Audience: Grades 7 to 12



[Lockdown Diary, The](#) (eBook)

Through drawings and funny asides, Aarya, a cheeky 10 year old Generation Z kid, takes us through his and his family's experiences during the Corona lockdown.

Audience: Grades 3 to 6



[Quarantine](#) (eBook)

Oliver wants a girlfriend, Flora, on the other hand, isn't really looking for one. When Flora's impulsiveness lands them in quarantine — just the two of them. Now, the two teens must come together in order to survive life in a bubble for 30 days. In that time, love will bloom. But is it the real thing, or just a placebo effect?

Audience: Grades 7 to 12



[Quiet at the End of the World, The](#) (eBook)

How far would you go to save those you love? Lowrie and Shen are the youngest people on the planet after a virus caused global infertility. Closeted in a pocket of London and doted upon by a small, ageing community, the pair spend their days hanging around — until a secret is uncovered that threatens not only their family but humanity's entire existence. Now Lowrie and Shen face an impossible choice: they must decide what to sacrifice to save the whole human race.

Audience: Grades 7 to 12



### [Together, Apart](#) (eBook)

A collection of original contemporary love stories set during life in lockdown by some of today's most popular YA authors. Romantic, realistic, sweet and uplifting, this is a collection of finding love in unexpected places during an unprecedented time, each with the one thing we all want: a guaranteed happy ending.

Audience: Grades 7 to 12



### [Virus de Bélinda, Le](#) (eBook)

Le temps est à l'orage, mais Alice est bien au chaud devant la télévision. Elle regarde l'émission de Bélinda. L'histoire est captivante : Bélinda est prisonnière de Stan L'Affreux ! Tout à coup, la maison est plongée dans le noir à cause d'une panne de courant. Que va-t-il arriver à Bélinda?.

Audience: Grades 3 to 7



### [Wilder girls](#) (eBook)

### [Wilder girls](#) (eAudioBook)

Friends Hetty, Byatt, and Reece go to extremes trying to uncover the dark truth about the mysterious disease that has had them quarantined at their boarding school on a Maine island.

Audience: Grades 9 to 12

## Kits



### [Germ wise: health is in your clean hands](#) (KIT1396)

Resource material to help teach children about germs and how to improve hand washing routines to reduce the risk of illness and the spreading of germs to food and other people.

Contents: 1 book, 1 game, 2 videodiscs, 5 soft toy microbes, 1 LED UV flashlight, 3-AAA batteries, 1 container Glo Germ lotion base simulated germs, 1 container Glo Germ powder simulated germs, 1 GermWise trainers manual.

Audience: Grades K to 8



### [Glo Germ](#) (KIT1407)

Resource material to help teach children about germs and how to improve hand washing routines to reduce the risk of illness and the spreading of germs to food and other people.

Contents: Glo Germ oil, Glo Germ powder, 1 fluorescent lantern , 1 adapter, 8 AA batteries, 1 case, 1 binder

Audience: Grades K to 6 and grade 8 science



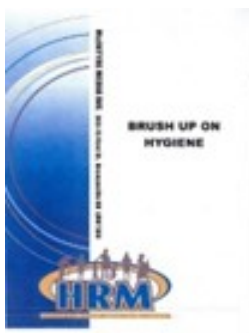
### [Glo Germ](#) (KIT1615)

Glo Germ is an effective tool to demonstrate handwashing, surface cleaning, hygiene, and containment techniques.

Contents: 1 ultra-violet microscope light, 1 x 8 ounce bottle of Glo Germ oil in Ziploc bag, 1 x 1.9 oz Glo Germ Powder in Ziploc bag ; all in case

Audience: Grades K to 6

## Videos



### [Brush up on hygiene](#) (DVD1030)

Running time: 20 minutes

Proper hand washing becomes fun in "The Top Five Times to Wash Your Hands". Also covers: What are germs? How do they spread? Do I really have to wear clean clothes every day?

Audience: Grades 3 to 6



### [Feeling good inside and out](#) (DVD166)

Running time: 150 minutes

Contains 5 episodes: A brush with teeth -- I want cake -- The big sneeze -- Must see TV -- Getting a shot: you can do it!

Audience: Grades N to 2



### [Germs](#) (DVD0466)

Running time: 23 minutes

Bill Nye the Science Guy uses foam models to illustrate the various types of germs and how they function.

Audience: Grades 4 to 6

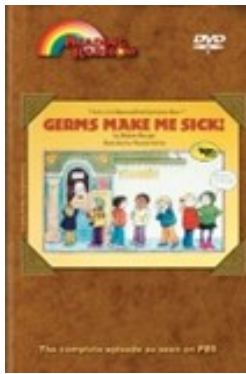


### [Germs and viruses: a self-defense guide](#) (DVD1022)

Running time: 20 minutes

An infant comes into the world germ free. In just a few days its mouth is a zoo of bacteria. We think of germs as serial killers, but the vast majority behave more like servants. We need germs to survive -- some kill and we need to protect ourselves. Find out common misconceptions about micro-organisms and learn which to fear, which to welcome, and how to protect yourself.

Audience: Grades 9 to 12

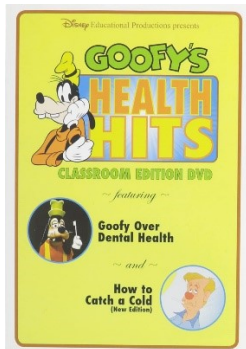


[Germs make me sick!](#) (DVD1168)

Running time: 27 minutes

Using the world's best private eye, a microscope, LeVar examines pond water and discovers what germs really look like. Then, in the featured book, we find out what germs are, what they look like, how they are caught and how the human body fights against them.

Audience: Grades K to 4



[Goofy's health hits](#) (DVD0414)

Running time: 23 minutes

GOOFY OVER DENTAL HEALTH: Teaches students that you must brush, floss, eat healthy snacks, and visit a dentist regularly to have healthy teeth.

HOW TO CATCH A COLD: Shows live-action and animated clips which help children learn new information about cold viruses, including how they are transmitted, how to avoid spreading them, and the importance of a balanced diet, rest, and exercise to keep the immune system strong.

Audience: Grades K to 3

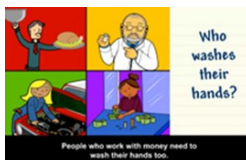


[Healthy me: good hygiene](#) (DVD0010)

Running time: 12 minutes

Teaches how to care for their skin, hair, teeth, and nails, with emphasizes on frequent hand-washing to stay infection-free.

Audience: Grades 3 to 6



[How to Wash Your Hands](#) (YouTube)

Running time: 3 minutes, 31 seconds

Brain Pop Jr video: Clear explanation for primary students on how and why we wash our hands.

Audience: Grades 1 to 6





[Keeping clean: handwashing for health](#) (DVD0432)

Running time: 17 minutes

Learn what germs are and that hands pick up germs from the environment and are a primary means for germs entering the eyes, nose, or mouth. Petri dish and black light experiments show the effectiveness of hand washing.

Audience: Grades K to 2



[Preventing flu and pneumonia](#) (DVD0911)

Running time: 27 minutes

Outlines the science behind influenza and pneumonia and the conditions, both hygienic and environmental, that contribute to the spread of dangerous viruses and bacteria.

Audience: Grades 7 to 12

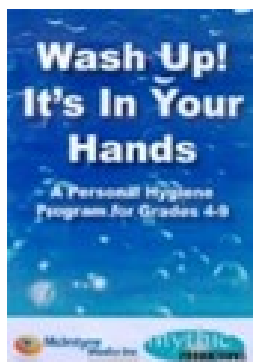


[The Magic School Bus: Inside Ralphie](#) (DVD1687)

Running time: 26 minutes

Despite a fever, Ralphie hosts a television program from his bed while his class travels through his bloodstream to find out what is making him sick.

Audience: Grades 1 to 5



[Wash up: it's in your hands](#) (DVD1025)

Running time: 12 minutes

Hands spread 80% of common infectious diseases like the common cold and flu. Hand washing is the most important thing we can do from getting sick. Gives students in Grades 4-9 simple facts about hand washing - why it is important, when to do it, and most important how to do it properly.

Audience: Grades 4 to 9



[Wear it well: a mask how-to for kids](#) (YouTube)

Running time: 2 minutes, 21 seconds

[Portez-le bien: apprendre le port au masque aux enfants](#) (YouTube)

Running time: 2 minutes, 45 seconds

Manitoba Government: Fun short videos to show elementary students how to wear their masks to stay healthy. (English and French)

Audience: Grades 1 to 6



[What to do when you go-- aaaaaachooooo? / Que faire lorsqu'il faut aaaatchoumer?](#) (DVD0510)

Running time: 8 minutes

Province of Manitoba – Healthy Child. Shows basic infection prevention practices such as good cough and sneeze etiquette and regular hand washing. (English and French)

Audience: Grades K to 6

# Websites

Government of Canada: Coronavirus Disease Information (COVID-19)

[Outbreak update](#) – the latest information and data about the spread of Coronavirus in Canada.

[Awareness resources](#) – keep aware about Coronavirus with these printable posters and short videos for all ages, produced by Health Canada

Province of Manitoba: Safe Schools

[Restoring safe schools](#) – how to keep schools as safe as possible for students, teachers and parents

Winnipeg School Division: Pandemic Resources

[Pandemic Planning](#) -- excellent compilation of video and print resources for students of all ages and their parents on how to reduce the risks of exposure to Covid-19.

**Elisegravel.com:** printable activity sheets in English and French

What is the coronavirus?

English: <http://elisegravel.com/en/blog/coronavirus-free-printable-comic-for-kids/>

French: <http://elisegravel.com/blog/bande-dessinee-a-imprimer-le-coronavirus/>

Design a virus:

English: [http://elisegravel.com/wp-content/uploads/2018/03/Untitled\\_Artwork\\_5.jpg](http://elisegravel.com/wp-content/uploads/2018/03/Untitled_Artwork_5.jpg)

French: [http://elisegravel.com/wp-content/uploads/2018/02/Untitled\\_Artwork\\_3-1.jpg](http://elisegravel.com/wp-content/uploads/2018/02/Untitled_Artwork_3-1.jpg)

Create a remedy for coronavirus:

English: [http://elisegravel.com/wp-content/uploads/2018/03/Untitled\\_Artwork\\_1\\_2.jpg](http://elisegravel.com/wp-content/uploads/2018/03/Untitled_Artwork_1_2.jpg)

French: [http://elisegravel.com/wp-content/uploads/2018/02/Untitled\\_Artwork\\_2.jpg](http://elisegravel.com/wp-content/uploads/2018/02/Untitled_Artwork_2.jpg)

How to wear a mask:

English: <http://elisegravel.com/en/blog/olga-explains-how-to-wear-a-mask/>

French: <http://elisegravel.com/wp-content/uploads/2020/05/Masqueolga-1.jpg>