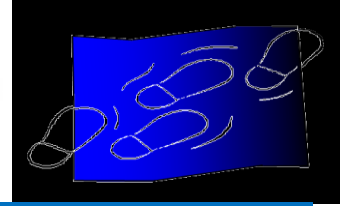


# LSS Pathfinder



## Tourette Syndrome

2017-18

**“Tourette Syndrome (TS)** is a neurobiological disorders characterized by various involuntary motor movements and vocal tics. Symptoms of TS emerge between the ages of 3 to 8 years old, are most severe when an individual reaches puberty, and decrease by the time a person is 20 years old”. (From Physical Disabilities: Education & Related Services, vol. 30, no. 1, Spring 2011.)

This is a guide to information currently available at the Library Resource Centre on **Tourette Syndrome**. The Pathfinder includes resources for students, educators, as well as useful links and journal articles.

To borrow these resources, contact the Library Resource Centre at [wslslibrary@wsd1.org](mailto:wslslibrary@wsd1.org) or call 204-788-0203 ext. 343 (VOIP 101343). These resources can also be booked online by clicking the image of a resource or its title in this pathfinder, then selecting the **Place Hold** button and logging in to the catalogue.

### SEARCH TERMS:

Keywords: tic disorders

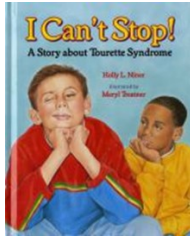
Subject Headings: Tourette Syndrome, Tourette Syndrome in children, Tourette Syndrome in adolescents, children with disabilities

Related Headings: ADHD, learning disabilities, OCD, obsessive compulsive disorder



<https://www.tourette.org/>

# **BOOKS FOR STUDENTS**

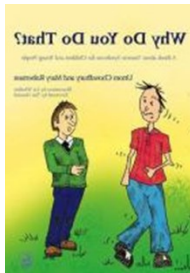


## **FIC NIN**

Niner, Holly L. [I Can't Stop: A Story About Tourette Syndrome](#), Whitman Publishers: Morton Grove, Illinois, 2005.

A boy is diagnosed with Tourette syndrome and learns about constructive ways he can manage his condition. Includes nonfiction information from a physician.

Audience Grades K to 3



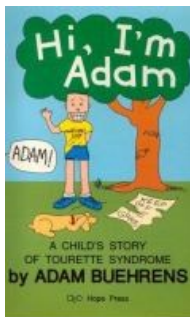
## **J 616.83 CHO**

Chowdhury, Uttom. [Why Do You Do That?: A Book About Tourette Syndrome for Children and Young People](#), Jessica Kingsley Publishers: London, 2006.

Tics and Tourette's are described in clear, child-friendly terms providing a simple explanation of the biological causes. Other chapters focus on living with someone who has TS, associated features such as obsessive-compulsive disorder, attention deficit/hyperactivity disorder and aggression, and what siblings can do to help. The authors also offer practical tips on how to deal with issues such as problems at school and bullying.

This book will prove invaluable for brothers and sisters of children with TS, as well as parents and other family members.

Audience: Grades 4 to 12



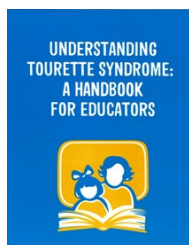
## **J 618.9283 BUE**

Buehrens, Adam. [Hi, I'm Adam: A Child's Book About Tourette Syndrome](#), Hope Press: Duarte, CA, 1991.

Adam Buehrens was 10 years old when he had Tourette syndrome. He wrote and illustrated this book because he wanted everyone to know how he and other children with Tourette syndrome are not crazy. This book will help children realize they are not alone. Adam has written about his frustrations, fears and embarrassments, as well as his successes. His message to other is, learn about what you have, then teach others about Tourette syndrome.

Audience: Grades 3 to 6

# BOOKS FOR EDUCATORS



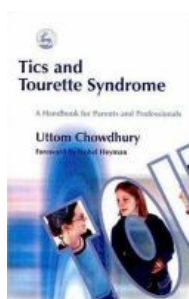
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**616.83 UND**

[Understanding Tourette Syndrome: A Handbook for Educators](#), Tourette Syndrome Foundation of Canada: Toronto, Ontario, 2001.

Provides a comprehensive, expert-written overview of TS and other neurological disorders such as Obsessive-Compulsive (OCD) and Attention Deficit Hyperactivity (ADHD). Educators will discover practical strategies to use in the classroom and for parents to use at home, too.

Audience: Teachers

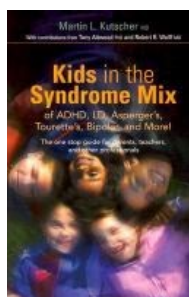


**618.9283 CHO**

Chowdhury, Uttom. [Tics and Tourette Syndrome: A Handbook for Parents and Professionals](#), Jessica Kingsley Publishers: London, 2004.

This essential guide to tic disorders and Tourette Syndrome tackles problems faced both at home and at school, such as adjusting to the diagnosis, the effect on siblings and classroom difficulties. In clear, accessible language, this book explains the clinical signs and symptoms of Tourette and related conditions, and their possible causes. Presenting strategies for dealing with associated difficulties, including low self-esteem, anger-management and bullying, this book will be invaluable to parents, teachers, social workers and other professionals.

Audience: Teachers and Parents

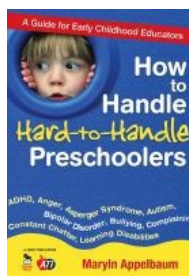


**618.9289 KUT**

Kutscher, Martin L. [Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and More! The One Stop Guide for Parents, Teachers and Other Professionals](#), Jessica Kingsley Publishers: Philadelphia, 2007.

Kids in the Syndrome Mix is a concise, scientifically up-to-date, all-in-one guide to the whole range of often co-existing neuro-behavioral disorders in children-from attention deficit hyperactivity disorder (ADHD), obsessive-compulsive disorder, and bipolar disorder to autistic spectrum disorders, nonverbal learning disabilities, sensory integration problems, and executive dysfunction.

Audience: Teachers and Parents



**eBook**

Appelbaum, Maryln. [How to Handle Hard-to-Handle Preschoolers: A Guide for Early Childhood Educators](#).

This book provides educators of children ages 2 to 5 with strategies, tips, and techniques for managing various behavioral challenges and learning disabilities. Packed with hundreds of easy-to-implement ideas, this user-friendly resource provides a comprehensive overview of disorders from ADHD to Tourette's syndrome and offers guidelines for meeting students' needs within an inclusive environment.

Audience: Teachers

## **JOURNAL ARTICLES**

Chaturvedi, Amrita and Barbara C. Gartin. "Tourette Syndrome: Classroom Implications." *Physical Disabilities: Education & Related Services*, vol. 30, no. 1, Spring 2011, pp. 53-66. EBSCOhost.

Tourette Syndrome (TS) is a neurobiological disorder characterized by various involuntary motor movements and vocal tics. Symptoms of TS emerge between the ages of 3 to 8 years old, are most severe when an individual reaches puberty, and decrease by the time a person is 20 years old. Additionally, persons with TS may have secondary disabilities of obsessive-compulsive disorder, attention deficit hyperactivity, and/or learning disabilities. Challenges occur when students with TS or with TS plus secondary disabilities become members of the general education classroom. This article provides information to assist teachers and staff in the general education setting to successfully include the child with TS.

Christner, Beth and Lisa A. Dieker. "Tourette Syndrome." *Teaching Exceptional Children*, vol. 40, no.5 May/Jun 2008, pp. 44-51. EBSCOhost.

This article presents information on Tourette Syndrome (TS). The author discusses the factual information about TS in an attempt to increase knowledge and dispel misconceptions about the disorder. The author explores collaborative strategies that have been proven to be effective in elementary and secondary settings.

Coffman, Amanda. "Tourette Syndrome in the Classroom." *Educational Leadership*, vol. 70, no. 2, Oct. 2012, pp. 46-49. EBSCOhost.

The article discusses ways in which teachers can effectively manage children with Tourette Syndrome in the classroom. The author looks at the nature of Tourette Syndrome and the psychological aspects of involuntary tics that result from it. Topics include the lack of effectiveness of traditional punishment and rewards systems to encourage positive behavior, various accommodations involving the classroom environment such as seating patterns and teacher-student communication strategies, as well as importance of open communication and cooperation between teachers and parents with regard the impact of Tourette syndrome on the classroom.

Malli, Melina, et al. "Stigma in Youth with Tourette's Syndrome: A Systematic Review and Synthesis." *European Child & Adolescent Psychiatry*, vol. 25, no. 2, Feb. 2016, pp. 127-139. EBSCOhost, doi:10.1007/s00787-015-0761-x.

The aim of the article is to provide a review of the existing research on (1) social stigma in relation to children and adolescents with TS, (2) self-stigma and (3) courtesy stigma in family members of youth with TS. In their own narratives about their lives, young people with TS themselves describe some form of devaluation from others as a response to their disorder.

McGuire, Joseph F. "Behavior Therapy for Youth with Tourette Disorder." *Journal of Clinical Psychology*, vol. 72, no. 11, Nov. 2016, pp. 1191-1199. EBSCOhost. [doi:10.1002/jclp.22398](https://doi.org/10.1002/jclp.22398)

Persistent tic disorders and Tourette disorder (TD) are neuropsychiatric conditions that commonly co-occur among youth with obsessive-compulsive disorder. Although historically managed with pharmacological agents such as antipsychotics and alpha-2 agonists, behavioral interventions like habit reversal training (HRT) and the comprehensive behavioral intervention for tics have demonstrated considerable efficacy in reducing tic symptom severity.

Mercer, Matt and Jane Bianchi. "Different Like You." *Scholastic Choices*, vol. 29, no. 7, Apr. 2014, pp. 20-23. EBSCOhost.

The article focuses on a 14 year old boy with Tourette Syndrome.

## **WEBSITES**

Giordano, Kathy. "Classroom strategies and techniques for students with Tourette Syndrome". 2016. Tourette Association of America.

<https://www.tourette.org/resource/classroom-strategies-techniques-students-tourette-syndrome/>

Knowledge and understanding are key elements to creating an accepting and supportive educational environment. This resource provides evidence-based strategies that will assist in developing compassionate and effective supports for students with Tourette Syndrome.

Haerle, Tracy. "Classroom behavior management strategies for children with Tourette Syndrome". Tourette Association of America. 2016.

<https://www.tourette.org/resource/behavior-management-schools/>

Alternative behavior management strategies for the classroom for children with Tourette Syndrome and neurological disorders.

Malley, Pamela. "Educator's guide for developing plans for students with Tourette Syndrome". 2016. Tourette Association of America.

<https://www.tourette.org/resource/educators-guide-developing-plans-students-tourette-syndrome/>

Provides a sampling of suggestions to get you started when developing an education plan for your students.

Tourette Canada. 2017.

<https://tourette.ca/about-tourette-canada/>

A charitable organization dedicated to improving the lives of Canadians affected by Tourette Syndrome (TS) and associated conditions.

Tourette Syndrome. TeensHealth. 2017.

<http://kidshealth.org/en/teens/tourette.html>

Provides information on Tourette Syndrome, what it is, what are the signs and symptoms, what do doctors do, dealing with Tourette Syndrome.

Tourette Syndrome. Centres for Disease Control and Prevention. 2017.

<https://www.cdc.gov/ncbddd/tourette/>

Provides facts, signs and causes of Tourette Syndrome. Provides information on research, data and statistics highlights. Includes personal stories of people living with Tourette Syndrome. View and print free educational materials from site.

Tourette Syndrome Service. Manitoba Adolescent Treatment Centre. 2017.

<http://www.matc.ca/services-tss.html>

Provides consultation, assessment and treatment to children and adolescents who are experiencing symptoms of Tourette Syndrome in conjunction with associated disorders.

“Understanding behavioral symptoms in Tourette Syndrome”. 2016. Tourette Association of America.

<https://www.tourette.org/resource/understanding-behavioral-symptoms-tourette-syndrome/>

Tourette Syndrome and its related disorders can manifest as behaviors that often appear to be "purposefully disruptive, attention seeking or manipulative.

Understanding Medical and Disability Information. Government of Alberta Education.

<https://www.learnalberta.ca/content/inmdict/html/medicaldisabilityinformation.pdf>

Understanding medical and disability implications is essential for getting to know students, planning effective instruction and providing the right level of classroom support. This resource provides strategies that teachers can use as a starting point to inform their classroom practice, and better support students with specific medical conditions, including Tourette Syndrome, and other disabilities.