# LSS Pathfinder



# Girls & Violence

2013

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Prepared by Marsha Bowyer, Library Support Services.

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# **SEARCH TERMS**

**Keywords:** Gangs **Subject headings:** Female juvenile delinquents

Teenage girls

Delinquency

Violence

Aggressiveness in children
Anger in adolescence
Human relations

# **BOOKS FOR STUDENTS**

**FIC STO** 

Storm, Jennifer. Deadly loyalties. Penticton, BC: Theytus Books, 2007.



#### J 303.6 KRA

Kravetz, Jonathan. *How to deal with fighting*. New York: PowerKids Press, 2007.



Phillips, Wendy. Fishtailing. Regina: Coteau Books for Teens, c2010.



152.47 CAR

Carr, Tom. 141 creative strategies for reaching adolescents with anger problems. Chapin, SC: YouthLight, c2010.

#### 155.4 DEV

The Development and treatment of girlhood aggression. Mahwah, NJ: Lawrence Erlbaum. 2005.



ENNIFER STORA

#### 155.51247 LOH

Lohmann, Raychelle Cassada. *The Anger workbook for teens : Activities to help you deal with anger and frustration.* Oakland, CA: Instant Help Books, c2009.



#### 302.3 DEL

Dellasega, Cheryl. Artolescence: Ten arts based activities for adolescent girls to overcome relational aggression. Belgium, WI: Champion Press, c2005.

#### 302.3 DEL

Dellasega, Cheryl. *The Girls' friendship journal : A Guide to relationships*. Belgium, WI: Champion Press, c2006.

# 302.3 RAN

Randall, Kaye. *Mean girls: 101 1/2 creative strategies and activities for working with relational aggression*. Chapin, SC: YouthLight, c2007.

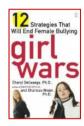


# 302.34 DEL

Dellasega, Cheryl. *Girl grudges : Learning how to forgive and live*. Chapin, SC: YouthLight, c2007.

# 302.34 DEL

Dellasega, Cheryl. *Girl wars : 12 strategies that will end female bullying.* Toronto: Fireside Book, c2003.



ODD

GIRL

OUT

#### 302.34 MAT

Mathews, David J. 101 support group activities for teenagers who bully: A Leader's manual for secondary educators and other professionals. Center City, MN: Hazelden, c2002.

#### 302.5408342 SIM

Simmons, Rachel. *Odd girl out : The Hidden culture of aggression in girls.* New York: Harcourt, c2002.

# 303.6 0835 GAR

Garbarino, James. See Jane hit: Why girls are growing more violent and what can be done about it. New York: Penguin Press, 2006.

#### 305.2352 BRO

Brown, Lyn Mikel. *Girlfighting : Betrayal and rejection among girls*. New York: New York University Press, c2003.

#### 362.88082 WHI

White Ribbon Campaign : Education & action kit : Middle version. Toronto: White Ribbon Campaign, 2005.

#### 364.1066 SWI

Swift, Richard. Gangs. Toronto Groundwood Books, 2011.

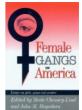


# 364.106 60820973 FEM

Female gangs in America: Essays on girls, gangs and gender. Chicago: Lake View Press, c1999.

# 364.3 SIK

Sikes, Gini. 8 ball chicks: A Year in the violent world of girl gangsters. New York: Anchor Books, 1997.



#### 364.36082 FLE

Fleisher, Mark S. *Dead end kids: Gang girls and the boys they know.* Madison, WI: University of Wisconsin Press, c1998.

#### 364.36 082 0973 MIL

Miller, Jody. *One of the guys : Girls, gangs, and gender.* New York: Oxford University Press, c2001.

#### 371.46 TAY

Girls in real life situations: Group counseling activities for enhancing social and emotional development, grades 6-12. Champaign, IL: Research Press, c2007.

#### 371.58 CLA

Class meetings that matter: A Year's worth of resources for grades 6-8. Center City, MN: Hazelden, c2009.

# 371.58 DRE

Drew, Naomi. *No kidding about bullying : 125 ready-to-use activities to help kids manage anger, resolve conflicts, build empathy, and get along, grades 3-6.* Minneapolis: Free Spirit, c2010.

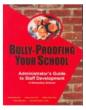


#### 371.58 BUL

Bully-proofing your school: Working with victims and bullies. Longmont, CO: Sopris West. c2004.

#### 371.58 GAR

Garrity, Carla B. *Bully-proofing your school : Administrator's guide to staff development.* Longmont, CO: Sopris West, c2004.



#### 371.58 MCD

McDonald, Jill and Sally Stoker. *Bully-proofing for high schools. Strategies and interventions*. Longmont, CO: Sopris West, c2008.

#### 371.58 MCD

McDonald, Jill and Sally Stoker. *Bully-proofing for high schools. Student curriculum.* Longmont, CO: Sopris West, c2008.

# 371.58 OLW

Olweus, Dan. *Olweus bullying prevention program. Schoolwide guide.* Center City, MN: Hazelden, c2007.



#### 371.58 OLW

Olweus, Dan. *Olweus bullying prevention program. Teacher guide*. Center City, MN: Hazelden, c2007.

#### 371.58 SHO

Shore, Kenneth. *The ABC's of bullying prevention*. Port Chester, NY: Dud, c2005.

# 371.58 SUL

Sullivan, Keith. *The Anti-bullying handbook.* Auckland, NZ; New York: Oxford University Press, 2000.

# 371.78 ASS

Assessment toolkit for bullying, harassment and peer relations at school: Criteria of best practices. Ottawa: Canadian Public Health Association, c2004.

#### 371.78 BEM

Bemak, Fred and Susan Keys. *Violent and aggressive youth: Intervention and prevention strategies for changing times*. Thousand Oaks, CA: Corwin Press, c1999.

#### 372.17 GAL

Galey, Paula. *Keep cool!* : Strategies for managing anger at school. Markham, ON: Pembroke, c2004.

#### 372.1782 BAR

Barton, Elizabeth A. *Bully prevention : Tips and strategies for school leaders and classroom teachers*. Glenview, IL: LessonLab, c2003.

#### 373.1580971 ART

Artz, Sibylle. Sex, power & the violent school girl. New York: Teachers College Press, 1999.

#### 649.7 GOR

Gordon, Mary. *Roots of empathy : Changing the world, child by child*. Toronto: Thomas Allen, c2005.

# **ELECTRONIC BOOKS**

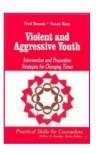
<u>Drew, Naomi</u>. No kidding about bullying: 125 ready-to-use activities to help kids manage anger, resolve conflicts, build empathy, and get along, grades 3-6. Minneapolis: Free Spirit, c2010. [eBook]

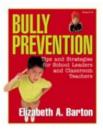
Mac, Carrie. The beckoners. Victoria, BC: Orca Book, c2004. [eBook]

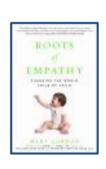
# **AV MATERIALS**

<u>Beyond killing us softly: The Strength to resist: The Impact of media images on women and girls.</u> Cambridge, MA: Cambridge Documentary Films, c2000. 1 videocassette (34 min.)









SUMMARY: Companion film to: *Killing us softly*, *Still killing us softly* and *Killing us softly* 3. Accompanying study guide is available from <a href="www.cambridgedocumentaryfilms.org">www.cambridgedocumentaryfilms.org</a>. Study guide contains bibliographical references. A documentary about the fight against the toxic and degrading messages to women and girls that dominate the media. The program presents the leading authorities in the fields of psychology of women and girl discussing eating disorders, gender studies, violence against women, and media literacy—and focuses their ideas on practical solutions and the best tactics for reclaiming our culture.

Audience: Grade 7 – Adult. **BOOKING # VR3743** 

<u>The Deepest hurt: An Overview of relational aggression</u>. Belgium, WI: Champion Press, c2005. 1 videodisc (ca. 17 min.)

SUMMARY: "Camp Ophelia 2002" Features Dr. Dellasega and a diverse group of girls who present information about relational aggression. A segment containing two RA role play replays is included to allow for on-the-spot discussion and problem solving among viewers.

Audience: Grade 3 - Adult. BOOKING # DVD0160

<u>Don't be a bully!</u> [Hawthorne, NY]: Sunburst Visual Media, c2005. 1 videodisc (ca. 17 min.) + 1 teacher's guide (33 leaves)

SUMMARY: Program designed to help young teens identify bullying behavior, and understand why it is wrong. Three vignettes follow middle-school students whose stories are drawn from teen life. One boy is bullied at home by an older brother, then turns on a smaller classmate. A young girl is struggling academically and vents her frustrations on a high academic achiever who is being newly accepted into her group. Two girls think it's a joke to humiliate another girl online with Instant Messages that threaten her. These youngsters learn from the consequences they suffer that bullying not only does not solve their problems, it makes things worse.

Audience: Grades 5 - 9. BOOKING # DVD0016

<u>Drama queens and tough guys: Helping teens handle emotions</u>. Mount Kisco, NY: Human Relations Media, c2006. 1 videodisc (19 min.) + 1 resource guide (44 p.) SUMMARY: Program will help students explore their emotions, express themselves, and learn to control anger, jealousy and other potentially troublesome feelings. Audience: Grades 5 - 9. **BOOKING # DVD0058** 

<u>It's a girl's world</u>. Montreal: NFB, c2004. 1 videocassette (52 min.) or 1 videodisc (52 min.).

SUMMARY: A stand-alone series of six modules with helpful on-screen text guides to assist with discussion and activities intended to promote a classroom discussion about the nature of social conflict in friendships, especially among girls. Each 5-10 minute module explores a different facet of social bullying ranging from what the behaviour looks like, to the role of power and control, to the consequences for the bully, the victim and the bystander. Modules 5 and 6 are recommended for high school level or children 14 years or older. A user guide for educators is available to download at <a href="http://www.nfb.ca/itsagirlsworld">http://www.nfb.ca/itsagirlsworld</a>.

Audience: Grades 3 – 12. BOOKING # VR3889; DR0004

It's a girl's world: How girls use their power to hurt each other: A Documentary about

<u>social bullying</u>. Montreal: CBC, p2004. 3 sound discs (ca. 3 hr.) SUMMARY: A three-part radio program that examines the relationships among young girls. Through audio diaries, a disturbing picture emerges of how girls use friendships to hurt each other and win social power in the group. At the same time, their parents struggle through considerable denial and disbelief to accept and deal with the

serious consequences of this behavior. Discusses a true story of a fourteen-year-old girl who committed suicide. Shatters the myth that social bullying among girls is an acceptable part of growing up.

#### **BOOKING # CD1077**

<u>It's not only murder: Discovering the violence in your life</u>. Toronto: Kineticvideo.com, c2001. 1 videocassette (ca. 16 min.) + 1 teacher's guide.

SUMMARY: This program broadens the definition of violence for teen audiences to include many of the things that can cause a violent reaction. Violence is not just the sensational murders that appear on the front pages and television but rather behavior that's all too typical, from sarcasm and spreading rumors to sexual harassment and bullying. Teen viewers get a message that they can understand and act on. They hear their peers talk straight about how subtle and pervasive violence can be, how it starts, how it escalates and spreads, how to stop it, how to avoid it, and how to break the cycle that threatens their future.

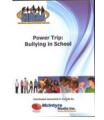
Audience: Grades 7 - Adult. BOOKING # VHS4126

<u>Love shouldn't hurt : Recognizing dating violence</u>. 1 videocassette (18 min.)

SUMMARY: Dating violence is a serious problem affecting one in every five girls. This program features a yearly county wide symposium to raise awareness and educate both sexes. Attended by nearly 300 diverse teens, the highlight is a group of peer educators who perform vignettes and then answer in character to questions raised by audience members who also give advice. It opens discussion among boys and girls on this critical issue.

Audience: Grade 7 & up. BOOKING # VR4097

<u>The Power trip: Bullying in school.</u> Mount Kisco, NY: Human Relations Media; McIntyre Media, 2007. 1 videodisc (20 min., 50 sec.) SUMMARY: Explores middle school bullying from different perspectives that students will relate to and easily understand. Your students will hear from real teens who experienced bullying first hand as well as from students who have been the aggressors. Special attention is focused on



understanding the different kinds of bullying and the differences between how girls and boys bully. Recommended by WSD Pupil Services Consultant.

Audience: Grades 5 - 9. BOOKING # DVD1161

<u>The PowHer card game</u>. Belgium, WI: Champion Press, c[2005?].

Summary: Offers 60 questions that encourage creative thought and role playing. Each card contains a scenario and three courses of action. The back of each card suggest s how the scenario would play out and emphasizes the most positive choice. Includes instructions for several game options.

Audience: Grade 3 - Adult. BOOKING # KIT1332

<u>The shape of a girl; Jewel.</u> 2012. 30 identical books + CBC News internet printouts. SUMMARY: First title is a play based on a real-life catastrophe, the murder of Reena Virk in 1997, who was killed by a group of her school-mates. Second title also based on a real life catastrophe- the sinking of the Ocean Ranger, an oil rig off the coast of Newfoundland, on Valentine's day, 1992.

#### **BOOKING # KIT1482**

<u>Student workshop: Dating violence and abuse</u>. Pleasantville, NY: Sunburst, c2000. 1 videocassette (27 min.)

SUMMARY: Presents true-to-life stories about abusive teen relationships that lead to thought-provoking discussion questions.

Audience: Grade 7 & up. BOOKING # VHS0002942

<u>Taking a stand: The Bullying prevention series</u>. Lawrenceville, NJ: Meridian Education, c2006. 4 videodiscs (72 min.) + 1 workbook (8 p.)

SUMMARY: No longer a simple matter of schoolyard scuffles and "boys will be boys," bullying is now recognized as a major threat to the education of America's young people. Research shows that bullying involves both genders, affects youth of every background, and has become more widespread with the help of digital technology. This series helps identify bullying, confront its instigators, and assist victims -- all with the ultimate goal of prevention. Program provides teachers with guidance on how to effectively facilitate an ongoing dialogue with students, promote awareness of bullying and take steps to prevent its occurrence.

Audience: Grades 7 - 9. BOOKING # DVD0254

When girls hurt girls: What to do when words become a weapon. Dellasega, Cheryl.

Belgium, WI: Champion Press, c2005. 1 computer disk

Summary: A twenty-eight slide Power Point presentation designed by Dr. Dellasega for girls in grades 4-8. It describes what relational aggression is and offers some alternative behaviors that help, rather than hurt.

Audience: Grades 4 - 8. Booking # CF1277

# **JOURNAL ARTICLES**

Foy, David W., Iya K. Ritchie, and Alison H. Conway. "Trauma exposure, posttraumatic stress, and comorbidities in female adolescent offenders: Findings and implications from recent studies." *European Journal Of Psychotraumatology* 3.(2012): 1-13.

Hillard, Tammy L. et al. "Student success: Stories that inform high school change." *Reclaiming Children & Youth* 21.2 (2012): 48-53.

Jennifer L. Matjasko, et al. "Preventing youth violence perpetration among girls." *Journal Of Women's Health (15409996)* 20.10 (2011): 1415-1428.

Seita, John. "Reclaiming family privilege." *Reclaiming Children & Youth* 21.2 (2012): 34-39.

# **WEB SITES**

*Girls and violence : Some statistics.* 2009. The FREDA Centre for Research on Violence against Women and Children. 12 Feb. 2013

# http://www.vancouver.sfu.ca/freda/articles/stat2.htm

Girls and violence. Nadine Lantôt. Université de Montréal. 12 Feb. 2013 http://www.iforum.umontreal.ca/ForumExpress/Archives/vol2no2en/article04 ang.html

Girls in Canada 2005 : A Report prepared for the Canadian Women's Foundation. Sept. 2005. Canadian Women's Foundation. 12 Feb. 2013
<a href="http://www.canadianwomen.org/sites/canadianwomen.org/files/PDF%20-%20Girls%20in%20Canada%20Report%202005.pdf">http://www.canadianwomen.org/sites/canadianwomen.org/files/PDF%20-%20Girls%20in%20Canada%20Report%202005.pdf</a>