



Bullying

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SEARCH TERMS:

Keywords: bully, bullying Subject Headings: bullying



BOOKS FOR STUDENTS

Banana-Lear Ball How Pay Cash of the World With other Cash of the World With other With other

E MIL

Milway, Katie Smith. <u>The banana-leaf ball : how play can change the world</u>. Toronto : Kids Can Press, 2017.

"Separated from his family when they were forced to flee their home, a young East African boy named Deo lives alone in the Lukole refugee camp in Tanzania. With scarce resources at the camp, bullies have formed gangs to steal what they can, and a leader named Remy has begun targeting Deo. Then one day a coach gathers all the children to play soccer As Deo and the other boys get drawn into the game, their shared joy in playing provides the children --- including Remy --- with a sense of belonging."

Audience: Grade 1 and up



E TES

Testa, Nicole. Lili Macaroni. Toronto, Ontario : Pajama Press, 2019.

Lili Macaroni loves every feature she has inherited from a family member, but when she starts kindergarten she is teased for those very traits. Burdened by unhappiness, she creates a polka-dotted butterfly and imagines it flying her sorrows away and finds she has introduced a powerful tool for conversations about emotions, self-esteem, and resilience.

Audience: Kindergarten and up



FIC AND

Anderson, John David. <u>Posted</u>. New York, NY : Walden Pond Press, an imprint of Harper Collins Publishers, 2017.

When cell phones are banned at their school, students start communicating through sticky notes left all over the school, triggering a wave of bullying activities in the wake of a new girl's arrival.

Audience: Grade 5 and up



FIC CAS

Cassidy, Sara. <u>A boy named Queen</u>. Toronto ; Berkeley : Groundwood Books : House of Anansi Press, 2016.

Evelyn befriends Queen, the new boy in town, who does not seem to get fazed by bullies and lives by his own rules, and soon begins to learn new things about the world and herself.

Also available as an eBook.

Audience: Grade 5 and up



J 179.9 GEN

Genhart, Michael. <u>Ouch! moments : when words are used in hurtful ways</u>. Washington, DC : Magination Press, 2016.

Young people have a wonderful capacity to care about each other. However, they need guidance, mentoring, and modeling to understand the impact of their words and behaviors. This book helps to increase awareness in children about what "ouch moments" are, how and where they occur, and what kids can do about them.

Audience: Grades 1 to 6



J 302.343 MIL

Miller, Connie Colwell. <u>You can stop bullying : stand by or stand up?</u> : you choose the ending. Mankato, MN : Amicus, 2020.

Do you ever wish you could change a story or choose a different ending? In this book, you can! In this story, Elizabeth sees Brooke bullying John. Will she stand up for John, or will she stand by? YOU make the choices!

Audience: Grades 1 to 6



J 302.343 RAN

Ransom, Jeanie Franz. <u>Big Red and the Little Bitty Wolf : a story about bullying</u>. Washington, DC : Magination Press, 2016.

Big Red Riding Hood has been bullying Little Bitty Wolf since she moved into the neighborhood and his parents' advice does not help, but their school counselor, Mr. Know-It-Owl, makes a comment that just might set things right.

Audience: Grades K to 3



J 302.343 STU

Stuckey, Rachel. <u>Digital dangers</u>. New York, New York : Crabtree Publishing Company, 2015.

This insightful book examines the dangers to young people navigating the digital world. Topics include sexting, cyber bullying, the danger of online predators, and other threats in an electronic environment. Tips for protecting your privacy and using responsible practices for creating a positive digital footprint are also included.

Audience: Grade 6 and up



J 362.4092 HOG

Hoge, Robert. Ugly. Toronto : Puffin Canada, 2016.

This poignant memoir about overcoming bullying and thriving with disabilities shows that what makes us ugly also makes us who we are.

Audience: Grade 5 and up



J 371.19 DYE

Dyer, Janice. <u>Designing positive school communities</u>. New York, New York : Crabtree Publishing Company, 2018.

This book teaches readers how to use design thinking principles to become positive change-makers in their school communities. Readers are guided through the process so they can design their own solutions to big issues from inclusivity to bullying to learning needs.

Audience: Grades 5 and up.

BOOKS FOR EDUCATORS



302.343 SUL

Sullivan, Michael John. <u>The SockKids stand up against bullying</u>. Northport, NY. : Insiders Report, Inc., 2016.

Follows Ethan, an elementary school student who discovers how bullying hurts everyone and the importance of being courageous enough to speak up.



305.90664 PRI

Prism : toolkit for safe and caring discussions about sexual and gender minorities, elementary edition. Edmonton, AB. : Alberta Teachers' Association, 2016

This toolkit works to de-stigmatize sensitive aspects related to sexual orientation and gender identity. Opening young minds to these topics at an early age will promote a lifelong understanding and respect for diversity.



305.90664 SHO

Short, Donn. <u>Am I safe here? : LGBTQ teens and bullying in schools</u>. Vancouver : On Point Press, a UBC Press imprint, 2017.

This book shines a light on the marginalization and bullying faced by LGBTQ youth, offering a new conceptualization of school safety. Students identify what it would take to make a school truly safe--from a culture that values equity and social justice.





372.21 SPO

<u>Spotlight on young children : social and emotional development</u>. Washington, D.C. : National Association for the Education of Young Children, 2017.

Using the guidance in this resource, help children develop the social and emotional skills essential to their future well-being and success. Issues covered include how to prevent and address aggression and bullying behaviors, guide children to recognize and understand diverse cultural practices, encourage children to form and sustain meaningful social interactions, and supporting children who have experienced trauma.



616.8916 DOR

Dormoy, Mellisa. <u>Guided imagery work with kids : essential practices to help them</u> <u>manage stress, reduce anxiety, & build self-esteem</u>. New York : W.W. Norton & Company, 2016.

Uses scripts to help clients focus and guide their imagination, to alleviate emotional issues in kids, from anxiety and insecurity to stress, anger, and the effects of bullying.



809.933 MAN

Manglik, Gauri. <u>Muslims in story : expanding multicultural understanding through</u> <u>children's and young adult literature</u>. Chicago : ALA Editions, 2018.

This book is a proactive approach to tackling Islamophobia, The targeting of the Muslim community disrupting civil society at many levels, from anti Muslim policies such as the travel ban, to heightened tensions and hate crimes, including the increased bullying of Muslim children.

EBOOKS



EBook: Alexander, Kwame. <u>Booked</u>. Boston : Houghton Mifflin Harcourt, 2016.

Twelve-year-old Nick loves soccer and hates books, but soon learns the power of words as he wrestles with problems at home, stands up to a bully, and tries to impress the girl of his dreams.

Audience: Grades 5 to 8



EBook: Bhathena, Tanaz. <u>A girl like that</u>. New York : Farrar Straus Giroux, 2018.

In Jeddah, Saudi Arabia, sixteen-year-old half-Hindu/half-Parsi Zarin Wadia is the class troublemaker and top subject for the school rumour blogs. Shes regularly leaving class to smoke cigarettes in cars with boys. She desperately wants to grow up and move out of her aunt and uncle's house, to be free to become the person she wants to be.

Audience: Grade 9 and up



EBook: Farizan, Sara. <u>Here to stay</u>. Chapel Hill, North Carolina : Algonquin Young Readers, 2018.

When a cyberbully sends the entire high school a picture of basketball hero Bijan Majidi, photo-shopped to look like a terrorist, the school administration promises to find and punish the culprit, but Bijan just wants to pretend the incident never happened and move on.

Audience: Grade 9 and up



EBook: Gough, Erin. Get it together, Delilah. San Francisco : Chronicle Books, 2017.

Seventeen-year-old Delilah Green is doing her best to deal with a chaotic life. She runs the family café, The Flywheel, by herself because her father is on a vacation trying to get over his wife deserting him. Delilah has to deal with flack at school because she is a lesbian, and she is hopelessly attracted to a girl named Rosa, who dances outside the café every evening.

Audience: Grade 9 and up



EBook: Grimes, Nikki. Garvey's choice. San Francisco : Boyds Mills Press, 2016.

Garvey is kind, funny, smart, a loyal friend, and he also comforts himself with food. He'll never be the athlete his dad wants him to be. Garvey is an empathetic main character, who students will root for.

Audience: Grade 5 and up



EBook: Korman, Gordon. <u>Restart</u>. New York : Scholastic Press, 2017.

Chase does not remember falling off the roof. In fact he does not remember anything about himself, and when he gets back to middle school, he begins to learn who he was through the reactions of the other kids. Trouble is, he really is not sure he likes the Chase that is being revealed, but can he take the opportunity amnesia has provided and restart his life?

Also available as an AudioBook.

Audience: Grade 4 and up



EBook: Lindeen, Mary. <u>Digital safety smarts : preventing cyberbullying</u>. Minneapolis : Lerner Publications, 2016.

Using technology to bully others is a serious problem many kids face. This book teaches readers about the dangers of online interaction and what to do when inappropriate contact happens. It teaches readers how to use the Internet responsibly.

Audience: Grades 4 to 6

EBook: Mafi, Tahereh. <u>A very large expanse of sea</u>. New York : HarperCollins, 2018.



It's 2002, a year after 9/11. It's an extremely turbulent time politically, but especially so for someone like Shirin, a sixteen-year-old Muslim girl who's tired of being stereotyped. Shirin is never surprised by how horrible people can be, the rude stares, the degrading comments - even the physical violence - she endures as a result of her race, her religion, and the hijab she wears every day. She meets Ocean James. They seem to come from two irreconcilable worlds - Shirin has had her guard up for so long that she's not sure she'll ever be able to let it down.

Also available as an AudioBook.

Audience: Grade 9 and up



EBook: Miner, Julianna. <u>Raising a screen-smart kid : embrace the good and avoid the bad in the digital age</u>. New York : TarcherPerigee, 2019.

This book offers practical advice on how to help young people avoid the pitfalls of the digital age. Using social media to enhance connection with friends and family, instead of following strangers and celebrities, and developing life skills through technology, will enable students to experience the benefits of the digital interaction.

Audience: Teachers and Administrators



EBook: Roberts, Jillian. <u>On the internet : our first talk about online safety</u>. Victoria : Orca Book Publishers, 2019.

Introduces children to the basics of online safety through several common scenarios around parental supervision, online bullying and anonymity. It addresses common safety concerns in a child-centered way and offers easy-to-understand rationales as to why it's important to maintain boundaries online just as in real life.

Audience: Kindergarten to grade 4



EBook: Slater, Dashka. <u>The 57 bus : a true story of two teenagers and the crime that</u> <u>changed their lives</u>. New York : Farrar Straus Giroux, 2017.

One teenager in a skirt. One teenager with a lighter. One moment that changes both of their lives forever.

Audience: Grade 7 and up



EBook: Svingen, Arne. <u>The ballad of a broken nose</u>. New York : Margaret K. McElderry Books, 2016.

Immersing himself in his love for opera in order to cope with a difficult life, shy and bullied Bart embraces an optimistic outlook and bonds with an outgoing girl who encourages him to perform in a school talent show.

Audience: Grade 5 and up



EBook: Weeks, Sarah. Save me a seat. New York : Scholastic Press, 2016.

Ravi has just moved to the United States from India and has always been at the top of his class. Joe has lived in the same town his whole life and has learning problems. But when their lives intersect in the first week of fifth grade, they are brought together by a common enemy (the biggest bully in their class) and the need to take control of their lives.

Audience: Grade 4 and up



EBook: Wolk, Lauren. <u>Wolf Hollow : a novel</u>. New York, NY : Dutton Children's Books, an imprint of Penguin Random House LLC, 2016.

Twelve-year-old Annabelle must learn to stand up for what's right in the face of a manipulative and violent new bully who targets people Annabelle cares about, including a homeless World War I veteran.

Also available as an <u>AudioBook</u>.

Audience: Grade 7 and up

MULTIMEDIA





DVD1879 302.3.

Kindness counts : how to make a real difference. Toronto, ON : Stature Films, 2018.

Explores the issues students face in their friendships and in their classroom every day. Students weigh in on how they can show kindness to their peers to make school a fun and friendly place for everyone. Hosted by motivational speaker, rapper, and YouTuber Anthony McLean.

Audience: Grade 4 to 9.



DVD1880 302.3.

Making school a positive place. Toronto, ON. : Stature Films, 2018.

Bystanders have so much power in a bullying situation! They can tell the bully to stop; they can reach out and support the victim; or, they can get help. Think before you click. It's easy to hide behind a screen and write nasty comments, but you probably wouldn't say it in person.

Audience: Grade 4 to 9.



DVD1881 302.3.

Gossip, drama and social media. Toronto, ON. : Stature Films, 2018.

Students discuss issues they face in their relationships with friends and schoolmates everyday. The students get real and give their opinions on why gossiping is so easy, why preventing bullies is so hard, and what the true cost of popularity is. Hosted by motivational speaker, rapper, and YouTuber Anthony McLean.

Audience: Grade 7 to 12.

JOURNAL ARTICLES

- Barton, Rosemary; Change, Andrew; Hanomansing, Ian. "Canada's broken student violence reporting system". *National (CBC Television)*. 10/24/2019. Canadian Reference Centre.
- Bethune, Jennifer, Gonick, Marnina. "Schooling the mean girl: a critical discourse analysis of teacher resource materials". Gender & Education, May2017, Vol. 29, Issue 3. EBSCO.
- Canadian Reference Centre. "Standing up against bullying". Milton Canadian Champion. 12/06/2019. Canadian Reference Centre.
- Jones, Allison. "Province introduces new measures to combat bullying in schools". The Canadian Press. 11/28/2019. Canadian Reference Centre.
- McNamara, Lauren; Lodewyk, Ken; Franklin, Nicole. "Recess: A Study of Belongingness, Affect, and Victimization on the Playground." Children & Schools. Apr2018, Vol. 40 Issue 2, p114-121. 8p. Psychology and Behavioral Sciences Collection.
- Rankin, Jim. "Lawyer presses for probe into boy's death. Bullying a factor, mother believes". Toronto Star. 11/13/2019. Canadian Reference Centre.
- Teotonio, Isabel. "Racist bullying claim leads to lawsuit". Toronto Star. 05/16/2019. Canadian Reference Centre.
- Tesher, Ellie. "There's bullying at my child's school". *Toronto Star.* 11/04/2019. Canadian Reference Centre.
- Wasney, Eva. "Red Cross needs heroes". Winnipeg Free Press. 12/3/2018. <u>https://www.winnipegfreepress.com/our-communities/metro/Red-Cross-needs-heroes-501797322.html</u>

WEBSITES

Autism speaks Canada. 2020

https://www.autismspeaks.ca/science-services-resources/resources/bullying/

Autism Speaks Canada is a national Canadian charity, dedicated to promoting solutions across the spectrum and along a life span for needs of people with autism spectrum disorder and their families.

Bullying Canada. 2020.

https://www.bullyingcanada.ca/

Bullying Canada Inc., Canada's first youth-created-anti bullying charity providing individual support, resources and presentations to schools.

Canadian Red Cross 2020

<u>https://www.redcross.ca/how-we-help/violence-bullying-and-abuse-</u> prevention/educators/bullying-and-harassment-prevention/bullying-and-harassmentprevention-programs

The Canadian Red Cross is the leading humanitarian organization in the world.

Dare to care. 2020

https://www.daretocare.ca/

Dare to Care is a unique program regarded as the most comprehensive and practical bully prevention program in Canada.

eMentalHealth.ca. 2020

https://www.ementalhealth.ca/Winnipeg-Regional-Health-Authority/Bullying-in-Children-and-Youth-Guide-for-Caregivers/index.php?m=article&ID=8873

Mental Health Services, help and support in your community.

Kids help phone. 2020

https://kidshelpphone.ca/

Kids Help Phone is a national charity operating three counselling centres and offers community engagement initiatives through staff and volunteers supporting youth mental heath across Canada.

Manitoba Healthy Schools 2020

https://www.gov.mb.ca/healthyschools/topics/mental/bullying.html

Healthy Schools is Manitoba's school health initiative designed to promote the physical, emotional and social health of school communities.

Mood disorders 2020

http://www.mooddisordersmanitoba.ca/resources/bullying/

The Mood Disorders Association of Manitoba is a self-help organization dedicated to providing support, education and advocacy for those living with mental health illnesses.

PrevNet - Promoting relationships & eliminating violence network. 2019

https://www.prevnet.ca/

PREVNet is a national network of leading researchers and organizations, working together to stop bullying in Canada.

Stop a bully. 2020

http://www.stopabully.ca/

STOP A BULLY is a registered national charity and Canada-wide anti-bullying program developed in 2009 by B.C. teacher <u>Trevor Knowlton</u>, which allows any student who is a victim or witness of bullying and cyberbullying to be able to safely report the details to school officials.