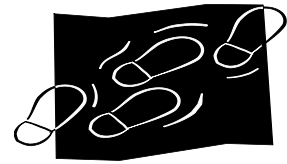


LSS Pathfinder



Anger Management

2014

This is a guide to information currently available at the Library Resource Centre, Library Support Services on **Anger Management**. To borrow these resources, book online in the [Library Resource Centre Online Catalogue](#), email inquiries to wlsslibrary@wsd1.org, visit the library, or call the LRC at 788-0203. We are located in the Prince Charles Educational Resource Centre at 1075 Wellington Avenue.

Prepared by M. Bowyer, Library Support Services.

The highlighted call number is a direct link to the item. Double click on the link. Select "request" under the graphic. Log into the catalogue. Selecting "I want to request the title for a specific date range" allows you to select the dates you want the item. If the dates are not available, the system supplies the next available date.

SEARCH TERMS

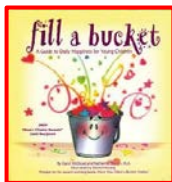
Keywords: Anger
Violence
Emotions
Assertiveness

Subject headings: Anger in adolescence
Interpersonal relations
Conflict management
Behavior modification

BOOKS FOR STUDENTS

J 152 FIE

Fiedler, Julie. *How to deal with anger*. New York: PowerKids Press, 2007.

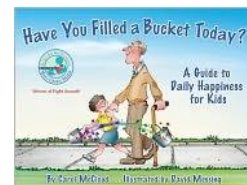


J 152.4 MCC

McCloud, Carol and Katherine Martin. *Fill a bucket : A Guide to daily happiness for young children*. Northville, MI: Ferne Press, c2008.

J 177.7 MCC

McCloud, Carol. *Have you filled a bucket today? : A Guide to daily happiness for kids*. Northville, MI: Ferne Press, 2010, c2006.



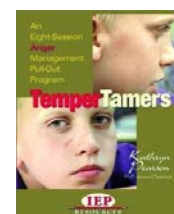
J 372.82 044 HOL

Hollenbeck, Kathleen M. *Easy-to-read folktale plays to teach conflict resolution*. Toronto: Scholastic Professional Books, c2003.

BOOKS FOR EDUCATORS

152.4 PEA

Pearson, Kathryn. *Temper tamers : An Eight-session anger management pull-out program*. Verona, WI: IEP Resources, c2002.



152.47 CAR

Carr, Tom. *131 creative strategies for reaching angry children : A Practical resource of approaches and activities for helping chronically angry children (K-8)*. Chapin, SC: YouthLight, c2000.



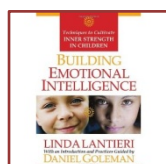
152.47 CAR

Carr, Tom. *141 creative strategies for reaching adolescents with anger problems*. Chapin, SC: YouthLight, c2010.



152.47 076 STE

Stewart, Jan. *The Anger workout book for teens*. Torrance, CA: Jalmar Press, c2002.

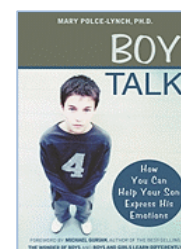


155.4124 LAN

Lantieri, Linda. *Building emotional intelligence : Techniques to cultivate inner strength in children*. Boulder, CO: Sounds True, c2008. Recommended by WSD Pupil Services Consultant.

155.4124 SHA

Shapiro, Lawrence E. *I'm not bad, I'm just mad : A Workbook to help kids control their anger*. Oakland, CA: Instant Help Books, c2008.



155.432 POL

Polce-Lynch, Mary. *Boy talk : How you can help your son express his emotions*. Oakland, CA: New Harbinger, c2002.



155.432 WIS

Wiser, Tanya and Lani Chow. *Standing together : A Journey into respect : 10-week facilitator activity guide, for ages 9-14*. Rev. Cotati, CA: Council for Boys and Young Men, c2011.

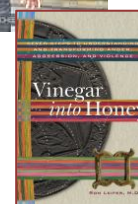
155.51247 LOH

Lohmann, Raychelle Cassada. *The Anger workbook for teens : Activities to help you deal with anger and frustration*. Oakland, CA: Instant Help Books, c2009. Recommended by WSD Pupil Services Consultant.



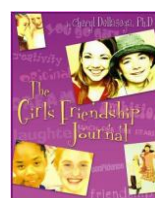
294.34442 LEI

Leifer, Ron. *Vinegar into honey : Seven steps to understanding and transforming anger, aggression, & violence*. Ithaca, NY: Snow Lion, c2008.



302.3 DEL

Dellasega, Cheryl. *Artolescence : Ten arts based activities for adolescent girls to overcome relational aggression*. Belgium, WI: Champion Press, c2005.



302.3 DEL

Dellasega, Cheryl. *The Girls' friendship journal : A Guide to relationships*. Belgium, WI: Champion Press, c2006.

[302.34 NOR](#)

Norby, Alissa. *Girls in the lead*. Chapin, SC: YouthLight, c2008.



[303.32 MCG](#)

McGinnis, Ellen. *Skillstreaming in early childhood : A Guide for teaching prosocial skills*. 3rd ed. Champaign, IL: Research Press, c2012.

[303.32 MCG](#)

McGinnis, Ellen. *Skillstreaming the elementary school child : A Guide for teaching prosocial skills*. 3rd ed. Champaign, IL: Research Press, c2012.

[303.32 MCG](#)

McGinnis, Ellen. *Skillstreaming the adolescent : A Guide for teaching prosocial skills*. 3rd ed. Champaign, IL: Research Press, c2012.

[303.6 0835 GAR](#)

Garbarino, James. *See Jane hit : Why girls are growing more violent and what can be done about it*. New York: Penguin Press, 2006.



[305.2352 BRO](#)

Brown, Lyn Mikel. *Girlfighting : Betrayal and rejection among girls*. New York: New York University Press, c2003.

[363.119 371 SUL](#)

Sulley, Paul. *Safe places to learn : 21 lessons to help students promote a caring school climate*. Minneapolis, MN: Search Institute, c2007.

[370.15 CRO](#)

Crone, Deanne A., Robert H. Horner and Leanne S. Hawken. *Responding to problem behavior in schools : The Behavior education program*. New York: Guilford Press, 2004.

[370.1528 BAT](#)

Bateman, Barbara D. *Why Johnny doesn't behave : Twenty tips and measurable BIPs*. Verona, WI: IEP Resources, c2003.



[370.1528 HEN](#)

Henley, Martin. *Teaching self-control : A Curriculum for responsible behavior*. Bloomington, IN: National Educational Service, c2003.

[370.1534 MER](#)

Merrell, Kenneth W., Sara A. Whitcomb and Danielle M. Parisi. *Strong start : A Social & emotional learning curriculum : Grades pre-K*. Baltimore: Paul H. Brookes, c2007.

[370.1534 MER](#)

Merrell, Kenneth W., Danielle M. Parisi and Sara A. Whitcomb. *Strong start : A Social & emotional learning curriculum : Grades K-2*. Baltimore: Paul H. Brookes, c2007.

[370.1534 MER](#)

Merrell, Kenneth W. *Strong kids : A Social & emotional learning curriculum : Grades 3-5*. Baltimore: Paul H. Brookes, c2007.

[370.1534 MER](#)

Merrell, Kenneth W. *Strong kids : A Social & emotional learning curriculum : Grades 6-8*. Baltimore: Paul H. Brookes, c2007.

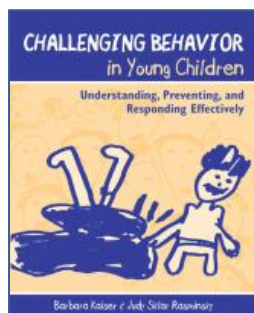
[370.1534 MER](#)

Merrell, Kenneth W., with assistance from Dianna Carrizales. *Strong teens : A Social & emotional learning curriculum : Grades 9-12*. Baltimore: Paul H. Brookes, c2007.



[371.1024 CAN](#)

Canter, Lee. *Lee Canter's assertive discipline : Positive behavior management for today's classroom*. Bloomington, IN: Solution Tree Press, c2010.



[371.1024 UND](#)

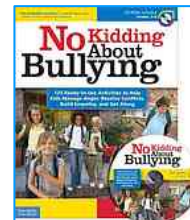
Understanding and managing children's classroom behavior : Creating sustainable, resilient classrooms. Hoboken, NJ: J. Wiley, c2007.

[371.393 KAI](#)

Kaiser, Barbara and Judy Sklar Rasminsky. *Challenging behavior in young children : Understanding, preventing, and responding effectively*. Boston: Allyn and Bacon, c2003.

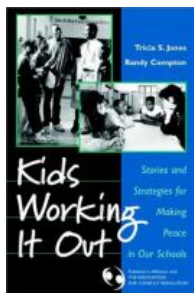
[371.58 DRE](#)

Drew, Naomi. *No kidding about bullying : 125 ready-to-use activities to help kids manage anger, resolve conflicts, build empathy, and get along, grades 3-6*. Minneapolis: Free Spirit, c2010.



[371.58 THO](#)

Thorsborne, Margaret and David Vinegrad. *Restorative practices and bullying*. Milton Keynes, UK: Speechmark, 2008.



[371.782 KID](#)

Kids working it out : Strategies and stories for making peace in our schools. San Francisco, CA: Jossey-Bass, c2003.

[372.17 GAL](#)

Galey, Paula and Carol-Ann Freeman. *Keep cool! : Strategies for managing anger at school*. Markham, ON: Pembroke, c2004.



[649.64 GOL](#)

Sam Goldstein, Robert Brooks, and Sharon K. Weiss. *Angry children, worried parents : Seven steps to help families manage anger*. Plantation, FL: Specialty Press, c2004.

649.7 GOR

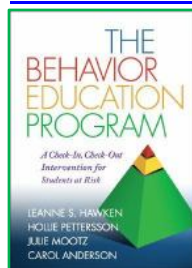
Gordon, Mary. *Roots of empathy : Changing the world, child by child*. Toronto: Thomas Allen, c2005.

eBOOKS

[No kidding about bullying](#) [eBook] : 125 ready-to-use activities to help kids manage anger, resolve conflicts, build empathy, and get along, grades 3-6 / Naomi Drew.

AV MATERIALS

[Behavior education program : A Check-in, check-out intervention for students at risk.](#)



New York: Guilford, c2005. 1 videodisc (25 min.)

SUMMARY: This training video demonstrates the Behavior Education Program (BEP). Scenes set in classrooms and other school and home settings depict such non aggressive problem behaviors as disruption, defiance, and tardiness, and show how teachers, other school personnel, and parents can work with students effectively to implement the steps of the BEP. Audience: Adult.

BOOKING # DVD0387

[Coping with difficult people. Lower elementary. Module 4, coping with anger/other.](#) James Stanfield and Eric Elfman. Santa Barbara, CA: James Stanfield, 2006. 1 videodisc (ca. 39 min.) + 1 guide (68 p.) + sunglasses + 1 sunglass container + 1 BeCool button + 2 BeCool bands.

SUMMARY: Dealing with bullying is a difficult task for most young children. If not handled effectively, bullying can cause severe distress and can lead to physical injury and/or social withdrawal.

Audience: Grades K - 2. **BOOKING # DVD1116**

[Coping with difficult people. Lower elementary. Module 5, coping with anger/self.](#) Santa Barbara, CA: James Stanfield Pub., 2006. 1 videodisc (ca. 37 min.) : sd., col. + 1 guide (65 p.) + sunglasses + sunglass container + 1 BeCool button + 2 BeCool bands.

SUMMARY: Addresses self anger. Program demonstrates methods which children can use to effectively cope with their own anger.

Audience: Grades K-2. **BOOKING # DVD1118**



[Coping with difficult people. Upper elementary. Module 5, coping with anger/self.](#) Santa Barbara, Calif. : James Stanfield Pub., 2006. 1 videodisc (ca. 36 min.) : sd., col. ; 4 3/4 in. + 1 guide (59 p.) + sunglasses + sunglass case + 2 BeCool bands.

SUMMARY: Learning to recognize, accept and control one's own anger is a complex process. Program demonstrates methods which children can use to cope with their own anger.

Audience: Grades 3-5. **BOOKING DVD1123**

[Coping with difficult people. Middle school. Module 5, coping with anger/self.](#) Santa Barbara, CA: James Stanfield, 2006. 1 videodisc (ca. 19 min.) + 1 guide (60 p.) + sunglasses + 1 container + 1 BeCool band + 1 BeCool button.

SUMMARY: Addresses self anger. Program demonstrates methods which young adolescents can use to effectively cope with their own anger.

Audience: Grades 6-8. **BOOKING DVD1128**



[Dealing with feelings.](#) Wynnewood, PA: Schlessinger Media, c2005.

1 videodisc (21 min.) + 1 teacher's guide.

SUMMARY: Explores how the way you feel about yourself, your friends, your family and your school affects your whole life. Students gain practical tips for communicating care and respect in relationships with friends and family as well as for dealing with everyday worries, grief, fear and big life changes. The importance of self-esteem is highlighted.

Audience: K – Grade 4. **BOOKING # DVD0426**

[Drama queens and tough guys : Helping teens handle emotions.](#) Mount Kisco, NY: Human Relations Media, c2006. 1 videodisc (19 min.) + 1 teacher's resource guide.

SUMMARY: Program will help students explore their emotions, express themselves, and learn to control anger, jealousy and other potentially troublesome feelings.

Audience: Grades 5 - 9. **BOOKING # DVD0058**

[How to get along : \(without beating each other up\)](#) Bristol, Connecticut : Mazzarella Media, 2010. Vaughan, Ontario : Visual Education Centre Limited, c2011. 1 videodisc : colour.

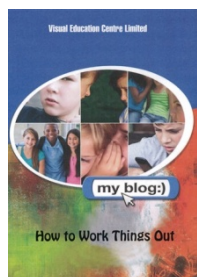
SUMMARY: Working or playing at school, it's natural that conflicts will arise. This program helps viewers to learn the skills necessary to foster cooperation, collaboration and compromise in just about any situation. In this program students will learn specific methods and strategies for getting along.

Audience: Grades 4-7. **BOOKING # DVD1303**

[How to handle anger \(without exploding\)](#) Vaughan, Ont. : Mazzarella Media, copyright 2011. 1 videodisc (18 min.)

SUMMARY: This program introduces the concept of anger triggers, provides strategies for expressing and channelling anger, and demonstrates the consequences of quick tempers. Most importantly, the program gives viewers alternatives for dealing with anger in a healthy and safe way.

Audience: Grades 4-7. **BOOKING # DVD1302**



[How to work things out : the answer is out there.](#) Bristol, Connecticut : Mazzarella Media, [2011]. Vaughan, Ontario : Visual Education Centre Limited, copyright 2011. 1 videodisc (15 min.)

SUMMARY: This program teaches students how to manage conflict and solve problems by identifying the problem, talking and listening and coming up with compromises.

Audience: Grades 4-7. **BOOKING # DVD1307**

[No name calling : Creating safe environments.](#) Mount Kisco, NY: Human Relations Media , c2004. 1 videocassette (27 min.) + guide.

SUMMARY: This program is intended as a tool to support and focus a school's broader efforts to eliminate name-calling and bullying. The video includes realistic dramatizations, intervention strategies, and student reflections. The resource guide extends the learning experience through a variety of activities that build awareness, empathy, and concrete skills for dealing with name-calling and bullying.

Audience: Grade 7 and up. **BOOKING # VHS3759**

[Peace at school.](#) Montreal: NFB, 2005. 2 videodiscs (237 min.) + 3 discussion guides + 1 poster.

SUMMARY: A toolkit for educators and youth, designed to help create peaceful school environments. Disc. 1. For professional development -- Disc. 2. For the classroom -- Peace @ school : solutions for youth : a discussion guide for secondary classrooms (46 p.) -- Peace @ school : a discussion guide for teachers : learning peace : a big school with a big heart (64 p.) - - Peace @ school : a discussion guide for teachers : waging peace : a year in the life of Caledonia Junior High (51 p.).

BOOKING # DVD0029

[The Pebble in the pond.](#) Winnipeg, MB: Blonde Indian Productions, c2001. 1 videocassette (14 min.), 1 loose-leaf binder, and 1 pamphlet.

SUMMARY: A presentation of the Acting Peace approach to violence prevention, comprised of four sections: the incident, responses to the incident, the aftermath and the classroom. It is intended to be a teaching and discussion tool to illustrate what the problem of youth violence is and how it affects high school students. It was shot on location at a Winnipeg high school and features students from several high schools and adult volunteers.

Audience: Grade 9 - Adult. **BOOKING # VR3377**

[Second step. Early learning : Social-emotional skills for early learning.](#) [Seattle, WA] :



Committee for Children, c2011. 1 teaching materials notebook, 1 sound disc, 35 unit cards, 20 feelings cards, 1 feelings cards guide, 4 listening rules cards, 3 posters, 1 girl puppet, 1 boy puppet, 1 kit license agreement.

SUMMARY: Program promotes success in the early learning classroom, school readiness, social and life success by directly teaching children the skills to strengthen their ability to learn, have empathy, manage emotions, make friends and solve problems. Program prevents problem behaviors, peer rejection, impulsivity, antisocial behavior and aggression by developing children's self-regulation skills and social-emotional competencies.

BOOKING # KIT1511

[Second Step. Kindergarten : Skills for social and academic success.](#) [Seattle, WA]: Committee for Children, c2011. 1 teaching materials binder, 32 double-sided unit cards, 4 pictures, 5 posters, 1 start here sheet, 1 sound disc, 2 puppets, 1 Be-Calm bunny, 1 kit license agreement.

SUMMARY: A comprehensive violence prevention program. Teaches students how to effectively manage their emotions and demonstrate self-control. The Second Step curriculum is organized by grade level and divided into three parts: empathy training, problem solving/self-control and anger management.

Audience: Kindergarten. **BOOKING # KIT1483**

[Second Step : Grade 1 : A Violence prevention curriculum.](#) Seattle, WA: Committee for Children, c2011. 1 teaching materials binder, 28 double-sided unit cards, 5 posters, 4 pictures, 1 start here sheet, 1 license agreement, 2 puppets, 1 sound disc, 1 videodisc.



SUMMARY: A comprehensive violence prevention program. Teaches students how to effectively manage their emotions and

demonstrate self-control. The Second Step curriculum is organized by grade level and divided into three parts: empathy training, problem solving/self-control and anger management.

Audience: Grade 1. **BOOKING # 1484**

[Second step. Grade 2 \[kit\] : Skills for social and academic success.](#) [Seattle, WA] : Committee for Children, c2011.

1 teaching materials binder, 26 double-sided unit cards, 4 posters, 4 pictures, 1 start here sheet, 1 license agreement, 1 sound disc, 1 videodisc.

SUMMARY: A comprehensive violence prevention program.

Teaches students how to effectively manage their emotions and demonstrate self-control. The Second Step curriculum is organized by grade level and divided into three parts: empathy training, problem solving/self-control and anger management.

BOOKING # KIT1488



[Second step. Grade 3 \[kit\] : Skills for social and academic success.](#) [Seattle, WA] : Committee for Children, c2011.

1 teaching materials binder, 26 double-sided unit cards, 4 posters, 4 pictures, 1 start here sheet, 1 sound disc, 1 videodisc, 1 kit license agreement.

SUMMARY: A comprehensive violence prevention program.

Teaches students how to effectively manage their emotions

and demonstrate self-control. The Second Step curriculum is organized by grade level and divided into three parts: empathy training, problem solving/self-control and anger management.

BOOKING # KIT1485

[Second step. Grade 4 \[kit\] : Skills for social and academic success](#)

[Seattle, WA] : Committee for Children, c2011. 1 teaching materials binder, 3 posters, 1 start here sheet, 1 kit license agreement, 1 videodisc.

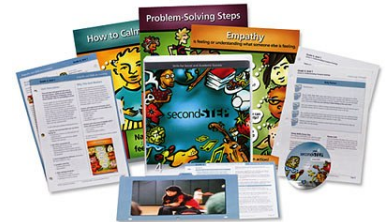
SUMMARY: A comprehensive violence prevention program.

Teaches students how to effectively manage their emotions and

demonstrate self-control. The Second Step curriculum is organized

by grade level and divided into three parts: empathy training, problem solving/self-control and anger management.

BOOKING # KIT1486



[Second step. Grade 5 : Skills for social and academic success.](#) [Seattle, WA] : Committee for Children, c2011.

1 teaching materials binder, 3 posters, 1 start here sheet, 1 kit license agreement, 1 videodisc.

SUMMARY: A comprehensive violence prevention program.

Teaches students how to effectively manage their emotions

and demonstrate self-control. The Second Step curriculum is

organized by grade level and divided into three parts: empathy training, problem solving/self-control and anger management.

BOOKING # KIT1487

[Second step : Student success through prevention : Grade 6, stepping up.](#) Seattle, WA:

Committee for Children, c2008. 1 binder, 2 videodiscs, 1 computer disk, 3 posters.

SUMMARY: A prevention program designed to decrease aggression, bullying, and substance abuse and to increase students' social skills and school-related success.

BOOKING # KIT1402

[Second step : Student success through prevention : Grade 7, stepping in.](#) Seattle, WA:

Committee for Children, c2008. 1 binder, 2 videodiscs, 1 computer disk, 4 posters.

SUMMARY: A prevention program designed to decrease aggression, bullying, and substance abuse and to increase students' social skills and school-related success.

Teacher's guide : grade 7 -- Lesson 1. Empathy and communication : working in groups -- Lesson 2. Empathy and communication : disagreeing respectfully -- Lesson 3. Empathy and communications : negotiating and compromising -- Lesson 4. Empathy and communication : giving and getting support -- Lesson 5. Bullying prevention : responding to bullying -- Lesson 6. Bullying prevention : cyber bullying -- Lesson 7. Bullying prevention : sexual harassment -- Lesson 8. Emotion management : understanding anger -- Lesson 9. Emotion management : staying in control -- Lesson 10. Emotion management : coping with stress -- Lesson 11. Substance abuse prevention : myths and facts -- Lesson 12. Substance abuse prevention : norms and attitudes -- Lesson 13. Substance abuse prevention : making good decisions -- Bystander power (poster) -- Staying in control (poster) -- Action steps (poster) -- Coping with stress (poster) -- Grade 7, stepping in. Lesson companion DVD (4 3/4 in.) -- Second step. Grade 7, stepping in. Resources CD-ROM (4 3/4 in.) -- Second step. Teaching the program DVD (4 3/4 in.) Recommended by Pupil Services Consultant.

BOOKING # KIT1403

[Second step : Student success through prevention : Grade 8, stepping ahead.](#) Seattle, WA:

Committee for Children, c2008. 1 binder, 2 videodiscs, 1 computer disk, 4 posters.

SUMMARY Teacher's guide : grade 8 -- Lesson 1. Empathy and communication : working in groups -- Lesson 2. Empathy and communication : leaders and allies -- Lesson 3. Empathy and communication : handling a grievance -- Lesson 4. Empathy and communication : negotiating and compromising -- Lesson 5. Bullying prevention : bullying in friendships -- Lesson 6. Bullying prevention : labels, stereotypes, and prejudice -- Lesson 7. Bullying prevention : bullying in dating relationships -- Lesson 8. Emotion management : de-escalating a tense situation -- Lesson 9. Emotion management : coping with stress -- Lesson 10. Goal setting : making your plan -- Lesson 11. Goal setting : evaluating your plan -- Lesson 12. Substance abuse : identifying future goals -- Lesson 13. Substance abuse prevention : keeping your commitment -- Bystander power (poster) -- Staying in control (poster) -- Action steps (poster) -- Coping with stress (poster) -- Second step. Grade 8, stepping ahead. Lesson companion DVD (4 3/4 in.) -- Second step. Grade 8, stepping ahead. Resources CD-ROM (4 3/4 in.) -- Second step. Teaching the program DVD (4 3/4 in.) Recommended by Pupil Services Consultant.

BOOKING # KIT1404

[Skillstreaming in early childhood : New strategies and perspectives for teaching prosocial skills.](#)

McGinnis, Ellen and Arnold P. Goldstein. Champaign, IL: Research Press, c2003-2005. 2 books, 320 skill cards, 1 computer disc.

SUMMARY: Computer disc contains forms in PDF format. Skillstreaming in early childhood : new strategies and perspectives for teaching prosocial skills. Rev. ed. (301 p.) -- Skillstreaming

in early childhood. Program forms (48 p.) -- Skillstreaming in early childhood. Program forms. Version 1.0 for Win/Mac (4 3/4 in.) Recommended by WSD Pupil Services Consultant. Audience: Adult. **BOOKING # KIT1434**

[Skillstreaming the elementary school child.](#) Champaign, IL: Research Press, c1997-2005.

1 videodisc, 1 computer disk, 4 books, 480 skill cards.

SUMMARY: This collection of resource material will provide teachers, counselors, child care providers, and others who implement skillstreaming the support they need to sustain prosocial skills instruction and to take this instruction beyond the doors of individual classrooms.

Audience: Grades K - 6. **BOOKING # KIT1344**

[Social-emotional well-being, early childhood.](#) Winnipeg: WSD, 2004. 33 v. in box.

SUMMARY: Thunder cake / Patricia Polacco -- Where the wild things are / Maurice Sendak. -- Mike Mulligan and his steam shovel / Virginia Lee Burton -- Understand and care / Cheri J. Meiners -- Share and take turns / Cheri J. Meiners -- When I feel angry / Cornelia Maude Spelman -- Words are not for hurting / Elizabeth Verdick -- Double-dip feelings : stories to help children understand emotions / Barbara Cain -- I have feelings / Jana Novotny Hunter -- Oops, sorry! : a first book of manners / Richard Morgan -- Let's talk about feeling angry / Joy Berry -- Let's talk about feeling afraid / Joy Berry -- Max's toys / Rosemary Wells -- Dora's book of manners / Christine Ricci -- Is it right to fight? : a first look at anger / Pat Thomas -- The hating book / Charlotte Zolotow -- This little piggy's book of manners / Kathryn Madeline Allen -- When Sophie gets angry--really, really angry / Molly Bang -- What are friends for? / Sally Grindley -- How to lose all your friends / Nancy Carlson-- That's what a friend is / P.K. Hallinan -- My friend and I / Lisa Jahn-Clough -- A to Z : do you ever feel like me? / Bonnie Hausman -- Don't laugh at me / Steve Seskin & Allen Shamblin-- We're very good friends, my grandma and I / P.K. Hallinan -- I call my hand gentle / Amanda Haan-- A house for hermit crab / Eric Carle -- Charlene loves to make noise / Barbara Bottner -- How about a hug? / Nancy Carlson -- My friends / Taro Gomi -- A rainbow of friends : a book to celebrate diversity / P.K. Hallinan. Title supplied by consultant. Kit compiled by Pupil Services Consultant.

Audience: Nursery - Grade 1. **BOOKING # KIT1294**

[Student workshop : Bullied? : How to handle your anger.](#) Hawthorne, NY: Sunburst Visual Media, c2004. 1 videocassette (21 min.) + teacher's guide (49 p.)

SUMMARY: This program is designed to show middle-school students that being able to handle anger is both possible and desirable. Handling their anger clears the way for them to assertively and constructively deal with bullying.

Audience: Grades 5 - 9. **BOOKING # VR3887**

[SSiS, social skills improvement system classwide intervention program \[elementary\].](#) Elliott, Stephen N. and Frank M. Gresham. Minneapolis, MN: Pearson, c2007. 3 books, 3 computer disks, 1 performance screening guide, student booklets, rating scales hand-scoring forms.

SYMMARY: Addresses the need for an evidence-based, multicomponent system to help students build social skills. These tools can be used early in the school year to facilitate the universal identification of students at risk for academic or social behavior difficulties, then to help plan interventions for improving these behaviors, and then to evaluate progress on targeted skills following intervention

BOOKING # KIT1394

[Succeeding in middle school : An Update, grades 5-9.](#) Pleasantville, NY: Sunburst Visual Media, c2003. 10 videocassettes, 1 teacher's guide, 4 posters, 50 identical booklets, 100 pamphlets, 82 activity sheets, 44 information sheets, 7 take-home activities, 32 project cards, 38 "What-if?" cards.

SUMMARY: This curriculum module is designed to foster attitudes and build skills that will help students understand the varying concepts and explore attitudes and behaviors related to building academic and social success at school. The program is based on a holistic learning model incorporating and connecting social, emotional, and cognitive processes.

Audience: Grades 5 - 9. **BOOKING # KIT1341**

[Taking a stand : The Bullying prevention series.](#) Lawrenceville, NJ: Meridian Education, c2006. 4 videodiscs (72 min.) + 1 workbook (8 p.)

SUMMARY: No longer a simple matter of schoolyard scuffles and "boys will be boys," bullying is now recognized as a major threat to the education of America's young people. Research shows that bullying involves both genders, affects youth of every background, and has become more widespread with the help of digital technology. This series helps identify bullying, confront its instigators, and assist victims -- all with the ultimate goal of prevention. Program provides teachers with guidance on how to effectively facilitate an ongoing dialogue with students, promote awareness of bullying and take steps to prevent its occurrence.

Audience: Grades 7 - 9. **BOOKING # DVD0254**

[When you see a bully.](#) [Hawthorne, NY]: Sunburst, c2005. 1 videodisc (16 min.) + 1 teacher's guide.

SUMMARY: Designed to give the youngest students age-appropriate strategies they can use to stop a bully, including understanding that turning to adults for help can keep them safe.

Audience: Grades K - 2. **BOOKING # DVD0017**

[When you see bullying happen : What a bystander can do.](#) Hawthorne, NY: Sunburst Visual Media, c2005. 1 videodisc (17 min.) + 1 teacher's guide (57 leaves).

SUMMARY: This program makes clear to students the importance of trying out new behaviors whenever they see bullying happen, of taking an active rather than a passive role and of helping to put a stop to bullying. The program describes a number of strategies students can use to safely intervene.

Audience: Grades 3-5. **BOOKING # DVD0023**

JOURNAL ARTICLES

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Feindler, Eva L., and Emily C. Engel. "Assessment And Intervention For Adolescents With Anger And Aggression Difficulties In School Settings." *Psychology In The Schools* 48.3 (2011): 243-253. *ERIC*. Web. 20 Mar. 2014.

Powell, Nicole P., et al. "Assessing And Treating Aggression And Conduct Problems In Schools: Implications From The Coping Power Program." *Psychology In The Schools* 48.3 (2011): 233-242. *Academic Search Premier*. Web. 19 Mar. 2014.

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<http://www.athealth.com/Consumer/issues/childsanger.html>

Borba, Michele. *Anger management strategies for kids.* Jan. 2014
<http://www.micheleborba.com/Pages/PRbmi01.htm>

Controlling anger – Before it controls you. 2012. APA. 2014
<http://www.apa.org/topics/anger/control.aspx>

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<http://keltymentalhealth.ca/mental-health/management/anger-management>

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http://www.creducation.org/resources/anger_management/teaching_anger_management_skills.html